


**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

No School Today!!

**1**

Happy New Year!

Grilled Turkey &amp; Cheese

OR

 Grilled Cheese  
 Baked Emoji Fries  
 Celery Sticks  
 Sliced Peaches

**2**

Cheese Raviolis

OR

 Spaghetti & Meatballs with  
 Marinara Sauce  
 Garlic Bread  
 Caesar Salad  
 Sliced Apple Wedges

**3**

Pepperoni &amp; Cheese Pizza

 Garden Tossed Salad  
 with Homemade Vinaigrette  
 Celery Sticks  
 Ranch Dressing Dip  
 Fresh Nectarine

**4**

 All-Beef Hot Dog  
 OR

 Cheeseburger on a  
 Wheat Roll  
 Slow Simmered Baked Beans  
 Fresh Green Beans  
 Granny Smith Apple

**7**

 Teriyaki Chicken OR  
 General Tso's Chicken over

 Seasoned Brown Rice  
 Garlic Knot  
 Stir Fry Veggies  
 Red Pepper Sticks  
 Mixed Fruit Cup

**8**

 Nachos with Beef, Cheese,  
 Lettuce, Tomato & Salsa

OR

 Chicken Nuggets  
 Spanish Rice  
 Cauliflower Cup  
 Fresh Pear

**9**

 BBQ Grilled Chicken  
 OR

 Spicy Crispy Chicken Sandwich  
 Vegetable Fried Rice  
 Seasoned Corn  
 Broccoli Cup  
 Fresh Banana

**10**

Veggie &amp; Cheese Pizza

 Strawberry Spinach Salad  
 with Homemade Honey Mustard  
 Carrot Sticks with  
 Ranch Dressing Dip  
 100% Juice Italian Ice

**11**

 Cheese Bites  
 OR

 Mozzarella Sticks  
 with Marinara Dipping Sauce  
 Whole Wheat Dinner Roll  
 Roasted Seasoned Mixed Veggies  
 Strawberry Mango Applesauce

**14**

 Buffalo Chicken Grinder  
 OR

 Turkey & Cheese Grinder  
 Seasoned Roasted Red Potatoes  
 Steamed Fresh Broccoli  
 Assorted Fruit Cup

**15**

 Cheeseburger  
 OR

 All-Beef Hot Dog on Wheat Roll  
 Slow Simmered Baked Beans  
 Sesame Roasted Green Beans  
 Florida Orange Wedges

**16**

 Elbow Pasta w/Meat Sauce  
 OR

 Cheese Stuffed Shells  
 Garlic Breadstick  
 Caesar Salad  
 Cucumber Cup  
 Fresh Mac Apple

**17**

Cheese Pizza

 Spinach Salad with  
 Kidney Beans, Peppers, Cukes, &  
 Fat-Free Dressing  
 Fresh Carrot Cup  
 Diced Pears

**18**

No School Today!!

**21**

Happy Martin Luther King Day!

 Grilled Turkey & Cheese  
 OR

 Grilled Cheese  
 Seasoned Cross-Tracks Fries  
 Celery Sticks  
 Sliced Peaches

**22**

 Beef Tacos  
 OR

 Chicken Tacos  
 with Lettuce, Tomatoes & Salsa  
 Spanish Rice  
 Red Pepper Sticks  
 Assorted Fruit Cup

**23**

 Jumbo BBQ Chicken Leg  
 OR

 Jumbo Breaded Chicken Leg  
 Wheat Dinner Roll  
 Mashed Potatoes & Gravy  
 Turmeric Roasted Cauliflower  
 Peach Applesauce

**24**

Pepperoni &amp; Cheese Pizza

 Garden Tossed Salad with  
 Scratch Made Vinaigrette  
 Carrot Sticks  
 Ranch Dressing Dip  
 Fresh Florida Orange Wedges

**25**

 Chicken Nuggets  
 OR

 Chicken Tenders  
 with Honey Mustard Dipping Sauce  
 Seasoned Potato Wedges  
 Three-Bean Salad  
 Granny Smith Apple

**28**

 Nachos with Beef, Cheese,  
 Lettuce, Tomato & Salsa

**29**

 OR  
 Cheeseburger on Wheat Roll  
 Spanish Rice  
 Baby Carrots, Fresh Pear

 Tangerine Chicken OR  
 Cherry Blossom Chicken

**30**

 Fried Rice  
 Garlic Breadstick  
 Mixed Stir Fry Vegetables  
 Cucumber Sticks  
 Applesauce

 Macaroni & Cheese  
 OR

 Spaghetti with Meat Sauce  
 Crisp Caesar Salad  
 Broccoli Cup with Hummus  
 Sliced Peaches

**31**

ALTERNATE MEALS AVAILABLE DAILY: SALAD WITH 2 PROTEINS (1 OZ MEAT, 1 OZ CHEESE, OR 4 OZ YOGURT) AND 1 OZ WG BREAD OR SANDWICH WITH 2 OZ PROTEINS

\*\* ALL MEALS OFFERED WITH 8 OZ FAT FREE OR 1% REDUCED FAT MILK, ½ CUP FRUIT, and ⅓ CUPS VEGETABLE\*\*

WG: WHOLE GRAIN    WW: WHOLE WHEAT

NOTE: MENU IS SUBJECT TO CHANGE

