


Monday
Tuesday
Wednesday
Thursday
Friday
1

***New Year's Day
No School***

2

Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

3

Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 Sidekicks 100% Juice Cups

4

Cheese or Pepperoni
 Pizza
 Crisp Romaine Salad
 Banana

7

Assorted Cold Sandwiches
 Or Munchable
 Baby Carrots
 Fruit Cup

8

Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

9

Chicken Patty
 on Whole Wheat Bun
 Baked Beans
 Pears

10

Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 100% Juice

11

Hot Dogs
 On Whole Wheat Bun
 Green Peas
 100% Juice

14

Assorted Cold Sandwiches
 Or Munchable
 Baby Carrots
 Fruit Cup

15

Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

16

Corndog Nuggets
 Cape Cod Chips
 Baked Beans
 Frozen Blueberries with
 Whipped Topping

17

Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 100% Juice

18

Cheese or Pepperoni
 Pizza
 Crisp Romaine Salad
 Banana

21

***Martin Luther King Day
No School***

22

Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

23

Hamburger or Cheeseburger
 On WW Bun
 Baked Beans
 Fruit Cup

24

Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 100% Juice

25

Zoo Crew Chicken Nuggets
 Seasoned Brown Rice
 Green Peas
 Fruit

28

Assorted Cold Sandwiches
 Or Munchable
 Baby Carrots
 Fruit Cup

29

Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

30

Chicken Tenders
 Mashed Potatoes
 Green Beans
 Diced Pears

31

Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 100% Juice

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Assorted Cold Sandwiches options are Turkey, Ham, PB&J, PB&Fluff, Cheese. Alternate meals include Bone Builders & Munchables.
- Bone Builder Plate with cereal or breakfast pastry, yogurt, cheese stick, and fruit or 100% Juice, and daily vegetable option.
- Munchables WG crackers or pretzels, lean deli meat or peanut butter, low fat cheese, fruit, and vegetable packaged in an easy to grab container!
- Menu subject to change as needed
- WG=Whole Grain, WW=Whole Wheat

