

HEALTH CLUB REIMBURSEMENT



240 MORE REASONS TO GET FIT

Looking for reasons to go to the gym? Join Fit ChoicesSM by Medica and earn up to a \$20 credit each month toward your health club dues when you meet your monthly visit requirement. That's up to \$240 a year.

Getting started is simple:

- Find a participating health club near you and learn more about Fit Choices at medica.com/fitchoices. The program includes many national, regional and local health clubs.
- Visit the health club and present your Medica ID card.
- Work out at your club. The club tracks your visits and notifies Medica.
- Meet your monthly visit requirement and receive up to a \$20 credit toward your monthly health club dues.*

To make sure you are eligible or to learn about your monthly visit requirement and credit, call Customer Service. The number is on the back of your ID card.



Go to medica.com/fitchoices for more information about Fit Choices.

*If your monthly dues are less than \$20, you'll receive credit for the amount of your dues. Up to two members per eligible Medica policy can earn the \$20 credit per month with a single or family health club membership. A maximum of two \$20 credits per month. Eligible members must be 18 years of age or older to receive the credit.