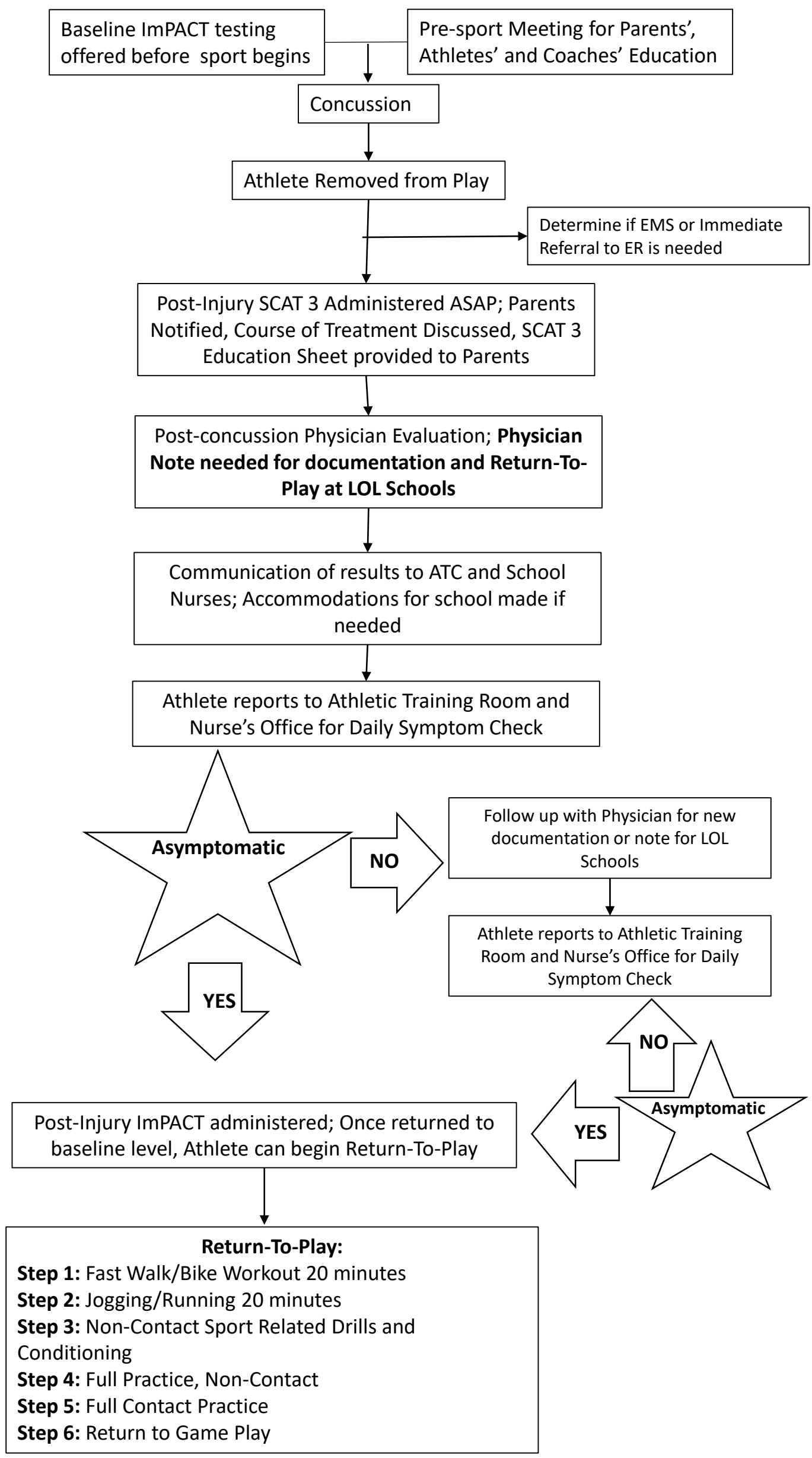


Lyme-Old Lyme Public Schools Concussion Management Protocol



Baseline ImpACT testing offered before sport begins

Pre-sport Meeting for Parents', Athletes' and Coaches' Education

Concussion

Athlete Removed from Play

Determine if EMS or Immediate Referral to ER is needed

Post-Injury SCAT 3 Administered ASAP; Parents Notified, Course of Treatment Discussed, SCAT 3 Education Sheet provided to Parents

Post-concussion Physician Evaluation; **Physician Note needed for documentation and Return-To-Play at LOL Schools**

Communication of results to ATC and School Nurses; Accommodations for school made if needed

Athlete reports to Athletic Training Room and Nurse's Office for Daily Symptom Check

Asymptomatic

NO

Follow up with Physician for new documentation or note for LOL Schools

Athlete reports to Athletic Training Room and Nurse's Office for Daily Symptom Check

YES

Post-Injury ImpACT administered; Once returned to baseline level, Athlete can begin Return-To-Play

YES

Asymptomatic

NO

Return-To-Play:
Step 1: Fast Walk/Bike Workout 20 minutes
Step 2: Jogging/Running 20 minutes
Step 3: Non-Contact Sport Related Drills and Conditioning
Step 4: Full Practice, Non-Contact
Step 5: Full Contact Practice
Step 6: Return to Game Play