

# The Penguin Cassette

## Letter From the Editor

*Rothery Sullivan*

Welcome to the first edition of the Penguin Cassette, a biweekly newspaper created for the Maine School of Science and Mathematics. Let me introduce myself: I am the editor and founder of the Penguin Cassette, Rothery Sullivan. I am currently a senior at MSSM and am very excited to begin this journey with all of you. My main goal for the newspaper is to spread information about the special community that we have here at MSSM. As a paper, we intend to report on school wide events, people, clubs, and other interesting occurrences that happen both in the residential and academic parts of our lives. In order to complete such a task, I ask for your support throughout this process, whether it be reading our paper, contributing articles, sending in photographs, or participating in our interactive sections. My hope is that this paper will help us, as a community, come closer together and create a better understanding of our world here at MSSM. I hope you enjoy the first edition of the Penguin Cassette.

## Ask Ash & Marcello: Advice Column

*Ashlynn White & Marcello Santomenna*

Welcome to the MSSM Advice Column! We hope that students will look to this section of the paper to see tips and tricks on how to ease your way through the years here in Limestone. To improve an already smooth start, feel free to send in questions for Marcello and Ash to answer or even your own advice that you would like to share with the rest of the student body. Thank you!

### *Tip 1: Stress*

At first, the workload at this school may seem very intimidating, striking fear into the hearts of first-years all around. Most people at MSSM have experienced such stress, so don't panic due to the thought that you are going through this anxiety alone. If this puts you on the verge of tears, cry. Those salty drops of water dripping down your cheeks release the worry so that you can think more clearly. Talk to a returner and seek assistance from one that has taken your classes before. Reach out to those in a similar situation so that you can work together. Mostly, just remember that this stress will pass, and soon enough, it will be the weekend!

## The Thread...

*Marcello Santomenna*

**THE SYMPTOMS WERE EVERYWHERE AT FIRST.** Everybody saw them, some later, some earlier than others. Nobody could do anything to stem the spread, and each attempt only fueled the flames. Continued on the back page...

## Trivia SMACK

*Noah Burke*

**Question #1:** This artist was kicked out of his first professional band for being too glamorous and upstaging the lead, among other things. He then went on to create many influential albums, invent a music genre, and work with many other famous artists such as David Byrne, David Bowie, and U2.

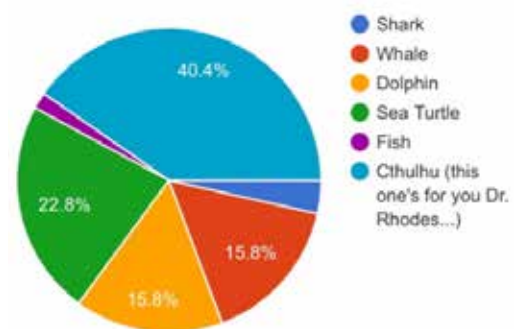
**Question #2:** What was a common illness among watch manufacturers in the early 1900's?

**Question #3:** Where are the prawns? (email Noah with answers and you will be entered into a drawing for a prize)

## Say What ?

*“We should start the transition to the metric system, inch by inch.”*  
- Anonymous

**If You Could Be an Ocean Animal for 24 Hours, What Would You Be?**



# Club News with Anna Foo

**Cooking Club** had their first two events of the year! On September 7th, 7 members baked a delicious Chocolate cake, the recipe can be found at [iambaker.net/best-chocolate-cake-recipe/](http://iambaker.net/best-chocolate-cake-recipe/). On September 8th, another 8 members made Fried rice.

On September 8th, **LARP Club** had their Star Wars themed event, the first event of the year. In the end, the Rebels set off 5 crates of explosives that were located in a storage room. As a result, the shipyard was destroyed and almost no survivors were found.

This years' members of **A Cappella** have been determined; Hannah Zimmerman, Jay Philbrick, Julia Malcolm, Alora Walker, Taylor Fogue, Jialan Deal, Michael Delorge, and Marcello Santomena. We can't wait to hear you perform!

**Key Club** and the **Admissions Ambassadors** assisted the Cafeteria host Bike Maine on September 9th. This was no easy task with 435 Bikers going through. Key Club members helped prep in the days leading up to the event. Admissions Ambassadors provided help in keeping the food from getting low and keeping everything in order.

Mr. Melega held an informational meeting for **Youth in Government** on September 11th.

## Club Meeting Times *(More can be found on the Extracurricular Calendar)*

<b>Gainz Club:</b>	M-T-F- Su - 7:30-8:30; 8:30-9:30	W 7:30-8:30 Th-Sa Rest Day
<b>Karate Club:</b>	Sunday at 1pm Bi-weekly	
<b>Machine Learning Club:</b>	Sunday at 1pm in the Makerspace	
<b>Girl Up:</b>	Wednesday during lunch in B101	
<b>ASL Club:</b>	Friday at 4pm in Dr. Pechenick's Room	
<b>French Club:</b>	Monday at 1:05 in Mr. Desneiges' Room	
<b>Gardening Club:</b>	Thursday at 3:30pm in the Greenhouse, Bi-weekly	
<b>Photo Club:</b>	Friday at 1pm in Dr. Hamlin's Room	
<b>Newspaper/Media Club:</b>	Wednesday at 1:00 in B101	

## Easy Dorm Recipe: Microwave Ramen

Ryan Oh

While living in the dorm, ramen will be one of the most consumed food over the year. However, going all the way down to kitchen to just cook ramen takes too much effort. For those who want to have quick served meal, learning how to cook ramen in microwave is important.

1. Prepare big enough mug cup and ramen.
2. Break down ramen and put it into a mug
3. Pour water in and microwave it for 3 min to 5 min
4. Enjoy!



# International Corner

**IT IS ESSENTIAL TO UNDERSTAND** cultural background of a person that you tend to correlate. MSSM students should be aware of this since we have international students who have totally different cultural background, which could easily bring misunderstanding or conflict in some ways. One of the most effective way to learn one's cultural background is trying their food.



Food is one aspect that tends to develop according to the social, cultural, and economical factors. In other words, food carries the history of one culture, directly related to human lifestyle ; latitude, climate, weather, landforms, and patterns of economic organization.

Some places, food uses local ingredients which only takes habitat in that area. In other words, it is hard to raise it from other areas or it is not produced enough to export it. For example, there are yellow flower in Mongolia or Burrumundi Fish in Australia.

Difference can occur based on convention and habit too. For example, it is common to bake the ingredients in western countries, use huge amount of spice in India, fry the ingredients in China, boil the ingredients in Korea, and leave as it is in Japan.

Understanding why foods have changed over time, does help us to understand the different cultural backgrounds. Moreover, eating delicious food together and introducing it to each other develops each other's perspectives towards other region to be much more mile and have less prejudices. This seems another way to globalize and harmonize between people form different areas all around the world, with minimum amount of conflict.

## The Streevy Sports Update

*Toben Streevy*

The boys soccer team had a close first game, but after a few losses of team members, the team looked in good shape! They are finding their rhythm and bonding as a team! Score 0-1 Katahdin

The girls soccer team also lost their first game, but they went back to practice on Monday ready to kick some butt further into the season! Score 4-0

The cross country runners ran their hearts out on Saturday as well. Both Sawyer LaChance and Jay Philbrick ran sub 20 minute races and Madi McCarthy placed 2nd in her division! The girls team came in fourth and the boys finished in tenth, even against some Class B division schools. With only six girls at the meet for MSSM, this was a great accomplishment.



## Wish Our Teams Luck on Their Upcoming Events

Boys and Girls Soccer	at Wisdom	Thursday, September 13
Boys and Girls Cross Country	at Presque Isle	Friday, September 14
Boys and Girls Cross Country	at Madawaska	Tuesday, September 18
Boys and Girls Soccer	at SACHS	Wednesday, September 19

**WHILE LIMESTONE, MAINE** has not been experiencing any major hail storms or tornadoes, there have been some ups and downs regarding the heat. While the beginning of this previous week has had a slight fall chill in the air, there is hope of the summer heat returning this weekend. However, upon our return to MSSM, the forecast only predicts much rain and little sunshine. We can only hope that these predictions are wrong; hopefully we will get to enjoy our last few day of summer.

## The Weather with Rothery

## The Thread (continued)

The Thread grew and changed. There were some out there, some malicious, who actively contributed to it. And so, sometimes, those people would cause a pop-up, an unread email, and everyone would sigh, knowing that if they retaliated, the problem would only become worse. So they talked amongst themselves, some quiet mutterings of discontent. Although most people were meek, there were a few vigilantes who were not so. They prepared spiteful, sarcastic messages, and without hesitating, they hit 'Reply All.' And so, with every message sent, the chain grew longer, and the recipients more spiteful. Some looked to the only power they knew: the IT Office. But the Office does not interfere often and therefore was no help. Some appealed directly to the creators of The Thread, but they had no power over the beast they created. So some resigned to wait for the thread to die down, and others chronicled it. So now, a year out, The Thread is documented, and shown to first-years on occasion, its legacy and effects living on.

# Fun Facts

*Jialan Deal*

**DWIGHT D. EISENHOWER** was the first president of all 50 states. Hawaii entered the union on August 21st, 1959, during his second term.

**IT TAKES 95 TO 100 YEARS** for a saguaro cactus reach a height of 15-16 feet and begin to produce an arm. The cactus will reach its full size by the age of 200 which can be upwards of 45 feet.

**THE BODY HAS TWO TYPES** of sweat glands, eccrine and apocrine. Eccrine produces sweat that is mostly water and designed to cool the body down. Apocrine glands release proteins and lipids that bacteria feeds off, producing an odor (probably what makes the dorms smell so bad)

**THE DOLDRUMS** are an area along the equator where there is little to no wind. This is because the north and south trade winds meet near the equator and cause an upwards wind, so there are no regular surface winds.

**PUTTING FRUIT IN A PAPER BAG** helps ripen it. This is due to the bag concentrating ethylene gas which makes fruit ripen faster.

# Reslife update

A Ping Pong tournament with Mr. Bartlett is starting on Sep.15th, the winner gets 25\$ Walmart/ Amazon gift card! Res Life has been very active thus far this year! So far they have put on events such as "Deal or No Deal", trips to Caribou for treats, and movies such as Ready Player One! Students have been enjoying these interactive events that help to bring the community closer together. Furthermore, there are some more exciting events coming up in the next few weeks:

Tues 9/18	Mr.Bartlett	Grilled Cheese/Cereal Bar	Dorm	6-8 PM
Fri 9/21	Mr.Parker	80s Jeopardy	Lower Lounge	7-8 PM
Fri 9/21	Mr.Parker	Back to the Future Movie	Parker's Apt	8-10 PM
Fri 9/21	Ms.Pelkey	E.T. Movie	Pelkey's Apt	8-10 PM
Fri 9/21	Ms.Havens	Presque Isle Dinner Trip		6-8:30 PM
Fri 9/21	Mr. Bartlett	Soccer Fan Van	Van Buren	4:30-9 PM
Sat 9/22	Mrs.Perez	NES Games	Lower Lounge	6-8 PM
Sat 9/22	Mr.Bartlett	80's Food	Vets Gym	7-9 PM
Sat 9/22	Mr.Parker	80's Dance	Lower Lounge	7-8:50 PM
Sat 9/22	Mr.Parker	Rubik's Cube Comp	L. Lounge	4-5 PM
Sun 9/23	Mr.Mitchel Bartlett	Caribou Trip		7-8:20 PM
Sun 9/23	Ms.Havens	Open Swim	Pool	4-5 PM
Mon 9/24	Mr.Bartlett	Senior Trip	Caribou	8-9:30 PM

Interested in writing for the Penguin Cassette? Email [newspaper@mssm.org](mailto:newspaper@mssm.org)

Why is it called the Penguin Cassette? Stay tuned and we will tell you later.

# This Week In History

Annette Mubang



## Monday 9/10:

**TODAY IN 1776, NATHAN HALE VOLUNTEERS TO BE A SPY** behind British lines of the Revolutionary War. Disguised as a Dutch schoolmaster Hale successfully gathered information about British troop movements for the next several weeks. On September 21, 1776, Hale was captured while sailing Long Island Sound, trying to cross back into American-controlled territory. He was interrogated by British General William Howe and, when it was discovered that he was carrying incriminating documents, General Howe ordered his execution for spying, which was set for the following morning. After being led to

the gallows, legend holds that Hale was asked if he had any last words and that he replied with these now-famous words, "I only regret that I have but one life to give for my country."

## Tuesday 9/11:

### SEPTEMBER 11TH MARKS 17TH ANNIVERSARY

of the treacherous terrorist attack on the World Trade centers and the Pentagon. The three Boeing airplanes crashed head on into these buildings leaving an impact on the victims who experienced the horrific events that day and on America in years to follow. After the events of that fatal day, George Bush delivered a televised address saying, "Terrorist attacks can shake the foundations of our biggest buildings, but they cannot touch the foundation of America. These acts shatter steel, but they cannot dent the steel of American resolve."



## Wednesday 9/12:

**IN 1940 FOUR TEENAGERS NEAR MONTIGNAC, FRANCE** stumbled upon 15,000-17,000 year old cave paintings. Their dog had run off into the Lascaux grotto where the boys met the gallery of decorated walls with approximately 600 paintings and drawings and 1,500 engravings. Archeologists later came to the conclusion that the cavern was a hub for hunting and religious rituals. A replica of the cave was created nearby in 1983 and attracts tens of thousands of visitors annually.



*Continued ...*



### Thursday 9/13:

TODAY IN 1814, FRANCIS SCOTT KEY, WROTE THE POEM “Defence of Fort McHenry” which in 1931 was turned into the star spangled banner. Key witnessed the War of 1812 in Maryland and was not spires by a lone U.S. flag flying over Fort McHenry at dawn. With this image came the famous words, “And the rocket’s red glare, the bombs bursting in air, Gave proof through the night that our flag was still there.”

### Friday 9/14:

SEPTEMBER 14TH, 1984 MARKS THE FIRST MTV Video Music Awards at Radio City Music Hall in New York City. The award show was hosted by Bette Midler and Dan Aykroyd with the highest awarded artists being Herbie Hancock and Michael Jackson. Some other notable award winners were Cyndi Lauper for Best Female Video Moonman and The Police for Best Cinematography in a Video. Since their first show in 1984 there has been 35 award shows with about 7 million viewers a year.



# Person of the Month

**SYLVIA MENDEZ WAS BORN IN CALIFORNIA WHEN SEGREGATION IN SCHOOLS WAS RAMPANT** throughout the U.S., so when Mendez was denied from attending a “Whites only” school her parents gathered families in her local community to file a lawsuit in the local federal court. Mendez, at only 8 years old, helped in the case by showing that Hispanic students were able to speak English and therefore had the capacity to learn in the same environments. The success of this case lead to the eventual end to segregated education nationwide.



On February 15, 2011, Mendez was awarded the Presidential Medal of Freedom for her activist work.