

CaMS PANTRY PACKS

What: Pantry Packs provide small meals/snacks for qualifying Carmel Middle School students who need food assistance.

When: Weekly food distribution throughout the school year.

Why: Similar programs exist at the elementary and high school levels. Middle school students' nutritional needs will be met through a partnership between CaMS PTO and school administration.

How: You can help by either donating food items or making a financial contribution.

Where: Place food donations in the Pantry Packs bin located just inside the Carmel Middle School main entrance. Submit checks to the main office.

Questions:

Contact Anne-Marie Monty or Amanda Swearingen at
CMSPantryPacks@gmail.com

WHAT WE COLLECT

Peanut butter (16 oz)
in plastic jar
Jelly (18 oz.) in plastic jar
Canned tuna
Canned soup
Canned vegetables
Canned fruit
Ravioli or Spaghetti O's
Ragu in plastic jar/can
Boxes of pasta
Ramen noodles
Rice / Pasta meals
Mac-n-cheese
Instant oatmeal
Breakfast cereal in
individual boxes
Granola bars
Fruit/Pudding cups
Applesauce cups
Peanut butter crackers
Fruit snacks
Microwave popcorn
Juice boxes

\$\$ DONATIONS

Give online at
www1.ccs.k12.in.us/cam/pto or make checks payable to CaMS PTO—
Write "Pantry Packs" in memo line.

BENEFITING

CaMS students who qualify through the Counseling Dept.

