



JANUARY LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Dec 31	01	02	03	04
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
07	08	09	10	11
Pizza Pepperoni or Cheese Kale Caesar Salad Seasonal Vegetable	Sandwich Pulled Turkey or Lentil Cole Slaw Seasonal Vegetable	Teriyaki Chicken or Tofu Steamed Rice Seasonal Vegetable	Mac & Cheese <i>optional</i> Crispy Bacon Seasonal Vegetable	Baked Flautas Chicken or Vegetarian Refried Beans Seasonal Vegetable
14	15	16	17	18
Baked Potato Bar Chili, Cheddar, Sour Cream, Green Onion Seasonal Vegetable	Pasta Italian Sausage or Marinara Seasonal Vegetable	Coconut Basil Curry Beef or Tofu Steamed Rice Seasonal Vegetable	Quesadilla Cheese or Chicken Beans Seasonal Vegetable	Hot Dogs Beef or Veggie Roasted Potatoes Seasonal vegetable
21	22	23	24	25
Martin Luther King Jr. Observation - No School -	Orange Chicken or Tofu Steamed Rice Seasonal Vegetable	Enchiladas Cheese or Pork Carnitas Refried Beans Seasonal Vegetable	Pasta Chicken Pesto or Pesto Seasonal Vegetable	Sandwich Vietnamese Bánh Mì Roasted Pork or Tofu Seasonal Vegetable
28	29	30	31	Feb 01
Pasta Alfredo Chicken or Mushroom Kale Citrus salad Seasonal Vegetable	Pibil (Mexican Slow Cooked) Turkey or Vegetarian Soft Corn Tortillas Black beans Seasonal Vegetable	Fried Rice Pork or Vegetarian Seasonal Vegetable	Sandwich Italian Meatball or Lentil Seasonal Vegetable	BBQ Chicken Wings or Tofu Roasted Potato Seasonal Vegetable

Available daily:

Organic Yogurt, Organic Seasonal Fresh Fruit; Chicken Soup and Vegetarian Soup;
Salad Bar with Seasonal Organic Veggies, Seeds, Legumes, Tofu and House-made Chicken Salad, or Tuna Salad
Daily Sandwich with Zoe's Turkey or Ham, and Organic Sprouted Whole Wheat Bread

*Our ingredients are sourced from organic, local, and sustainable producers whenever possible.
 Proteins are mainly sourced from Marin Sun Farms, Zoe's Meats, Mary's Chickens, and Dairy from Clover & Strauss*

Vegetarian option is always available; Gluten-Free and Dairy-Free available through advance request