



**SALAD BAR SERVED DAILY. CHOICE OF MILK: 1%, CHOCOLATE, SKIM, STRAWBERRY**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.  
**USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.**

### Monday



POPCORN CHICKEN, MAC & CHEESE, BROCCOLI, ROLL OR TURKEY/CHEESE WRAP, LETTUCE, TOMATO, CARROTS

SPAGHETTI/MEATBALLS, GREEN BEANS, GARLIC TOAST OR TURKEY/CHEESE, BUN, LETTUCE, TOMATO, CARROTS, TEDDY GRAHAMS

-----HOLIDAY-----

HAMBURGERS, BUN, CURLY FRIES, PEAS, LETTUCE, TOMATO, PICKLES OR MEATBALL SUBS, CURLY FRIES, VEGGIES

### Tuesday

CHILI, TATER TOTS, CORN CHIPS OR BAKED POTATO BAR/FIXINGS

TANGERINE CHICKEN, RICE, EGG ROLL OR BAKED POTATO BAR/FIXINGS

STEAK & GRAVY, MASHED POTATOES, PEAS, ROLL OR PBJ UNCRUSTABLE, STRING CHEESE RAISELS, CARROTS

CHICKEN NUGGETS, AU GRATIN POTATOES, CARROTS, ROLL OR FISH, PINTO BEANS, CORN MUFFIN, TARTAR SAUCE

### Wednesday

-----PROFESSIONAL-----  
 -----DEVELOPMENT DAY-----

CHICKEN PATTY, REG & SPICY, BUN, RICE, CARROTS OR HAMBURGER, BUN, RICE, CARROTS LETTUCE, TOMATO

SEASONED TACO BEEF, TORTILLA SHELL, BLACK BEANS & CORN, SALSA, LETTUCE, TOMATO, SOUR CREAM OR PBJ UNCRUSTABLE

CHICKEN PATTY REG & SPICY, BUN, SWEET POTATO WEDGE, GREEN BEANS, LETTUCE, TOMATO OR TURKEY/CHEESE, BUN, LETTUCE, TOMATO, CRACKERS

SEASONED TACO BEEF, TORTILLA SHELL, BLACK BEANS & CORN, SALSA, LETTUCE, TOMATO, CHEESE, SOUR CREAM OR BAKED POTATO BAR/FIXINGS

### Thursday

BREAKFAST FOR LUNCH SAUSAGE PATTY, BISCUIT, GRAVY, EGGS, TRI TATERS OR GRILLED CHICKEN, BUN, GARLIC & HERB PASTA, LETTUCE, TOMATO

STEAK & GRAVY, MASHED POTATOES, PEAS, ROLL OR HAM/CHEESE, BUN, LETTUCE, TOMATO, CARROTS STRAWBERRIES

MINI CORN DOGS, BROCCOLI, SCALLOPED POTATOES OR PHILLY STEAK & CHEESE PINWHEEL, BROCCOLI, GARLIC & HERB PASTA

CORN DOG, BROCCOLI, BAKED BEANS OR BAKED POTATO BAR/FIXINGS

BREAKFAST FOR LUNCH SAUSAGE PATTY, BISCUIT, GRAVY, EGGS, TRI TATERS OR GRILLED CHICKEN, BUN, GARLIC HERB PASTA, LETTUCE, TOMATO

### Friday

CHEESY BITES, GREEN BEANS, MARINARA SAUCE, TOSSED SALAD OR RAVIOLI, GREEN BEANS, GARLIC TOAST

CHEESY GARLIC FLATBREAD PIZZA, CORN, MARINARA SCE TOSSED SALAD OR FISH, CORN MUFFIN, PINTO BEANS, TARTAR SAUCE

CHEESY BITES, GREEN BEANS, MARINARA SAUCE, TOSSED SALAD OR GRILLED CHICKEN, BUN, GREEN BEANS, FRENCH FRIES

CHEESY GARLIC FLATBREAD PIZZA, GREEN BEANS, MARINARA SAUCE, TOSSED SALAD OR CHEESE QUESADILLA, REFRIED BEANS, LETTUCE, SALSA



**MENU SUBJECT TO CHANGE!**