

**Central Community School System
January 2019
Central Intermediate / Central Middle**

Monday

Tuesday

Wednesday

Thursday

Friday

2019

1
Happy Holidays

2
Happy Holidays

3
Happy Holidays

4
Happy Holidays

7
Happy Holidays

8
Happy Holidays

9
Breakfast Pizza
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

10
W.G. Donut
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

11
Regular or Blueberry Pancake on a Stick
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

14
Muffin
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

15
Frosted W.G. Pop tart / Yogurt
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

16
Dutch Waffle
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

17
Turkey –Ham & Cheese Croissant
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

18
UBR
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

21
Happy Holidays

22
Cereal Bar / Yogurt
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

23
French Toast Sticks
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

24
Egg & Cheese Breakfast Wrap
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

25
Regular or Blueberry Pancake on a Stick
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

28
Muffin
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

29
Frosted W.G. Pop tart / Yogurt
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

30
Breakfast Pizza
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

31
W.G. Donut
OR
2 oz. Cereal
Honey Nut Scooters, Marshmallow Mateys
Fruit / Fruit Juice
Milk Choice

NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain traces of nuts.

