

DUNLAP SCHOOL DISTRICT 323

Recipe: 000868 MACARONI & CHEESE wg trio 1G

Recipe Source: KOHLS
 Recipe Group: BREAD/ROLLS/STARCH

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name: G: MACARONI & CHEESE

Number of Portions: 190
 Size of Portion: 1/2 CUP

020107 MACARONI,WHOLE-WHEAT,DRY... 000001 WATER,BOILING..... 902547 CHEESE SAUCE, TRIO..... 902623 MILK, SKIM, PRARIE FARMS..... 114657 PEPPER BLACK, GROUND.....	10 LB 3 GAL 4 (1PACKAGE (1 G. PREPD)) 6 CARTON 1/4 CUP	TRIO CHEESE SAUCE MIX: GFS #290319. EACH CASE CONTAINS 8 BAGS. EACH BAG MAKE APPROXIMATELY 1 1/8 GALLONS. MACARONI : GFS #229941, 2-10# CASE OR USE COMMODITY NOODLES. 1. BOIL OR STEAM MACARONI NOODLES UNTIL FIRM AND DRAIN. 2. SPRAY PANS OR USE LINERS 3. DIVIDE MACARONI AMOUNG TWO STEAM TABLE PANS. 4. PREPARE CHEESE SAUCE ACCORDING TO PACKAGE DIRECTIONS, ADD PEPPER, MILK AND CHEESE SAUCE TO COOKED MACARONI. STIR. 5. BAKE AT 350° FOR 35-45 MINUTES. PROTION 2/3 CUP SERVING OR 6oz SPOODLE. EACH SERVING PROVIDES 1/2 CUP GRAIN CCP: Heat to 165° F or higher for at least 15 seconds CCP: Hold for hot service at 135° F or higher
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*Nutrients are based upon 1 Portion Size (1/2 CUP)

Calories	166 kcal	Cholesterol	0.16 mg	Sugars	*N/A* g	Calcium	52.12 mg	14.80%	Calories from Total Fat
Total Fat	2.72 g	Sodium	500.91 mg	Protein	5.36 g	Iron	0.88 mg	0.33%	Calories from Saturated Fat
Saturated Fat	0.06 g	Carbohydrates	27.90 g	Vitamin A	15.79 IU	Water ¹	*62.33* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	1.99 g	Vitamin C	0.04 mg	Ash ¹	*0.44* g	67.39%	Calories from Carbohydrates
								12.93%	Calories from Protein

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

<u>Miscellaneous</u>	<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt..... oz				? - Milk
Grain..... 1.000 oz				? - Egg
Fruit..... cup				? - Peanut
Vegetable..... cup				? - Tree Nut
Milk..... cup				? - Fish
<u>Moisture & Fat Change</u>				? - Shellfish
Moisture Change. 0%				? - Soy
Fat Change..... 0%				? - Wheat
Type of Fat.....				

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	020107	MACARONI,WHOLE-WHEAT,DRY			
I	000001	WATER,BOILING			
I	902547	CHEESE SAUCE, TRIO			
I	902623	MILK, SKIM, PRARIE FARMS			
I	114657	PEPPER BLACK, GROUND			

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