

# HEALTHY SAVINGS



Eating healthier just got easier! Save money on a variety of foods with the Medica Healthy Savings program. Healthy Savings allows you to save on foods that help you take charge of your health and achieve your wellness goals.



## How it works

If you live near a participating store, you'll be enrolled automatically in the program. Just watch your mailbox for more information and your Healthy Savings card. There's no extra cost for Healthy Savings; it's just another benefit of being a Medica member!

Each week, featured healthy promotions are pre-loaded onto your Healthy Savings account. You can shop for the promotions at any of our participating grocery stores. You can customize grocery lists, and even use a smartphone in the store to find the specials you want.



LUNDS & BYERLYS



Scan your Healthy Savings card or mobile app at checkout and save instantly on healthy foods in every food group—dairy, fruit, vegetables, proteins, and grains. During the summer months, you can even save on healthy produce at participating farmers markets.



## Get the mobile app

Download the Healthy Savings mobile app from the App Store or Google Play to get savings on your smartphone. The app features customized messages, personalized lists, store locations and a mobile barcode to use at checkout.

Visit [medica.com/healthysavings](http://medica.com/healthysavings) for more information.

**Buy healthy. Eat healthy. Be healthy.**

\*Healthy Savings currently available at Knowlan's Festival Foods Minnesota locations only.

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SAVINGS  
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