

# DUNLAP SCHOOL DISTRICT 323

**000236 - WG GRILLED CHEESE :**

HACCP Process: #2 Same Day Service

Number of Portions: 1

Size of Portions: GRILLED CHEESE

Alternate Recipe Name:

P/G: GRILLED CHEESE

902726 BREAD WW PULLMAN,SLCD 12-22Z GFS,(1.75G2.....	1 (2 SLICES)
001215 CHEESE PRODUCT,PAST PROCESS,AMERICAN,RED..	2 ozs
118476 Buttermist food spray and pan spray.....	1 tsp

\*Nutrients are based upon 1 Portion Size (GRILLED CHEESE)

Calories	266 kcal	Cholesterol	30 mg	Sugars	*4.5* g	Calcium	319.94 mg	33.81%	Calories from Total Fat
Total Fat	9.99 g	Sodium	851 mg	Protein	15.98 g	Iron	1.91 mg	16.97%	Calories from Sat Fat
Sat Fat	5.02 g	Carbs	30.01 g	Vitamin A	535.8 IU	Water <sup>1</sup>	*29.37* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.00* g	D. Fiber	4.00 g	Vitamin C	0.0 mg	Ash <sup>1</sup>	*3.35* g	45.11%	Calories from Carbs
								24.02%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.