


Monday
Tuesday
Wednesday
Thursday
Friday
1

***New Year's Day
No School***

2

Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

3

Cheese or Pepperoni
Pizza
Crisp Romaine Salad
Banana

4

Assorted Cold Sandwiches
Or Munchable
Cucumber Dippers
Sidekicks 100% Juice Cups

7

Assorted Cold Sandwiches
Or Munchable
Baby Carrots
Fruit Cup

8

Chicken Patty
on Whole Wheat Bun
Baked Beans
Pears

9

Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

10

Hot Dogs
On Whole Wheat Bun
Green Peas
100% Juice

11

Assorted Cold Sandwiches
Or Munchable
Cucumber Dippers
100% Juice

14

Assorted Cold Sandwiches
Or Munchable
Baby Carrots
Fruit Cup

15

Corndog Nuggets
Cape Cod Chips
Baked Beans
Frozen Blueberries with
Whipped Topping

16

Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

17

Cheese or Pepperoni
Pizza
Crisp Romaine Salad
Banana

18

Assorted Cold Sandwiches
Or Munchable
Cucumber Dippers
100% Juice

21

***Martin Luther King Day
No School***

22

Hamburger or Cheeseburger
On WW Bun
Baked Beans
Fruit Cup

23

Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

24

Zoo Crew Chicken Nuggets
Seasoned Brown Rice
Green Peas
Fruit

25

Assorted Cold Sandwiches
Or Munchable
Cucumber Dippers
100% Juice

28

Assorted Cold Sandwiches
Or Munchable
Baby Carrots
Fruit Cup

29

Chicken Tenders
Mashed Potatoes
Green Beans
Diced Pears

30

Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

31

Cheese or Pepperoni
Pizza
Crisp Romaine Salad
Banana

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Assorted Cold Sandwiches options are Turkey, Ham, PB&J, PB&Fluff, Cheese. Alternate meals include Bone Builders & Munchables.
- Bone Builder Plate with cereal or breakfast pastry, yogurt, cheese stick, and fruit or 100% Juice, and daily vegetable option.
- Munchables WG crackers or pretzels, lean deli meat or peanut butter, low fat cheese, fruit, and vegetable packaged in an easy to grab container!
- Menu subject to change as needed
- WG=Whole Grain, WW=Whole Wheat

