

Parkland High School Lunch Menu January 2019

Monday

Tuesday

Wednesday

Thursday

Friday



1

HAPPY NEW YEAR

(no school)

2 The Main Events

mozzarella sticks w/ sauce
cheeseburger on roll

Sidelines

dinner roll

3 The Main Events

chicken tenders
hot dog on roll

Sidelines

french bread stick

4 The Main Events

meatball sub
chicken patty sandwich

Sidelines

mini potato pancakes

7 The Main Events

turkey sausage patty
yogurt

Sidelines

french toast sticks
hash brown rounds

8 The Main Events

chicken fajita
cheeseburger on roll

Sidelines

steamed brown rice

9 The Main Events

mac & cheese
chicken patty sandwich

Sidelines

dinner roll

10 The Main Events

chicken fryz
hot dog on roll

Sidelines

pierogies
baked beans

11 The Main Events

cheesesteak on roll
chicken nuggets

Sidelines

tater tots

Additional daily choices:

“The Main Event” include pizza, salad bar, pasta bar, sandwich, wraps, and PBJs

“Sidelines” include side salad bar, bagged carrots, steamed vegetable, and 3 different fruits choices

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

Monday	Tuesday	Wednesday	Thursday	Friday
14 The Main Events mini corn dogs cheddar cheese meatloaf sandwich on roll Sidelines mashed potatoes w/gravy	15 The Main Events trojan chicken bowl mozzarella sticks w/sauce Sidelines dinner roll	16 The Main Events nachos w/Bush's taco fiesta black beans turkey & cheese melt on pretzel bun Sidelines steamed brown rice	17 The Main Events meatball parm sub hot dog on roll Sidelines dinner roll	18 The Main Events toasted cheese sandwich chicken nuggets Sidelines dinner roll cream of tomato soup
21 Professional Development Day (no school)	22 The Main Events chicken patty sandwich stuffed crust sticks w/sauce Sidelines baked beans	23 MID TERMS EARLY DISMISSAL No Lunches Served *subject to change	24 MID TERMS EARLY DISMISSAL No Lunches Served *subject to change	25 The Main Events egg mctrojan yogurt Sidelines french toast sticks tater tots
28 The Main Events mozzarella sticks w/ sauce cheeseburger on roll Sidelines dinner roll	29 The Main Events chicken tenders hot dog on roll Sidelines french bread stick	30 The Main Events walking taco w/Bush's taco fiesta black beans chicken nuggets Sidelines steamed brown rice	31 The Main Events parkland deli hoagie mini corn dogs Sidelines french fries	

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Breakfast Menu

Middle Schools and High School

Monday	Tuesday	Wednesday	Thursday	Friday
mini pancakes	egg, turkey sausage, & cheese on english muffin	mini turkey sausage wrapped in pancake	egg, turkey sausage, & cheese on english muffin	mini waffles
OR	OR	OR	OR	OR
donut, wg	cereal, wg and yogurt, 4 oz	donut, wg	cereal, wg and yogurt, 4 oz	donut, wg
OR	OR	OR	OR	OR
bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese
OR	OR	OR	OR	OR
PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich



**breakfast includes choice of fruit,
juice, and milk**

**student prices: \$.00 to free
 \$.30 to reduced
 \$1.60 to paid**