

Environmental Control Systems, Inc. Indoor Air Quality Investigation Charles F. Patton Middle School

Executive Summary

At the request of the district, Environmental Control Systems, Inc, the district's environmental risk engineers, visited Charles F. Patton Middle School to visually assess surfaces and test the air quality in various regions of the school building. This process was completed on Wednesday, November 21 during the regular school day when school was in session. Upon their professional inspection and review, Environmental Control Systems concluded that there is no evidence of mold at Charles F. Patton Middle School.

Below is a summary of the report provided by Environmental Control Systems, Inc. You may view the complete report by clicking here.

Indoor Air Quality Investigation Report Summary - November 21, 2018

- Currently, there are no EPA, CDC or OSHA regulations or standards for airborne mold contaminants, therefore, there are no quantitative health-based guidelines, values, or thresholds for acceptable, tolerable, or normal concentrations for airborne fungi spores.
- 2. Generally speaking, indoor mold types should be similar to, and airborne concentrations should be no greater than, those found outdoors and in non-complaint areas.
- According to the EPA, there is no practical way to eliminate all mold and mold spores in an indoor environment. Spores can be found almost anywhere and can grow on virtually any substance, providing moisture is present.
- 4. Mold may begin growing indoors when mold spores land on wet surfaces. There are many types of mold, but none of them will grow without water. At the time of this investigation, there was no condensation on any horizontal or vertical surfaces as all surfaces were equal to or higher than room temperature.
- 5. No visible mold was observed and no water source for mold to grow from was evident during this assessment, therefore, no surface samples were obtained.
- 6. ECS explored non-visible and hard to reach areas, including above ceiling tiles. They did not discover any moisture and reported good air movement throughout these areas.
- 7. Based on their professional visual assessment and current indoor temperature, humidity and dew point levels, ECS concluded that further testing was not warranted.
- 8. Based on the data received during the November 21 indoor air quality risk assessment, indoor thermal conditions were well within the specific standards and guidelines ECS follows when evaluating indoor environmental risk and by definition healthy for building occupants.



Environmental Control Systems, Inc.

Environmental Engineers and Management Consultants

November 21, 2018

Mr. James Whitesel Director of Operations Unionville—Chadds Ford School District 740 Unionville Road Kennett Square, PA 19348

Re: Patton Middle School - Indoor Air Quality Investigation

Dear Mr. Whitesel:

In the capacity as the Unionville-Chadds Ford School District's environmental risk engineer, we offer you the following narrative.

On November 21, 2018, Environmental Control Systems, Inc. (ECS) conducted a non destructive visual indoor air quality risk assessment. The following areas of concern were investigated:

- 1. Room 103
- 2. Room 104
- 3. Room 107
- 4. Room 124
- 5. Room 159
- 6. Room 160
- 7. Room 204
- 8. Room 210
- 9. Room 218
- 10. Room 225
- 11. Room 245/246

Regulatory Guidance

The most common fungi are ubiquitous within our environment and we are constantly exposed to them both in the air and on many surfaces. Current filtration systems are designed to prevent a majority of these high outdoor counts from getting inside, however, the EPA states that "There is no practical way to eliminate all mold and mold spores in the indoor environment and spores can be found almost anywhere and can grow on virtually any substance, providing moisture is present". Constituents travel indoors inside through normal everyday actions such as through open doors/windows, and attaching itself to clothing, shoes, and bags. Constituents that get inside require moisture to grow mold on any organic surface (i.e.: wood, paper, plastic & carpet) so the most effective course is to limit the potential for microbial growth indoors by reducing the causes of persistent dampness. Mold growth does not require the presence of standing water; it can occur when high relative humidity or the hygroscopic properties (the tendency to absorb and retain moisture) of building surfaces allow sufficient moisture to accumulate.

Currently, there are no EPA, CDC or OSHA regulations or standards for airborne mold contaminants, therefore, there are no quantitative health-based guidelines, values, or thresholds for acceptable, tolerable, or normal concentrations for airborne fungi spores. The most commonly cited indoor air quality standards and generally accepted practices supporting acceptable indoor air quality are those established by the American Society of Heating and Air Conditioning Engineers (ASHRAE), and the American Industrial Hygiene Association (AIHA).

• ASHRAE Standards 55 & 62 provide guidelines addressing optimum achievable "thermal comfort" for occupants of buildings and system requirements which are expected to result in indoor air quality "acceptable" to human occupants.

(ANSI/ASHRAE Standard 55: Thermal Environmental Conditions for Human Occupancy establishes the ranges of indoor environmental conditions to achieve acceptable thermal comfort for occupants of buildings and ANSI/ASHRAE Standards 62.1 and 62.2 are the recognized standards for ventilation system design and acceptable IAQ).

Since there are individual differences in preferences for thermal comfort, it may not be possible to achieve an acceptable comfort level for all occupants. That being said, ASHRAE guidelines recommend 68°F to 74°F in the winter and 75°F to 80°F in the summer. as well as a relative humidity (RH) range of 30% to 60%. In addition, the required minimum ventilation rate in cubic feet per minute (CFM) per person in an educational classroom is suggested to have 15 CFM per person (students ages 5-8); and 13 CFM per person (students age 9+) **ASHRAE 62.1-2016 recommends that relative humidity in occupied spaces be controlled to less than 65% to reduce the likelihood of conditions leading to microbial growth.

• The AIHA Position Statement (Recognition, Evaluation, & Control of Indoor Mold) states that sampling for airborne mold spores can indicate whether the mix of indoor constituents is "typical" of the outdoor mix or, conversely, "atypical" or unusual at the time of airborne sampling. The AIHA suggests a useful method for interpreting microbiological results is to compare the kinds and levels of organisms detected in different environments. Usual comparisons include indoors versus outdoors, or complaint areas versus non-complaint areas. Specifically, in buildings without mold problems, the qualitative diversity (types) of airborne fungi indoors and outdoors should be similar. Conversely, the dominating presence of one or two kinds of fungi indoors, coupled with the absence of the same kind of fungi outdoors, may indicate a moisture problem and degraded air quality. Generally speaking, indoor mold types should be similar to, and airborne concentrations should be no greater than, those found outdoors and in non-complaint areas

Guidelines for Interpretation of Results

Since there are no standards which establish acceptable, tolerable, or normal concentrations for airborne fungi spores, ECS adheres to the following professional standards as sources of guidance:

- The National Allergy Bureau (NABTM) a section of the American Academy of Allergy, Asthma and Immunology's (AAAAITM) considers 'mold counts in outdoor air of 0-6499 spores per cubic meter of air as low, to 6500 to 12,999 spores per cubic meter of air as moderate, to 13,000 to 49,999 spores per cubic meter of air as high, and above 50,000 as very high'.
- The AIHA suggest that indoor mold types should be similar to and airborne concentrations should be no greater than those found outdoors and in non-complaint areas.
- ASHRAE Standards 62.1 and 62.2 (Ventilation for Acceptable IAQ) defines "Acceptable Indoor Air Quality" as "air in which there are no known contaminants at harmful concentrations as determined by cognizant authorities and with which a substantial majority (80% or more) of the people exposed do not express dissatisfaction".
- The EPA defines "Good Air Quality" as a result of: Introduction and distribution of adequate ventilation, Control of airborne contaminants, & maintenance of acceptable temperature and relative humidity.
- World Health Organization (WHO) Guidelines for Indoor Air Quality
- Environmental Protection Agency Indoor Air Quality Best Practices

Findings/Recommendations

- 1. Outdoor temperature, RH, & Dew Point obtained during the sampling event was 41°F with 43% RH, & Dew Point 20°F
- 2. Indoor temperature, RH & Dew Point obtained during this sampling event:
 - A. Room 103 73°F with 30% RH & Dew Point 39.7°F. Surface temperatures were equal to or greater than the room temperature.
 - B. Room 104 73°F with 30% RH & Dew Point 39.7°F. Surface temperatures were equal to or greater than the room temperature.
 - C. Room 107 75°F with 24% RH & Dew Point 35.7°F. Surface temperatures were equal to or greater than the room temperature.
 - D. Room 124 75°F with 24% RH & Dew Point 35.7°F. Surface temperatures were equal to or greater than the room temperature.
 - E. Room 159 79°F with 22% RH & Dew Point 36.9°F. Surface temperatures were equal to or greater than the room temperature.
 - F. Room 160 75°F with 22% RH & Dew Point 33.6°F. Surface temperatures were equal to or greater than the room temperature.
 - G. Room 204 75°F with 24% RH & Dew Point 35.7°F. Surface temperatures were equal to or greater than the room temperature.
 - H. Room 210 73°F with 26% RH & Dew Point 36.1°F. Surface temperatures were equal to or greater than the room temperature.
 - I. Room 218 75°F with 25% RH & Dew Point 36.8°F. Surface temperatures were equal to or greater than the room temperature.
 - J. Room 225 72°F with 24% RH & Dew Point 33.2°F. Surface temperatures were equal to or greater than the room temperature.
 - K. Room 245/246 75°F with 25% RH & Dew Point 36.8°F. Surface temperatures were equal to or greater than the room temperature.
- 3. No visible mold was observed during this assessment, therefore, no surface samples were obtained. Mold may begin growing indoors when mold spores land on wet surfaces. There are many types of mold, but none of them will grow without water. At the time of this investigation, there was no condensation on any horizontal or vertical surfaces as all surfaces were equal to or higher than room temperature.

Conclusion

It is the opinion of Environmental Control Systems, Inc. that based on the data received during the November 21, 2018 indoor air quality risk assessment, indoor thermal conditions were well within the specific standards and guidelines we follow, (World Health Organization, Environmental Protection Agency, American Society of Heating and Air Conditioning Engineers, and the American Industrial Hygiene Association), when evaluating indoor environmental risk and by definition be healthy for building occupants.

Mr. Whitesel, should you have any further questions, please feel free to contact us.

Respectfully Submitted,

Wayne R. Pistoia, MSE, PE, NSPE

Operations Director

Environmental Control Systems, Inc.

<u>Attachment A: -</u> <u>Recommendations & Guidelines for Acceptable Thermal Comfort & Moisture Control</u>

A practical guide to indoor air quality (IAQ) cannot overlook temperature and humidity, because thermal comfort concerns underlie many complaints about "poor air quality." Furthermore, temperature and humidity are among the many factors that affect indoor contaminant levels. Thermal comfort is determined by the room's temperature, humidity and air speed. There are many additional factors such as activity level, clothing, age, gender and health status that affect the comfort of the occupant(s). Thermal discomfort is also a common complaint of building occupants. There are individual differences in preferences for thermal comfort, so it may not be possible to achieve an acceptable comfort level for all occupants. The normal levels of relative humidity and temperature for indoor air will also vary widely from region (climate) to region (climate).

Individuals can also vary widely as to what they find acceptable. Since thermal comfort is subjective to the individual, indoor air quality is not regulated. However, the EPA, CDC, and OSHA follow recommended guidelines published by the American Society of Heating, Refrigerating, and Air Conditioning Engineers, Inc. (ASHRAE) who provide guidelines intended to satisfy the majority of building occupants wearing a normal amount of clothing while working at a desk. Guidelines are listed above.

- ASHRAE Standard 62.1-2016, "Ventilation for Acceptable Indoor Air Quality", plus ASHRAE BOD approved addenda requires that relative humidity levels be designed to be limited to 65% or less for mechanical systems with dehumidification capability. For other mechanical system types or where spaces are not served by mechanical systems, Standard 62.1 has no humidity limitations. ASHRAE Standard 55-2013, "Thermal Environmental Conditions for Human Occupancy", plus ASHRAE BOD approved addenda relates reported human comfort to temperature and humidity levels, and establishes a range of temperatures and humidity levels that are considered comfortable by 80% or more of the test subjects. The Standard requires that systems designed to control humidity must be able to maintain a dew point temperature of 16.8°C (62.2°F). There are no established lower humidity limits for thermal comfort; consequently, Standard 55 does not specify a minimum humidity level. However, non-thermal comfort factors, such as skin drying, irritation of mucus membranes, dryness of the eyes, and static electricity generation, may place limits on the acceptability of very low humidity environments
- Moisture problems can have many causes, including water intrusion (leaks), condensation, and uncontrolled high humidity. Therefore, it is important to prevent moisture problems in buildings. Modest wetting and drying in buildings and in ventilation systems is normal and generally poses little risk for occupant health. Similarly, very brief episodes of wetting are not usually a problem provided that steps are taken to rapidly dry all materials. "Dampness" is the presence of unwanted and excessive moisture in buildings. This can lead to the growth of mold, fungi, environmental bacteria.

- The dew point is defined as "the temperature at which air becomes saturated with water vapor; the temperature at which air has a relative humidity (RH) of 100 percent."
 - o In order to reduce the moisture level in air during periods of high outdoor humidity:
 - 1. Exterior air leaks should be sealed.
 - 2. Indoor air movement should be constant and/or increased during unoccupied periods, since HVAC system controls typically reduce or eliminate outdoor air ventilation at these times. The timing of occupied and unoccupied cycles should be adjusted such that the building is flushed by the ventilation system before occupants arrive
 - 3. Conditioned space temperature should be higher than the dew point to prevent indoor condensation. Condensation should not occur when the temperature of a material is above the dew point. The lower the temperature of a material, the more water vapor it will pull out of the air. Where you have cool surfaces (*i.e.*, below the dew point), you need to keep humid air to a minimum. Where you have humid air, you need to keep the neighboring surfaces above the dew point.
 - 4. Dew point is a predictive measure that indicates the temperature at which moisture in the air will reach 100% and condense onto a surface. It can be a useful measure for controlling moisture levels to avoid mold growth because it is usually very easy to determine the temperature of the coldest surfaces within a building. To ensure high moisture levels or condensation does not occur on those surfaces, dew point levels in the air should be controlled in the building to below temperature of the coldest surfaces in a space
 - 5. Areas should be dehumidified to less than 65% RH using dehumidifiers and/or reheating the area of concern during unoccupied times. Reheating is a form of simultaneously cooling and then heating to enhance dehumidification. A 1°F change in room temperature (in either direction) can change the relative humidity by 2% (in the opposite direction).
 - 6. Methods of reheating include direct or indirect gas-fired heating; hot water heating; hot gas reheating for refrigeration-based units; and electric heating.