

*Support is  
one call away*



GET SUPPORT FOR YOUR  
HEALTH CONCERNS—24/7

## Medica CallLink®

Medica CallLink connects you with advisors and nurses around the clock. When you call, you'll receive trusted answers, information and support for a wide range of health concerns. More good news? This service is available at no additional cost to you, as part of your health plan.

Connect with CallLink to get answers to your health-related questions:

- Learn more about a diagnosis
- Decide what type of care meets your needs
- Understand symptoms and treatment options
- Create a plan for adding healthy habits to your routine
- Understand how to take medications safely and effectively
- Find a doctor or hospital and schedule an appointment
- Get information about preventive screening services like health screenings and immunizations

Advisors and nurses are available  
anytime, 24 hours a day, 365 days a year.

Talk with an advisor or  
nurse at 800-962-9497.

TTY users, call 711.

You can also chat live  
online with an advisor or  
nurse by logging on to  
[mymedica.com](https://www.mymedica.com).