



# REQUEST FOR WAIVER OF THE PHYSICAL EDUCATION REQUIREMENT



***This form must be returned to the Counseling Office before Spring Break.***

**Student's Name:** \_\_\_\_\_ **Grade Year Applying for a Waiver:** 11 12

Lemont High School exempts students from the Physical Education graduation requirement under limited circumstances. Students who seek a waiver of the Physical Education requirement must enroll in eight academic classes; Service Project and Early Release cannot be included.

**If you are seeking a waiver of the Physical Education requirement, please choose one of the following:**

- \_\_\_\_\_ **I am a junior or senior participating in an interscholastic sport and wish to take an additional academic class.**  
A student who elects to take a one semester course in lieu of Physical Education must take that course during the semester that his/her sport is played. Students taking a two-semester course in lieu of Physical Education must remain in that course for the entire year.
- \_\_\_\_\_ **I am a junior or senior who is required to take a specific course for admission to a college or university.**  
Students must include documentation from the college/university, and show evidence that the course cannot be taken by any other means.
- \_\_\_\_\_ **I am a senior who is required to take a specific course to meet the school's graduation requirements.**

Please list the classes in which you have enrolled, or plan to enroll in, next year. Juniors also must include the classes they intend on taking as seniors.

Junior - 1st Semester	Junior - 2nd Semester
English III	English III
U. S. History	U. S. History
Consumer Education	

Senior - 1st Semester	Senior - 2nd Semester
English IV	English IV
American Government	American Problems

**Please explain why you are requesting this waiver:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
**Student's Signature / Date**

\_\_\_\_\_  
**Parent/Guardian's Signature / Date**

\_\_\_\_\_  
**Counselor's Verification / Date**

\_\_\_\_\_  
**Principal's Approval / Date**