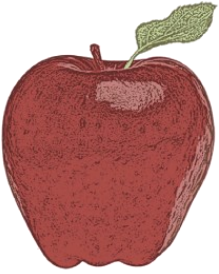







JANUARY 2019



Valley View and Preschool—Snack

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	  Winter Break  			
7 Welcome Back!	8	9	10	11
Snack Animal Crackers Orange Wedges	Snack String Cheese Amazin' Raisins	Snack Goldfish Pretzels Apple Slices	Snack Assorted Cereal Milk	No School
14	15	16	17	18
Snack Goldfish Crackers Applesauce	Snack String Cheese Fruit Cup	Snack Cheddar Chex Mix Cucumber Coins	Snack Assorted Cereal Milk	No School
21	22	23	24	25
Martin Luther King Jr. Day No School	Snack Cheez-It Crackers That's It Fruit Bar	Snack String Cheese Amazin' Raisins	Snack Assorted Cereal Milk	No School
28	29	30	31	
Snack Animal Crackers Orange Wedges	Snack String Cheese Amazin' Raisins	Snack Goldfish Pretzels Apple Slices	Snack Assorted Cereal Milk	

BREAKFAST: Served every morning before school with fruit, 100% juice and milk.

LUNCH: Salads, fresh fruit & vegetables & milk offered daily with lunch.

A vegetarian choice is offered daily. No pork is served at elementary schools.

All grains served are whole grain products

QUESTIONS? Call the Nutrition Services Office at 206-631-3010. Menu subject to change.

This institution is an equal opportunity provider. Updated 12/13/2018