

# January 2019

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
<p>☯ = Contains pork * = Turkey Ham made from 100% turkey (no pork ingredients)</p>	<b>No School Winter Break</b>	<p>A. French Toast and Egg Moons B. Pretzel w/Cheese Sauce and Sunflower Seeds C. Yogurt Lunch</p>	<p>A. Orange Chicken Rice Bowl B. Hawaiian Beef Teriyaki Rice Bowl C. Hummus Plate</p> <p style="text-align: right;"><i>Fortune Cookie</i></p>	<p>A. All White Meat Chicken Burger B. Fish Burger C. Yogurt Lunch</p>
7	8	9	10	11
<p>A. BBQ Beef Hoagie B. Cheesesticks with Marinara Sauce C. Chicken Caesar Salad &amp; Whole Grain Roll</p>	<p>A. Nachos with Seasoned Chicken B. Cheese Quesadilla C. Yogurt Lunch</p>	<p>A. Turkey Gravy with Mashed Potatoes &amp; Roll B. Cheese Ripper C. Deli Stack Pack</p>	<p>A. Chicken Rice Soup B. Yogurt Parfait C. Hummus Plate</p> <p style="text-align: right;"><i>Strawberry Graham Cracker</i></p>	<p>A. 100% Beef Cheeseburger B. Fish Burger C. Yogurt Lunch</p>
14	15	16	17	18
<p>A. Pepperoni Pizza ☯ B. Cheese Pizza C. Chicken Caesar Salad &amp; Whole Grain Roll</p>	<p>A. Nachos with Seasoned Beef B. Beef &amp; Bean Taco Salad C. Yogurt Lunch</p>	<p>A. Ham*, Egg &amp; Cheese Breakfast Burger B. Snowman Pretzel w/Cheese Sauce and Sunflower Seeds C. Deli Stack Pack</p>	<p>A. Teriyaki Chicken Bowl B. Sweet-n-Sour Chicken Bowl C. Hummus Plate</p> <p style="text-align: right;"><i>Fortune Cookie</i></p>	<p>A. All White Meat Chicken Burger B. Fish Burger C. Yogurt Lunch</p>
21	22	23	24	25
<b>No School Martin Luther King Jr. Day</b>	<p>A. Nachos with Seasoned Chicken B. Cheese Quesadilla C. Yogurt Lunch</p>	<p>A. All White Meat Chicken Bites with Brown Rice B. Grilled Cheese Sandwich with Tomato Soup C. Deli Stack Pack</p>	<p>A. Chicken Drumstick w/Roasted Potatoes B. Yogurt Parfait C. Hummus Plate</p> <p style="text-align: right;"><i>Strawberry Graham Crackers</i></p>	<p>A. 100% Beef Cheeseburger B. Fish Burger C. Yogurt Lunch</p>
28	29	30	31	
<b>No School Non-Student Day</b>	<p>A. Pepperoni Pizza ☯ B. Cheese Pizza C. Yogurt Lunch</p>	<p>A. Pancakes and Egg Moons B. Cheesesticks with Marinara Sauce C. Deli Stack Pack</p>	<p>A. Orange Chicken Rice Bowl B. Hawaiian Beef Teriyaki Rice Bowl C. Hummus Plate</p> <p style="text-align: right;"><i>Fortune Cookie</i></p>	<p><i>Also available: Fridays - Vegetarian Burger upon request</i></p>

Menu selections may change based on product availability, please check website for updates.

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