

10M-10M

Issue 7
October 5, 2011

First Perfect Score: Marjorie Dallmann

by Morgan McPartland
Head Editor

Current senior Marjorie Dallmann took the ACT last April with all other LHS juniors. However, what sets her apart from all the other test-takers is her accomplishment of receiving the only perfect ACT score, a 36, in LHS history.

"Getting the highest score felt awesome," said Dallmann. "I was a little surprised that I was the first one to get a perfect [score] at the school because some pretty smart people have gone [to LHS]."

To prepare for the ACT, Dallmann took an online course called PrepMe. Students can sign up for the course online and it provides practice ACT questions and tests. Dallmann believes taking multiple practice tests helped prepare her for the test.

"I was expecting to do pretty well on the ACT, but I never expected to get a 36," she said. "It is definitely one of my proudest accomplishments."



photos by Tony Hamilton and courtesy of Google

IN THIS ISSUE

*p.2 Class of 2011 With Highest
ACT Scores in LHS History*

*p.3 Kelly Ercoli Travels With
Students to France*

*p.4 A Play Within a Play? We
Must Go Deeper; Hats Off for
Cancer*

*p.5 Scholarships; Stevenson's Vol-
unteer Work*

p.6 Reuse IT or Lose It

p.7 The Power of Pants

*p.8 What Not to Eat to Lose
Weight*

*p.9 Pandora Radio: The Cure to
Musical Boredom; Whats Hip?*

p.10 BMW Championship

p.12 Raining Victories

*p.13 Girl's Golf Victorious at Intra
Conference Match*

p.14 Kickin' it With JV Soccer

p.15 MLB Playoff Preview

*p.16 Sophomore Girls Swimming;
Sophomore Football*

TOM-TOM STAFF

HEAD EDITOR

Morgan McPartland

EDITORIALS WRITERS

Joshua Shubert

EDITORIALS EDITOR

Maribeth VanHecke

FEATURES WRITERS

Luke Whittingham

Ashley Murphy

Cara Dohse

Sonia Vavra

FEATURES EDITOR

Mallory Christine

SPORTS EDITOR

Ryan Peraino

SPORTS WRITERS

John Fiori

Adrian Kalata

Kurran Buck

DESIGN EDITOR

Rachel Hunter

NEWS EDITOR

Morgan McPartland

SUPERVISOR

Sean Clark

PHOTO EDITORS

Michael Gaytan

Maddy George

DESIGN ASSISTANT

Alexis Caspers



Class of 2011 with Highest ACT Scores in LHS History

by Morgan McPartland
Head Editor



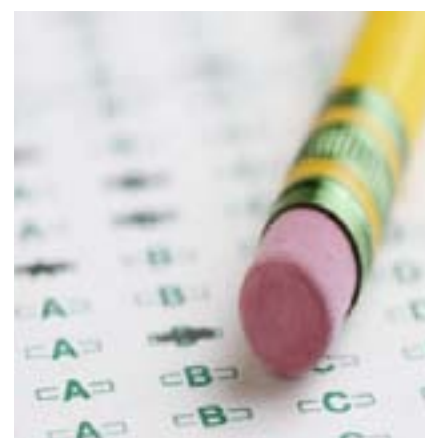
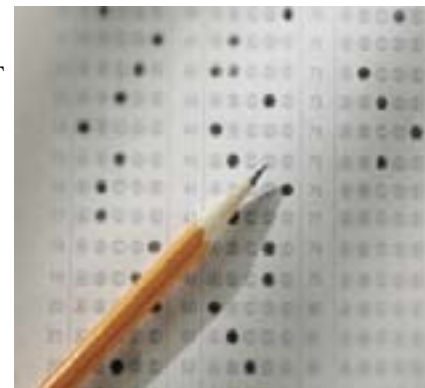
For the third year in a row, Lemont High School students set a record with their performance on the ACT in April 2011. The ACT Corporation recently released the average composite ACT scores for high schools across the nation, and the Class of 2011 posted an average composite score of 23.0 – the highest in school history. (See sidebar for highest individual score in school history).

LHS students' ACT scores have been consecutively improving over the years, and the Class of 2011's average composite score is 0.3 points higher than last year's average of 22.7. "There's an increased awareness of the high stakes involved with this test," said LHS teacher Stephenie Campanile. She believes the right amount of stress is "positive in producing the best results."

Aside from scoring higher than last year's results, LHS has also consistently scored above the state average. Since 2006, Lemont's scores have improved by 7% to our current average of 23.0. However, the state average has only improved by a little more than 1% since then, making Lemont's average composite ACT score 2.4 points higher than the state average of 20.6.

The ACT is comprised of four sections: mathematics, reading, English and science. The Class of 2009 and the Class of 2010 established the highest subset scores with a 22.9 in English, 23.0 in mathematics and 22.8 in science. The Class of 2011's score of 22.7 in the reading subset was also the second-best in LHS history.

The Class of 2011's performance on the ACT is the school's greatest since the test became mandatory in 2002.



photos courtesy of Google



Kelly Ercoli Travels with Students to

by Laura Harding
News writer



LHS foreign language teacher Kelly Ercoli traveled with a small group of students to France this summer. Every other summer, Ercoli orchestrates a trip to Europe through the travel group American Council for International Studies (ACIS). The trips are not available through LHS. According to Ercoli, all trip meetings take place at the Lemont Public Library. Each trip varies in the countries traveled; this summer Ercoli and her students traveled to France and Switzerland. "Well, overall I thought it was a good trip. It was the first time in six years it was completely in France," said Ercoli.

Students traveling with Ercoli ranged from first year French speakers to graduated seniors celebrating their "last hurrah" before heading off to college. When asked about the trip, the reactions were unanimously positive. "Traveling this summer was such a great experience, I hope to go again senior year," said junior Ashlee Berner.

To tour with Ercoli, you must be enrolled in one of her French or German language courses. The next trip can be expected in 2013.



photos by Kelly Ercoli



A Play Within a Play?

We Must Go Deeper

by Ryan Kahle
News writer

Lemont High School's drama club is set to produce *A Play About a Dragon*, a play about an acting troupe that puts on a play about killing a dragon, being hired to actually kill a dragon; the troupe thinks they are hired to put on their play, and hilarity ensues.

The play premieres for parents and faculty on Thursday, Nov. 3 and will be open to viewing by the public Nov. 4-5. Students with their LHS ID and senior citizens can purchase tickets for \$5; tickets are \$7 for adults. The play is set to begin at 7 p.m.

Roy Nees, drama club sponsor, said "We have some amazing talent here at LHS—both on and off stage. We had some great auditions for the play, and I was quite impressed with all of them, especially some of the freshmen."

The actors are not the only talent on stage; Nees continued that "we were also treated to presentations by the tech classes regarding set, costumes and sound for the production which were very impressive, and provided us with some valuable ideas to make this a fabulous show." He feels that "[the play is] going to be great fun—and a great success."

Humanities department chair and drama club sponsor Sharon Jacobs said that she is "excited about the possibilities for students to grow in a comedic sense and in their physical acting abilities. It's a fun show to do. The actors must be at the top of their game. They can't be tired on stage; it's a high energy play."

The drama club has a ways to go before the play is ready for performance. "The students and faculty work very hard on these productions," said drama club sponsor Dan Franke. "And all of their hard work should be appreciated by the students and faculty."

Hats Off For Cancer

by Sarah Newton
News writer

Interact will be taking their "hats off for cancer" on Friday, Oct. 28 and are hopeful LHS students will do the same.

"Hats off for Cancer" is a fundraiser for children in the hospital with cancer. "The reason we choose to wear hats is because often times children with cancer wear hats after their chemotherapy," said Interact sponsor Jenna Stevenson.

For \$1 LHS students and teachers will be able to wear a hat of their choice for the whole day. When you arrive at school, there will be Interact students at the entrances and if you donate they will stamp your hand, giving you permission to wear your hat for the rest of the day.

"I think this is a fun way to get students to participate," said senior Linda Bernabe, event coordinator. "We are expecting about one third of the student body to be wearing hats that day."

Interact encourages LHS to participate and show their support for the fight against cancer.



photos by Jenna Stevenson



SCHOLARSHIPS

by Scott Salvatore
News writer

Do you play at least one sport? Are you a leader in your team or community? Want your talent recognized? Scholarship opportunities are available for athletics or academics.

Out of state scholarship opportunities are available if you are looking to be an electrical/computer engineer. University of Iowa is awarding up to \$16,500. For eligibility, applicants must be admitted and entering fall classes directly after graduation or transferring into The College of Engineering.

If you have been notified by schools interested in your athletic talent you are in luck. Jeff Worsech has been contacted from six different D1 schools for his talent on the baseball diamond. He recommends, "Follow up with the schools by making calls or e-mailing the head coaches to show them you're interested. They have to know you're for real, and schedule a visit to your top choice before making any decisions." If you haven't gotten contacted directly you aren't out of luck; visit wendyheisman.com to apply for sports scholarships.

On another note, Lemont High School will host its annual College and Financial Aid Night on Oct. 13 at 7 p.m. in the school's P.A.C. The program will feature Lewis University director of freshman admissions Ryan Cockerill, providing parents and guardians of students in grades 9-12 with information on college applications, recommendations or receiving financial aid.

The Coca-Cola Scholars Foundation is awarding \$3 million in scholarships to seniors who demonstrate leadership, commitment to community or academic achievement. For eligibility requirements and application information, visit www.coca-colascholars.org. Click Apply On-line, then Four Year, or call 1-800-306-2653. Make sure to check your e-mail regularly for updates by counselors concerning scholarships.

Stevenson's Volunteer Work

by Gina Koziel
News writer

During the summer of 2009 and 2010, LHS family and consumer teacher Jenna Stevenson volunteered at Global Volunteer Network (GVN). Taking time out of her own life to help those in need, she set an example for all LHS students and faculty to follow.

By volunteering you are helping people fight for their health, a certain belief or for the reconstruction of their homes.

GVN was created in 2000 by Colin Salisbury. It focuses on children and communities that need help around the world, such as in Africa, Asia and Latin America. Stevenson did her volunteer work in Tam Ky, Vietnam.

While located there she said that she "taught English at Home of Affection, helped care for babies and children at the baby orphanage...and also brought donations and raised money for projects."

GVN isn't the only organization people can volunteer at. All around the world there are different groups people could be a part of. Even locally there are different ways and reasons to get involved.

When asked what made Stevenson want to volunteer she said, "I started volunteering with my church when I was a kid and continued into high school... I wanted to travel and volunteer as an adult."

Volunteer work isn't something new and all LHS students are encouraged to volunteer to help make a change. To learn more about the organization Stevenson volunteered at, check out the website: <http://www.globalvolunteernetwork.org>.



photos by Jenna Stevenson



Reuse It, or Lose It

by Maribeth Van Hecke
Editorials Editor

Pretend with me—your house is on fire. You want to take care of it before everything in it is gone, right? Would you ever tell the fireman to stop putting it out? Wouldn't it be worth it if you just saved one room?

We need to be doing every little thing we can to conserve what we have on earth.

With a problem so big, it is easier to start small. One solution is the way we package and carry our food. We are living in a time of dwindling resources, so why are so many plastic grocery bags, Styrofoam cups and plastic bottles still used today?

Bags, Bags, Bags

But they're free! The flimsy plastic grocery bags can't do much, and they look so cute littered all over the highway, right?

Wrong. Not only are these grocery bags expensive for retailers (the consumers actually pay for them), but it is extremely expensive for the environment. "One million plastic bags are used every minute," according to reuseit.com, a site dedicated to helping consumers save money and resources.

Being made with petroleum and sometimes natural gas, these bags are an obvious threat to our favorite non-renewable resource, oil.

It takes one thousand years for one plastic bag to decompose, writes reuseit.com. They also report that even after it's broken down, the bag's remains are toxic.

Better yet, most plastic bags don't get to that point. The UN reports that 10% of plastic finds its way into the ocean. Many others are eaten by curious animals.

Trader Joe's is one of the best-known retailers that offer and encourage reusable grocery bags. These sturdy and stylish bags are easy to grab before you run into any store and reduce the retailers', consumers' and—most importantly—the earth's cost.

Make sure when you are shopping for your new, cute reusable, you don't go for the too-cheap option, because those can end up in the landfill just as quickly.

This easy and affordable trick will help save oil, space in landfills, the ocean and hungry animals.

The Hot Beverage Problem

Three guys are arguing about the most genius invention. The first announces, "it has to be fire." The second disagrees, "it's the wheel." Then the third guy says, "Guys, you've got it all wrong. It's the thermos. You put hot stuff in it, it stays hot. You put cold stuff in it, it stays cold. How does it know?"

"If every Starbucks customer used a re-usable coffee thermos, we could save 1,181,600 tons of wood, 2,040,061,237 pounds of carbon dioxide, and 4,441,093,624 gallons of water every year," Stanford University of Earth Sciences records. Sounds pretty genius to me.

Many people walk into their favorite coffee shop every day, order their coffee and throw away the same one-use cup. There are tons of cute, reusable travel coffee cups today that are just as easy to bring in, pour up and walk out with.

Plus, did you know that Starbucks gives you back \$.10 every time you use your travel mug? You can get your latte, frappe or macchiato in a hot or cold travel container.

Be Afraid O' Foam

You find it in take-out boxes, coffee shops, in packing peanuts and lodged in animals' throats. You should cringe at it. It should make you feel uncomfortable. What is it? It's Styrofoam.

Styrofoam is dangerous to manufacturers, consumers and natural resources.

According to the Earth Resource Foundation, toxic chemicals also can leak out of the Styrofoam and into your food and/or drink. Yummy.

The EPA and the International Agency for Research on Cancer classify the main ingredient in Styrofoam production, Styrene, as a possible human carcinogen for Research on Cancer. If that isn't a red light, then I don't

continued on p. 7



page 6 continued

know what is.
When asking for a doggie bag at Styrofoam-using restaurants, ask for your food to be wrapped in foil instead. This will reduce Styrofoam usage, space in your fridge and your exposure to toxic chemicals. If you get your food in plastic, make sure to recycle it.

“I Am Not a Plastic Bottle”

Almost 2.5 million tons of plastic bottles and jars were thrown away in 2008, according to the EPA. From there, plastics go into landfills where they will spend years breaking down.

Reusable water bottles are important to reduce the use-and-toss habit.

The truth is, tap water is cleaner, cheaper and safer for you than bottled water.

So, not only is bottled water terrible for the environment, but it is a rip off.

Consumers spend hundreds and thousands times more on bottled water than tap water. If you are worried about your tap water, make sure you test it before you switch to bottled water.

Tap water is highly regulated, to assure it's safe for consumption. According to U.S. studies, 40% of bottled water is contaminated with bacteria or fungi. So chances are, your tap water is much cleaner.

So why not switch to a reusable water bottle? You will save money and resources as well as likely consume cleaner water.

Look around—the earth is in trouble. If we don't start doing something, we're going to be staring at its ash. By using reusable grocery bags, cups and bottles as well as refusing Styrofoam, we will be saving valuable resources, money and the future.

The Power of Pants

by Josh Shubert
Editorialist

Pants. People wear them. I wear pants too. I'm wearing them right now. Pants are cool. But why the pants?

Aside from the obvious fabulous factor of pants, pants also have a track record of starting revolt and causing change. If you wanted to get something done, you brought out the pants.

In the early 1700s Russia's Czar Peter the Great was set on modernizing his country one step at a time. Turns out, that involved making citizens of class and power wear western-styled fancy pants. Peter sent out an edict that stated “the lower dress... trousers... shall be of German type.”

But the power of the pants didn't stop there. About 100 years later during the French Revolution, pants were yet again the weapon of choice. Frowning upon the silk breeches-wearing aristocracy, the revolutionaries used *les pantalons* as a rally for their cause, even adopting the name *sans-coulettes*, which literally means “not wearing breeches.”

Are pants done? Nope. During and after World War II pants emerged as a symbol of empowerment for women during the Women's Rights movement. Women daringly broke away from stereotypical skirts and dresses. Later in the 70s and 80s, when a director wanted to show that a female character had strength and independence, she wore pants.

I mean even today pants are awesome. Let's just say you were trapped in a pit with a bear that really hates the look of human calves. Would you wear pants? Exactly.

So pants are cool I guess, being worn by revolutionaries and such. No big deal. You might think you're cool too. But then you have to ask yourself, are you wearing the pants?



Images courtesy of Google



What Not to Do If You Want to Lose Weight

by Ashley Murphy
Features writer



cause damage to the body and can cause serious side effects, one of which is light headedness.”

If you're planning on losing weight before an important event, plan ahead. You don't want to cram in exercise and dieting a week before. A healthy diet before homecoming should consist of a balance of carbohydrates, fats and proteins. Don't shy away from healthy fats like olive oil, avocados and nuts. Exercising should consist of three days a week for about an hour. Don't overwork yourself though. It's important to include aerobic exercise and muscle strengthening in your workout.

Says Lemont High School junior Aurita Gudauskaite, “I think it's wrong girls will go that far to lose weight. If you're going to lose weight, do it the healthy way and more importantly, build self-esteem.” Because of the pressure to impress fellow classmates, self-esteem is also a big issue for these girls. It's important to be yourself in school, and wherever you are—starving yourself and drinking excessive amounts of water is definitely what *not* to do if you want to lose weight.

What is the length you will go to lose weight for a dance, wedding, or an event?

I walked into work and found out my co-worker had been drinking only water to lose weight for the “big day.” Although she was a normal sized teenager and looked great, she had the motivation to shed some pounds before homecoming.

According to kidzworld.com, here are a few wrong ways to lose weight: “Low calorie diets, diet pills, forced vomiting and skipping meals.” While these seem fast and easy, they're extremely unhealthy. My co-worker went on to tell me she was light-headed. Appallingly, her plan was to detox her body with no food and excessive amounts of water. According to Christ Hospital local nurse Lupe Nelson, “Drinking water is healthy, but too much can



Images courtesy of Google



Pandora Radio: The Cure to Musical Boredom

by Sonia Vavra
Features writer

How often have you turned on your mp3 player expecting to listen to some of your favorite music, and yet found yourself skipping nearly every other song?

There is a simple solution to the constant frustration of trying to find new music while still listening to your favorite bands.

“Pandora radio is the personalized internet radio service that helps you find new music based on your old and current favorites,” according to the Pandora website. Simply put, the website will take your musical likes and dislikes into consideration and create a station based on similar bands and song styles.

How does it work, you ask? Pandora is easy to work with. After creating an account, you simply enter into the New Station text box, type the name of any band, song or music genre and immediately Pandora will play songs similar to that type of music.

Says sophomore Alex Jibaja, “I really like how Pandora lets you listen to the music you like, and introduces you to cool new bands you haven’t heard of at the same time.”

According to Pandora.com, “At Pandora, we have a single mission: To play only music you’ll love.” The great features Pandora has to offer leave us with not only a newfound appreciation for the music we love, but a great anticipation of what new music we will discover.

Check out what Pandora has to offer at <http://www.pandora.com/>.



What’s Hip?

by Luke Whittingham
Features writer

Classification is a major part of a high school student’s life. In order to understand someone, a student must know what social group he or she belongs to and what interests he or she has. The people you hang out with also play a role in the way you’re perceived.

The only problem is, how do we classify students? There’s classification through sports and grades, but what about the students that can’t be classified? Some call these students “hipsters.”

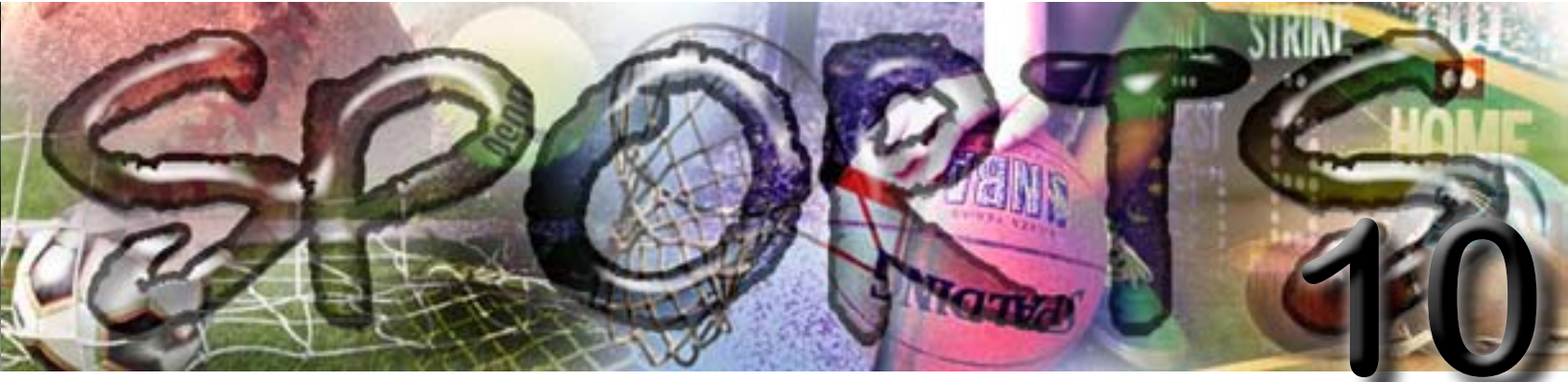
Hipsters wish to not be seen in the same light as other students. This makes students believe that these kids are trying to be rude and exclusive, but they’re simply trying to avoid the negativity of a social group.

Not being able to socially organize others can frustrate students. Students base their opinions of others on their social group. The frustration can occur when students cannot judge others simply based on the people they hang around with or the way they dress.

Being classified seems like being organized and having to follow rules. But people change, and to examine them through a narrow lens limits the space they can grow.



Images courtesy of Google



BMW CHAMPIONSHIP

by Eric Gruber
Sports writer

The PGA Tour made its annual stop at Cog Hill in Lemont, Illinois for possibly the last time after making Cog Hill its home for many years. The winner of the final year at Cog Hill was Justin Rose, from England, shooting a four round total of 13 under par.

John Senden, who finished second in the tournament, was closing on Rose’s lead when on the 17th hole, Rose chipped in for a birdie helping him close out the BMW Championship win.

Elmhurst native Mark Wilson, started off the tournament great with his first two rounds scores being 65 and 66. Wilson was tied for first after the second round but fell apart in the third and fourth rounds with scores of 77 and 76.

Justin Rose began the tournament with a remarkable first round score of 63. Rose played very well in the second and third round with scores of 68 and 69.

In the final round Rose had a big lead and tried to stay conservative, but almost too conservative. The second place finisher John Senden pulled within one stroke on Sunday but not for long Rose pulled back ahead to secure the BMW Championship with a final round score of even par 71.

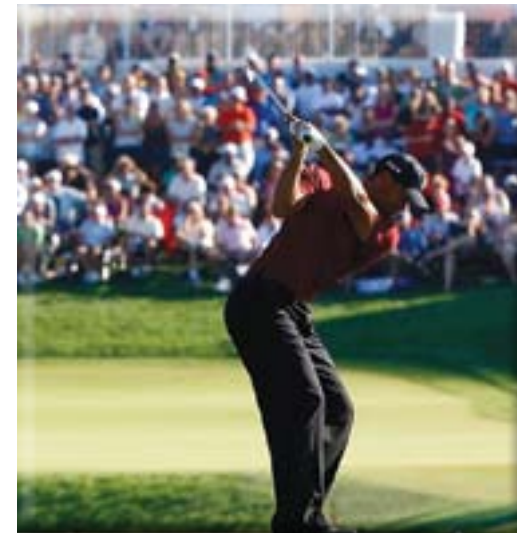
The complaints from the players about the course have become extreme.

Phil Mickelson said “A great golf course is a golf course that’s challenging for the good player but playable for the average player. And I feel like this is the exact opposite. It’s playable; it’s fine for us. We don’t have any problems with it. But the average guy just can’t play it” according to espn.com.

Other players including Luke Donald and Steve Stricker were also critical of the course.

The crowd was smaller than usual because of the rainy cold weather at Cog Hill.

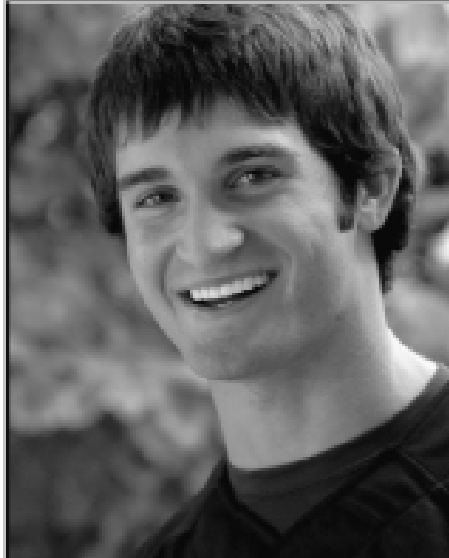
Even though the weather did not cooperate at Cog Hill, the crowd was very ecstatic and supporting to Justin Rose during his quest for the tournament win.



Images courtesy of Google

It's time to
DISCOVER JJC

Saturday, Nov. 5 • 9 a.m. – noon



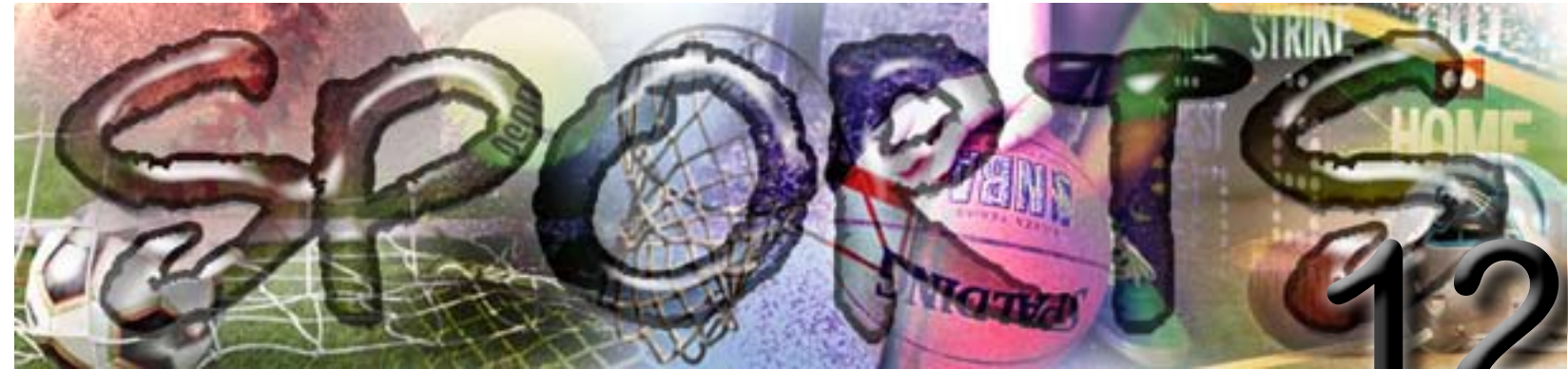
**Campus Center
now open!**
Your one-stop shop
for student services.

Sign up today:
visit
jjc.edu/info/discover
or call (815) 280-2493.

Plan to attend Discover JJC on Saturday, Nov. 5, and see why JJC is the right place to begin your future! Come with your parents and friends and get an overview of JJC's great programs and active campus life.

- Take a tour of Main Campus
- Meet with faculty and learn about academic programs
- Talk to current students
- Learn about financial aid and scholarships

JJC Main Campus
1215 Houbolt Road, Joliet, IL



Raining Victories

by Ryan Peraino
Sports Editor

After much rain, the girls tennis team took second at the Lemont Invitational on Saturday, Sept. 24.

There were eight teams at this big invitational and the team needed many great performances to do well.

Junior Sam Drafke took second at first singles, senior captains Jamie Drez and Brooke Olsick took second at first doubles, senior captain Kelsey Morris took second at second singles, and sophomores Lisa Gawron and Carli Serpe took third at second doubles.

"I think the team finally pulled themselves together for this tournament even though none of the girls really wanted to play because it was homecoming day and we had to squeegee the courts for about two hours because of the rain," said Drez.

The girls certainly played well even with all of the distractions.

One of the many highlights of the day was the play of Drez and Olsick. They played well in their first match and even better in their second. They started the match down 0-2 but ended up winning 6-3, 6-1.

Even though these girls lost their championship match 5-7, 6-7, the girls believe they played their best match of the day.

"I can't believe how well we did," said Drez. "I think we played phenomenal in the last match."

The team is playing on newly-renovated courts that are helping players stick.

"The difference is like playing soccer on a field full of grass and a field full of dirt," said head coach Chris Hill.

Hopefully these new courts will help the girls improve and meet some of their goals.

"Some of the team's goals would be to do well at conference and hopefully get first and do well at sectionals," said Drez. "Sectionals will be tough, but I believe some of the girls can do well and possible go to state."

Sectionals will be tough because, as Hill pointed out, their sectional doesn't consist of anybody they've played during the regular season.

The team is hoping that the success of the Lemont Invitational will push them to the next level and help them advance in the playoffs.



Photos by Tony Hamilton

Girls Tennis Team



Girls Golf Victorious at Intra Conference Match

by John Fiori
Sports writer



Girls Golf Team

Lemont varsity girls golf team made history on Tuesday as they tied the lowest 18 hole team score in school history at the Coyote run golf course in Oak Forest. That stat speaks for itself; they played great and look to keep the momentum going into regionals.

Tensions were high on Tuesday, September 27th because Lemont hasn't lost a conference match since joining the South Suburban Conference in 2006.

Head Coach Bill Mondrella said, "we set goals in the beginning of the year and this was one of them, winning conference".

The team shot a 360. Leading the team was senior Emily Lejman with an impressive 83.

"I didn't play to my full potential on the front 9," said Lejman. "I wasn't taking enough club to the greens on my approach shots which made me gain more strokes while chipping".

For the post-season she looks to make improvements on her game and says "For regionals I'm going to make sure I have a smart club selection and also work on making more putts."

The rest of team shot just as well as Lejman with sophomore Bridget Lynn shooting a 88, junior Nadya Cortez with a 93, senior Kara Gikas with a 96, freshman Laura Ringo with a 97, and lastly junior Courtney Toth with a 107. Every Lemont golfer finished in the top ten earning them All-Conference honors.

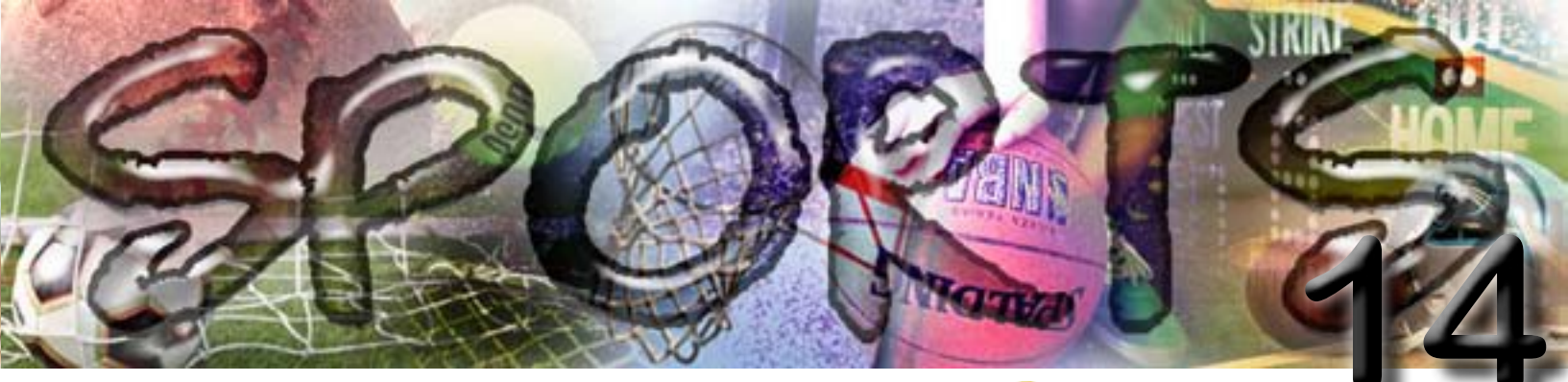
Oak Forest posed the biggest threat to Lemont with their great improvement over the season. "Oak Forest has a good team this year and has been shooting better scores since we beat them earlier in the year, so we knew we had to shoot low," stated Mondrella.

Lemont did just that, beating Oak Forest by 54 strokes. "That was very impressive, that's hard to do, I'm proud of the girls," added Mondella.

Last year Lemont finished with a 380 in conference play, 20 shots higher then this years total. A major improvement says this year's squad is on an upward spiral.

Lemont junior varsity also had a successful year winning 5 out of the 7 duals. Some of their matches were cut short due to darkness. "I'm very pleased with their season," said Mondrella. "(It) shows we have a lot of depth".

Lemont Varsity set record highs at their intra conference match in Oak Forest. The post -season consists of stepping-stones all the way up to state. Their next challenge is regionals. The girls head to Stagg high school on Wed. Oct. 5 at 9 a.m.



Kickin' it with JV Soccer

by Kyle Griffin
Sports writer

The Lemont JV boys soccer team fell to Shepard in a conference matchup on Tuesday, Sept. 27 with a final score of 3-1. Freshman Eric Whatley led the Indians, scoring their only goal.

The one lonely goal from Lemont came in the last ten minutes of the game when Whatley was tackled in box by a Shepard player. Lemont was awarded one of the best things in soccer: a penalty kick.

Whatley took the penalty kick and buried the ball in the left side of the net while the keeper dove right to avoid the shutout.

However, earlier in the game freshman Christian Goushas was on a breakaway and scored a goal but he was called off-sides by the ref.

It was a very controversial call that was disputed by players, coaches and fans. This call drastically changed the momentum of Lemont.

"It definitely got us upset and after that, a lot of us lost hope of coming back in the second half," said Goushas.

Conference games are the most important games and losing just one could hurt a team's chances of winning conference. After losing to Shepard, Lemont is going to have a tough time finishing first in conference.

"Depending on Shepard losing, we could take first or second," said head coach Michael Beranek.

Hopefully the team can end the year strongly with a finish among the top teams in the conference.

It's going to be tough for the JV team though because as the season goes on, it is likely they will lose some of their better players when they are called up by varsity. Freshman, Teodor Trifunovski, Eric Whatley, and Christian Goushas left the JV team as they were called up to varsity recently.

However, the main purpose of the JV soccer program is to improve players' skills and get them ready to play at the more competitive stage with varsity. At the JV level, coaches try to teach players the system which Lemont has done well.

"We come in and the guys don't know the system and we're able to learn quickly," said Beranek.

The guys have three conference matches left and control their destiny as far as winning conference.

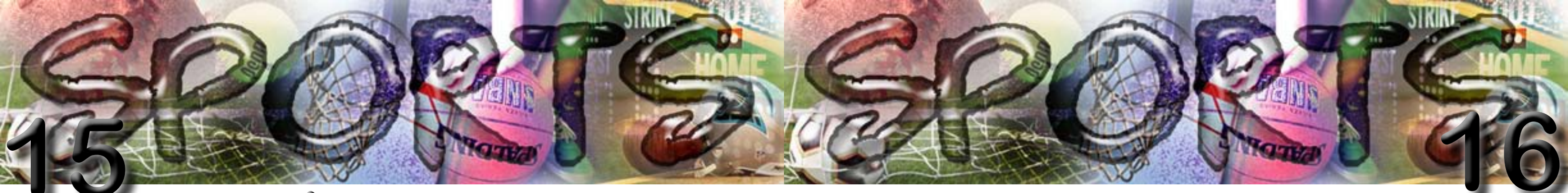


Photos by Tony Hamilton



JV Boys Soccer Team





MLB Playoff Preview

by Kurran Buck
Sports writer

This year's Major League Baseball (MLB) playoffs will be a tough race between several teams in both the National and American Leagues.

In the American League Division Series, the Tampa Bay Rays are facing the Texas Rangers, and the Detroit Tigers are facing the New York Yankees.

The National League Division Series, the Philadelphia Phillies are facing the St. Louis Cardinals, and the Milwaukee Brewers are facing the Arizona Diamondbacks. The playoffs began on Sept. 30.

Playoffs in any sport are dramatic, fun to watch, and get us all to sit on the edge of our seats. But baseball, America's pastime, truly displays for all who are watching the qualities that this nation is all about: hardworking people, freedom, teams that become families and amazing accomplishments.

The American League has dominated the National League in both the All-Star Game and the World Series for the last ten years. But the last couple of years, the National League has shown it won't go down without a fight.

The Philadelphia Phillies have the best record in either league this season, winning 102 games. And, the San Francisco Giants won the World Series last year in a 4-1 series win over the Rangers.

"[In the National League,] the Philadelphia Phillies will make it right now because they are hitting the ball better and their pitching is dominating," said LHS head baseball coach Joe Rodeghero. "It's up for grabs right now in the American League, I like the Texas Rangers right now... and you kind of have to go with the Yankees."

The analysis of Rodeghero is shared with many analysts we see on TV every day.

So who will win the World Series? The team with the best record of either league? Or the surprise team of the American League? We shall see.



Images courtesy of Google

SOPHOMORE GIRLS SWIMMING

by Adrian Kalata
Sports writer

Lemont's sophomore girls swimming team won against Richards on Sept. 27 at their home inside of the Core. Led by captains Saeda Aljazara, Morgan Costello and Lynn Stanwyck, the girls brought their record to 6-0.

Sophomore Daniela Alpizar gained a new personal time of 1:37 in the 100 meter breaststroke, helping her team get the win.

Sophomore Lauren Lumsden also swam in the 100 meter breaststroke, a stroke that she's not used to competing in. When asked, Lauren said, "Although my favorite stroke is freestyle, I'm open to trying new strokes like breaststroke. It helps me improve on a variety of strokes, instead of just one." The LHS girls kept ahead in the lanes throughout most of the match, which lead to their win.

Coach Erin Boyd said that the sophomore girls "... are very strong. We have a lot of new swimmers that have never swam before so they had to learn from scratch. The girls are improving on their strokes and techniques through practice and that pays off in meets."

The girls take on Hillcrest/Tinley on Oct. 4 at the Lemont Core. The girls are looking for the win to raise their record to an undefeated 7-0.



Girls Swim Team

SOPHOMORE FOOTBALL

by Adrian Kalata
Sports writer

The future of the Lemont High School varsity football team, the sophomore team, traveled to Bremen on Sept. 30 to lose against Bremen's hard-hitting sophomore team. The sophomore team that has a 4-2-1 record is looking to prove themselves this season.

The sophomore football team started out the year against Bolingbrook High School, which gave them an early 1-0 start to the season. Sophomore Conor Melvin, who has been playing football since seventh grade, says that "football takes up most of my time. It also helps me keep my grades up or else I don't get to play." Many of the other players have also committed a majority of their lives to football.

Sophomore Christian Moy, who is playing football for the first time, says "Signing up for football was pretty intimidating. But after going to a couple practices and meeting the other players, I found out that football is more than just a sport. You grow as a person." Students like Moy were willing to sign up for a sport they have never played before, and are getting good results from it.

The team is practicing for their next game against Hillcrest, which will be played on the LHS home turf.



Sopomore Football Team

Photos by Tony Hamilton