

Central Community School System January 2019 Central High School

Line 2

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Monday	Tuesday	Wednesday	Thursday	Friday
2019,	Happy Holidays	Happy Holidays	Happy Holidays	Happy Holidays
7 Happy Holidays	Happy Holidays	Popcorn Chicken Mac & Cheese Steamed Broccoli Steamed Carrots BBQ Sauce or Ketchup Fresh or Canned Fruit Milk Choice	Beef Sticks Mashed Potatoes w/ Gravy Seasoned Green Beans Homemade W.W. Roll Fresh or Canned Fruit Milk Choice	Baked Chicken Sweet Potatoes Seasoned Green Peas Homemade W.W. Roll Brownie Fresh or Canned Fruit Milk Choice
Chili Dog French Fries Steamed Broccoli Ketchup / Mayo / Mustard Fresh or Canned Fruit Milk Choice	Chicken / Sausage Gumbo Seasoned Green Beans Potato Salad Homemade W.W. Roll Apple/Peach Crisp Fresh or Canned Fruit Milk Choice	Spicy Chicken on W.W. Bun Lettuce, Tomato, Pickle Cup French Fries Steamed Corn Ketchup / Mayo / Mustard Fresh or Canned Fruit Milk Choice	Nachos Taco Salad Cup Refried Beans Salsa / Sour Cream Fresh or Canned Fruit Milk Choice	Chicken Tenders French Fries Baked Beans Steamed Carrots BBQ Sauce or Ketchup Pudding Fresh or Canned Fruit Milk Choice
Happy Holidays	Red Beans w/ Sausage Steamed Rice Mustard Greens Steamed Corn Homemade W.W. Roll Fresh or Canned Fruit Milk Choice	Salisbury steak Rice w/ Gravy Sweet Potatoes Steamed Broccoli Homemade Roll Fresh Baked Cookie Fresh or Canned Fruit Milk Choice	Crispy Beef Tacos Taco Salad Cup Refried Beans Salsa / Sour Cream Fresh or Canned Fruit Milk Choice	Hamburger on W.W. Bun Lettuce, Tomato, Pickle Cup French Fries Baby Carrots w/ Ranch Steamed Corn Ketchup / Mayo / Mustard Fresh or Canned Fruit Milk Choice
Popcorn Chicken Mac & Cheese Steamed Broccoli Steamed Carrots BBQ Sauce or Ketchup Fresh or Canned Fruit Milk Choice	Beef Sticks Mashed Potatoes w/ Gravy Seasoned Green Peas Homemade W.W. Roll Fresh or Canned Fruit Milk Choice	Spaghetti w/ Meat Sauce Steamed Corn Dark Green Salad w/ Dressing Jell-O Fresh or Canned Fruit Milk Choice	Chili Dog French Fries Baked Beans Baby Carrots w/ Ranch Ketchup / Mayo / Mustard Fresh or Canned Fruit Milk Choice	