



Intramurals at Lyme-Old Lyme Middle School

2018 - 2019

- ❖ LOLMS has a wide selection of clubs and activities for student participation. Intramural information is attached and can also be found on our school website. Timely information about clubs and activities is announced during the daily “Wildcat News” broadcast, at lunch waves, and through group emails sent by club advisors. Extracurricular offerings are subject to change based on staffing and student interests/participation levels.

- ❖ Details about each club will be provided by the club advisors. All advisors can be reached via LOLMS’ website: <http://www.region18.org/page.cfm?p=246>

- ❖ Specific dates, times and meeting places (if not already in this brochure) will be provided by the club advisors.

- ❖ All participants will be required to fill out the **BOE Policy 3600 Form** and an **Intramural Parent Permission Form**, which will be provided by the club advisors. If the intramural activity is deemed a “sports” activity, participants will be required to fill out the concussion consent form, participate in online concussion training and register on the Family ID website, see attached link: <http://www.region18.org/page.cfm?p=2177>.

Please contact Noah Ventola if you have any questions

ventolan@region18.org

Art Club: Art Club is open to any student who enjoys working with a variety of art materials and techniques. Sometimes we do crafts, sometimes we draw...it's always different! Meetings begin after the school play is over in March from 2:11-3:50 in the art room with Mrs. Halloran. Permission forms will be available at the first meeting or on Mrs. Halloran's web page. As always, snacks will be served.

- Advisor: Thelma Halloran
- Meet: Tuesdays or Wednesdays beginning in March 2019

Drama Club: Every winter, LOLMS drama club puts on one of the best middle school musicals on the shoreline! Complete with singing, acting, dancing, costumes, lighting, and so much more, all participants bond together through after school rehearsals to put on a full weekend of shows for our community. Students of all grade levels are invited to be apart of our production, either on stage or behind the scenes on stage crew. Show and audition information will be announced in the fall. This year's show will take place March 28th-31st. There will be a parent meeting, a student lunch meeting, and a packet of information that is sent home with specific information when auditions and sign-ups are announced.

- Advisor: Laura Gladd
- Meet: Monday-Thursdays 2:10-4:00pm with a few additional rehearsals in the evening/on the weekend leading up to the show. Rehearsal schedule can vary per student based on their part. Please note: students cannot participate in basketball if they are in drama club due to scheduling.

Flight Club: Taking FUN to new heights! Are you interested in how things fly? Do you want to learn how to make various types of planes and watch them soar around the ceiling? Do you want to learn more about aeronautics? Do you like fun? If you said YES to any of these questions, "Flight Club" is for you! We will build a variety of planes with the guidance of the John Koptonak, who built a glider that he used to glide off a mountain top at your age!

- Advisors: Mrs. Glorioso and Mr. John Koptonak (The Glider Guy!)
- Meet: Wednesdays after school from 2:10 - 4:00 with a few "Special Saturdays" - Start Date: October 3rd with an introductory meeting and your first glider build.

Fencing: Once a week students will be taught the art of foil fencing. Fencing is a quickly growing High School sport that combines physical fitness with mental agility. We will be introducing footwork, blade drills, and free fencing. This is your opportunity to try fencing, no experience is necessary! Experienced fencers join us for open fencing using provided electric gear. Also, give epee try. You do not need to attend every week. Please be prepared with sneakers, water bottle, and no shorts please.

- Advisor: Elizabeth Burnham- Head Coach Lyme-Old Lyme High School Fencing Team
- Meet: Thursdays after April Break. 2:15-3:45



Jazz Cats Jazz Band: Our jazz program takes place after school on Fridays and is comprised of all woodwind instruments, trumpets, trombones, baritones, and a rhythm section which includes drum-set, keyboard, bass and electric guitar (reading music is required). If you enjoy challenging, WAY cool music, come and try out! (Jazz Cats from last year do not need to audition.) Jazz band is open to 7th & 8th graders during the first half of the year, 6th graders can join by audition in January. We perform jazz standards as well as newer arrangements. Students will learn the language of jazz, jazz styles including Latin, Blues and Swing as well as improvisation. Our goal is to bring jazz music to our community and get some toes tappin'! This year, Jazz Cats will begin on Friday, Oct. 12 for 7th & 8th graders from 2:15 - 3:15 in the Band Room.

- Advisor: Carrie Wind
- Meet: Fridays 2:15 - 3:15, Oct.—June

Lego Robotics: This club combines Lego's and robotics. We will design, build, and program a robot in preparation for the First Lego League competition.

- Advisor: Bill Eydman
- Meet: Wednesdays starting in April

March Madness: The LOLMS March Madness 3v3 Tournament runs for three weeks. Teams will compete in a Round Robin format to start. Then seedings for all teams will take place based on the preliminary Round Robin results. From that point forward, all games are single elimination. There will be brackets for both boys and girls. The winners from each of the brackets will join up and play the staff in late spring.

- Advisors: Marc Vendetti & Tim Gavin
- Meet: March 14th, 2019 thru March 30th, 2019 – After school from 2:20 to 4:00 P.M.

MATHCOUNTS: MATHCOUNTS inspires excellence, confidence and curiosity in U.S. middle school students through fun and challenging math programs. MATHCOUNTS is providing today's students with the foundation for success in science, technology, engineering and mathematics careers. In addition to weekly after school meetings, the LOLMS MATHCOUNTS Club will host a school competition in late December with East Lyme Middle School, Westbrook Middle School and Old Saybrook Middle School. This school competition helps to ready our team to compete at Connecticut's Eastern Regional MATHCOUNTS competition held at the Coast Guard Academy in New London on Saturday, February 3rd. Very often LOLMS has competitors who advance to Connecticut's state MATHCOUNTS competition at the University of Hartford in March.

- Advisor: Dave Dander
- Meet: Late October, 2018 thru March, 2019, meeting once a week after school, day of week to be determined.



Potter's Club: Potter's Club is open to any student who wants to learn how to "throw" a pot on the potter's wheel. This club will be on Wednesdays and we will meet in the middle school art room with Mrs. Halloran. No experience necessary – you'll have fun learning all the basics from making a bowl to a vase! Permission forms will be available at the first meeting or on Mrs. Halloran's web page. As always, snacks are provided. Limited to 20 students

- Advisor: Thelma Halloran
- Meet: Wednesdays in the Fall beginning 9/26/18

Strive: Using a variety of activities and games designed to create unity within the group, Strive members will build leadership skills and promote positive and healthy lifestyles. Members will not only learn to advocate for themselves but for others too. Bullying, drugs, alcohol and other risky behaviors - Strive covers it all! Through the creating campaigns and helping you to stand up for what you believe in, this group is sure give you a sense of leadership and purpose. You will learn different leadership styles, find your own voice and spark conversation about how you can make a change in the community and promote positive growth in your school and make a difference in the lives of their peers.

- Advisor: Cristal DePietro, LYSB Prevention Coordinator
- Meeting Times: Mondays in the cafeteria beginning 9/17

Winter Running Club: If you enjoy a fun and relaxing run and want to stay in shape during the cold winter months, this club is for you. Runs will take place throughout February and March, weather permitting. All levels of runners are welcome! Be prepared to run outdoors.

- Advisors: Mary Roth & Phil Milnarik
- Meet: Winter (approx Feb 1) and spring...days TBD

Science Olympiad: The Science Olympiad is a nationwide organization dedicated to promoting science education through conducting competitive science tournaments. An SO tournament is much different than a traditional science fair. A science fair is intense, individual, and quiet. A Science Olympiad tournament is full of yells, cheers, and enthusiasm. The club will meet throughout the week depending on the events you choose to participate in. Meeting times will generally begin after school and may get out as late as 6:00 pm during the week. Practices will be on Tuesdays, Wednesdays, and Fridays along with 1-2 Saturdays per month. Coaches include Mrs. Glorioso and a host of community and student coaches.

- Advisor: Shannon Glorioso
- Meet: Wed and Fri (2 Sat per month) Year-Round



Ski/Snowboard Club: LOLMS Ski/Snowboard club takes trips to local hills on Sundays in January and February. More information to follow via Friday Messenger and club e-mail chain.

- Advisor: Patty Cournoyer
- Start Date: January, 2019

UPstanders Club: Allow students to promote skills in advocacy, kindness, self-awareness and interconnectedness. Students will promote a positive culture within our school community through their participation and will plan out several different school-wide activities that support these attributes. Further, the UPstanders cultivate their skills as leaders and as compassionate contributors to both the LOLMS and the community at large.

- Advisors: Renee Molnar and Susie Parodi
- Meet: Every other Wednesday from 2:20-3:30-Starting October 3rd.

Volleyball Clinic for Middle School Girls: This clinic is for MS girls to learn more about the game of volleyball and to prepare to play HS volleyball. This is an intramural club so there will be no cuts and it is not required to attend every week.

- Advisor: Erin Crayton
- Meet: Wednesdays from 2:15-4:00 in March.

Yearbook Staff: Get involved in planning and creating this year's LOLMS Memory Book. Much of the work is done on the computer, but you do not have to be a computer wiz to get involved. We need sixth, seventh and eighth graders to make this the best book yet.

Advisors: Patty Cournoyer & Sheri Staranchak

- Meet: Tuesdays, from 2:20 to 3:20, starting late October, 2017

Book Club: From Percy Jackson to Graphic Novels...Come hang out at the Book Club Bistro in Mrs. Costigan's' Room. We sit and chat about whatever you happen to be reading! Share stories and favorites! Have a snack! Do hands on crafts and activities, book displays and we even take some walking field trips to the Public Library and Nightingales Cafe'.

Advisor: Mrs. Costigan

- Meet: Tuesdays from 2:20 to 4:00 (Every other week) Starting October 16th, Dates to follow. Drop in- or come every week. We welcome everyone!

