



Effective Date: 09/17/2014  
Supersedes: 06/30/2014

Code: 00804WG

Product Name: Whole Grain Jumbo Cheese Ravioli

Serving Size: 3.78 oz.

Pack: 324/1.26 oz.

Each serving (three – 1.26 oz. units) of Whole Grain Jumbo Cheese Ravioli provides 2.00 oz equivalent meat alternate and 1.0 oz-eq grains. CN # 090749 06-14

## Product Info



### PREPARATION – for best results

#### Keep frozen until ready to prepare

#### Method 1 – Baking

- 1.Preheat convection oven to 375° ; fan speed on high.
- 2.Spray bottom and sides of full steam table pan with non-stick cooking spray.
- 3.Pour 4 cups of room temperature, canned sauce into the bottom of a stainless steel pan and spread to cover the bottom.
- 4.Place 5 pounds of frozen (-10°F to +10°F) ravioli and cover with 6 cups of room temperature , canned sauce
- 5.Spread sauce over pasta to cover..
- 6.Lightly apply non-stick cooking spray to bottom of aluminum foil; cover pan tightly with the foil.
- 7.Bake for 50 minutes or until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot. **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.**

#### Method 2 - Boiling

- 1.Heat to a full boil an appropriate amount of water. Use 3 quarts of water for each 1 pound of ravioli.
- 2.Add the frozen ravioli to the boiling water. Gently stir the contents, initially and periodically, to prevent sticking.
- 3.Boil the ravioli for approximately 3-4 minutes; the ravioli will begin to float. **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.**

If storing in a moist 145°F warmer, cover the pan with plastic film and hold up to 1 hour.

## Nutrition Facts

Serving Size 3 Pieces (107g)

Amount Per Serving

Calories 200      Calories from Fat 50

% Daily Value\*

Total Fat 6g      9%

Saturated Fat 3g      15%

Trans Fat 0g

Cholesterol 50mg      17%

Sodium 380mg      16%

Total Carbohydrate 24g      8%

Dietary Fiber 2g      8%

Sugars 2g

Protein 14g

Vitamin A 6%      • Vitamin C 10%

Calcium 20%      • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

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Shelf life:	12 months frozen (0° - 15°F)	Dim: 17"x13"x8"
Ti-Hi:	8 x 7	Case cube: 1.023 ft <sup>3</sup>
Cases/pallet:	56	Pallet height: 62-inches
Gross case wt:	26.51 lbs;	Net wt: 25.51 lbs
Pallets/truck:	26	
UPC:	10852777002148	
<b>ALLERGENS:</b>	<b>Contains Wheat, Milk, &amp; Egg</b>	
<b>GRAINS:</b>	<b>50% of the grains used in this product are whole grains</b>	

**Filling Ingredients:** Low Fat Ricotta Cheese (Skim Milk, Water, Modified Food Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Acetic Acid), Water, Egg, Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Cultured Milk, Salt, Enzymes), Whey Protein Isolate, Sodium Caseinate, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Asiago Cheese (Cultured Milk, Salt, Enzymes), Whole Wheat Crackermeal (Whole Wheat Flour, Dextrose), Garlic Salt (Salt, Dehydrated Garlic), Corn Starch-Modified, Sugar, Dehydrated Garlic. **Pasta Ingredients:** Whole Wheat Flour and Enriched Flour Blend (Whole Wheat Flour, Enriched Durum Wheat Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid]), Water, Egg, Ascorbic Acid.

CONTAINS: 108 – 3.78 OZ SERVINGS PER CASE  
(3 WG CHEESE RAVIOLI PER SERVING)

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