

# DUNLAP SCHOOL DISTRICT 323

<b>000871 - ADOBO CHICKEN GORDITA2.5G2.75M :</b>	<b>Attributes</b>
HACCP Process: #2 Same Day Service Number of Portions: 100 Size of Portion: 1EACH Alternate Recipe Name: PG:ADOBO CHICKEN GORDITA	

Ingredients	Measures	Instructions
900116 SAUCE,NESTLE,ORTEGA ENCHILADA SAUCE,RTS....	2 qts + 1/2 cup	WASH HANDS. WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER. RINSE AND DRAIN WELL.  1. COMBINE THE ENCHILADA SAUCE AND 1/2 CUP SALSA IN A HEAVY SAUCEPAN. WHICK TO BLEND. ADD THE CHICKEN AND SIMMER THE PAN OVER MEDIUM HEAT UNTIL THE MIXTURE IS HOT.  2.COMBINE THE SOUR CREAM, DRESSING, CUMIN, AND LIME JUICE. WHISK TO BLEND.  3. GRILL OR HEAT LOCO BREAD SLIGHTLY TO ENHANCE FLAVOR.  4. PER PORTION, FOLD LOCO BREAD IN HALF AND FILL IT WITH THE FOLLOWING; 1/4 CUP RICE 1/4 CUP CHEESE 1/4 CUP CHICKEN MIXTURE 1/4 CUP LETTUCE ADD ON TOP 2 TBS SALSA. GARNISH WITH 1TBS SOUR CREAM.  RICE IS COOKED IN STEAMER AS USUAL AND THEN HELD IN WARMER UNTIL READY TO SERVE. <b>CCP:</b> Heat to 135° F or higher.  <b>CCP:</b> Hold for hot service at 135° F or higher
051462 SALSA, LOW SODIUM, POUCH.....	1 gal + 1/4 cup	
799940 LETTUCE,COS OR ROMAINE,RAW.....	1 1/2 gals + 1 CUP (shredded)	
050420 CHICKEN, DICED, COOKED, IQF, MEAT ONLY.....	12 lbs + 8 ozs	
001179 SOUR CREAM,LIGHT.....	1 qt	
902691 CUMIN,GROUND.....	1 Tbsp + 1 3/8 tsp	
050269 Ranch Dressing.....	1 qt	
009160 LIME JUICE,RAW.....	1 Tbsp + 1 3/8 tsp	
902667 LOCO BREAD WG 6.5", 12-12CT FATHERSTABLE.....	100 BREAD, 6.5"	
042155 CHEESE,MONTEREY,LOW FAT.....	1 1/4 gals + 1 1/4 CUPS (shredded)	
051426 RICE, BROWN, LONG GRAIN,PARBOILED, DRY.....	5 lbs	

\*Nutrients are based upon 1 Portion Size (1EACH)

Calories	412 kcal	Cholesterol	72 mg	Sugars	*0.2* g	Calcium	245.83 mg	26.65%	Calories from Total Fat
Total Fat	12.21 g	Sodium	513 mg	Protein	31.96 g	Iron	4.03 mg	10.46%	Calories from Saturated Fat
Saturated Fat	4.79 g	Carbohydrates	45.49 g	Vitamin A	1495.4 IU	Water <sup>1</sup>	*46.39* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.00* g	Dietary Fiber	4.06 g	Vitamin C	3.8 mg	Ash <sup>1</sup>	*1.24* g	44.13%	Calories from Carbohydrates
								31.00%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**