

# Welcome to the Wellness Center

Your Family Wellness Center Experience

Find this and more at: [elmbrookschoools.org/wellnesscenter](http://elmbrookschoools.org/wellnesscenter)



Compensation – Benefits – Training – Wellness – Retirement

[elmbrookschoools.org/departments/total-employee-rewards](http://elmbrookschoools.org/departments/total-employee-rewards)

# Schedule an Appointment

Call the Scheduling Center

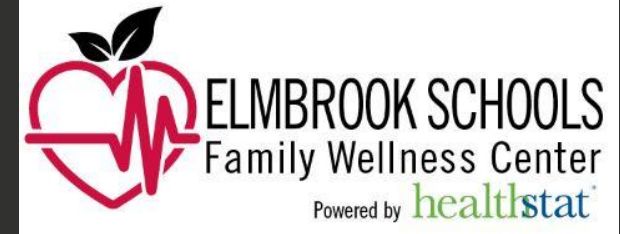
866-959-9355

For Immediate Need

Call the Direct Line to speak with Center staff

(During Office Hours)

262-214-1101



17000 W. North Avenue  
Suite 100E  
Brookfield, WI

## Office Hours

Monday	7am-5pm
Tuesday	9am-7pm
Wednesday	9am-7pm
Friday	6am-11am

Learn more at:  
[elmbrookschoools.org/wellnesscenter](http://elmbrookschoools.org/wellnesscenter)

# Meet Kegan Arnold

## Certified Medical Assistant (CMA)



- Check-In and Vitals
- Certified Phlebotomist (Blood Draws)
- Administers Meds & Injections
- Assists Nurse Practitioner (DNP) with care and treatment
- Check-Out



17000 W. North Avenue  
Suite 100E  
Brookfield, WI  
Scheduling 866-959-9355  
Direct Line 262-214-1101

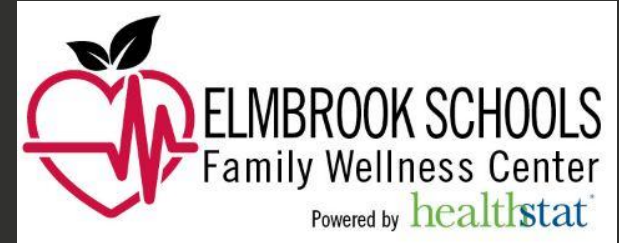
### Office Hours

Monday	7am-5m
Tuesday	9am-7pm
Wednesday	9am-7pm
Friday	6am-11am

Learn more at:  
[elmbrookschoools.org/wellnesscenter](http://elmbrookschoools.org/wellnesscenter)

# Meet Kalee Cambray

## Doctorate in Nurse Practice (DNP)



- Experienced in:
  - Primary Care
  - Internal Medicine
  - Pediatrics
  - Urgent Care
  - Emergency Medicine
- Licensed in WI:
  - Diagnose
  - Treat
  - Write Prescriptions
  - Dispense Medications



17000 W. North Avenue  
Suite 100E  
Brookfield, WI  
Scheduling 866-959-9355  
Direct Line 262-214-1101

### Office Hours

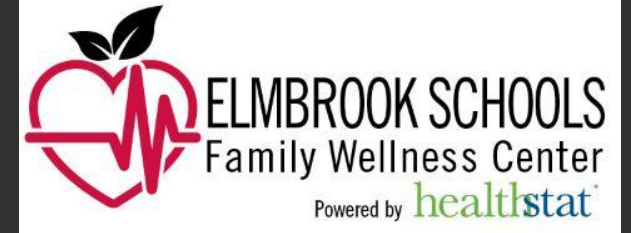
Monday	7am-5pm
Tuesday	9am-7pm
Wednesday	9am-7pm
Friday	6am-11am

Learn more at:  
[elmbrookschoools.org/wellnesscenter](http://elmbrookschoools.org/wellnesscenter)

# Services Sampling

## Preventive Care

- Physicals, incl. Women's Care
- Lab Work & Vaccinations
- Wellness Screenings & Coaching



## Medications

- Dispensed in Center
- Written for Pharmacy

## Acute/Urgent Care

- Illness/Infections
- Cuts/Stitches
- Muscle & Joint Pain
- Skin Disorders

## Disease Management

- Allergies/Asthma
- Diabetes
- High Blood Pressure & Cholesterol



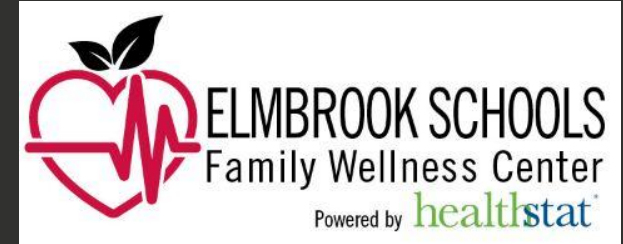
Learn more at:  
[elmbrookschoools.org/wellnesscenter](http://elmbrookschoools.org/wellnesscenter)

# Pre-Pack Generic Meds Available\*

With Rx from Wellness Center Nurse Practitioner, Kalee Cambray

\$0 Cost

Subject to Deductible, Then \$0



## Allergy/Asthma

Albuterol Sulfate  
Cetirizine Hydrochloride (OTC)  
Fluticasone Propionate (OTC)

## Stomach (GERD)

Esomeprazole (OTC)  
Omeprazole (OTC)

## Preventive (BP, Cholesterol)

Amlodipine Besylate  
Atenolol  
Atorvastatin Calcium  
Benazepril HCl  
Hydrochlorothiazide/(HCTZ)  
Lisinopril  
Losartan Potassium  
Lovastatin  
Simvastatin

OTC – Over the Counter

## Antibiotic

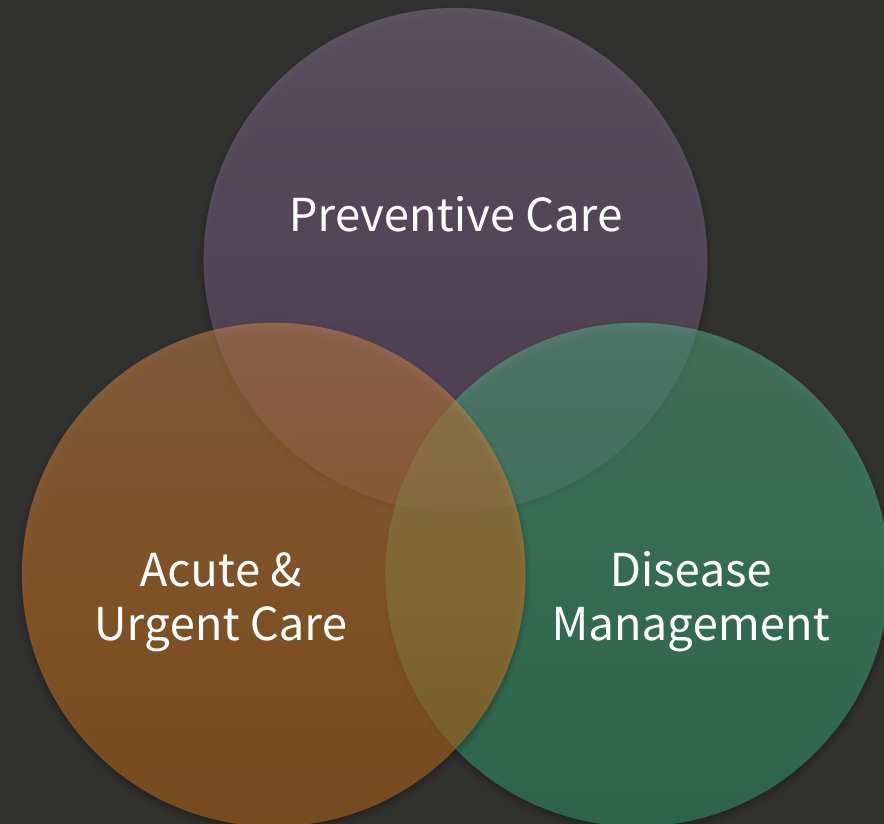
Amoxicillin/Potassium Clavulanate  
Amoxicillin  
Azithromycin  
Cephalexin  
Sulfamethoxazole/Trimethoprim

## Diabetic

Glipizide  
Glyburide and Metformin  
Metformin  
Metformin HCl

## Other

Benzonatate (cough suppressant)  
Citalopram, Fluoxetine (antidepressant)  
Cyclobenzaprine (muscle relaxer)  
Levothyroxine Sodium (thyroid)  
Prednisone (immunosuppressant)  
Triamcinolone Acetonide (skin care)



Learn more at:  
[elmbrookschoools.org/wellnesscenter](http://elmbrookschoools.org/wellnesscenter)

\*Available medications, based on diagnosis and prescription by Wellness Center provider, are subject to change. Wellness Center is not a pharmacy.

# Check-Out

## YOUR COSTS



\$0

Preventive Care  
& Labs  
Medical Assistant  
Visits  
Care Visits &  
Meds (after  
deductible is met)

\$20

Acute & Urgent  
Care  
Disease  
Management  
incl. Lab Costs  
(until deductible is  
met, then \$0)

Cost

Pre-Packaged  
Medications  
(until Deductible is  
met, then \$0)  
Note, many meds  
(preventive, allergy  
& stomach care) are  
covered at \$0 cost,  
NO Deductible

Compare with Higher Costs Outside Wellness Center

Thank you for choosing the  
Family Wellness Center

Patient Satisfaction Survey

- Elmbrook Exclusive Wellness Center
- Commitment to an excellent patient experience
- Quick Ipad survey completion
- Share what you liked
- Offer suggestions

Learn More at:  
[elmbrookschoools.org/wellnesscenter](http://elmbrookschoools.org/wellnesscenter)