

# PHYSICAL EDUCATION SYLLABUS (6-8<sup>th</sup> grades)

(2018-2019)

## TEACHER – COACH BARFIELD

**“Above all, challenge yourself. You may well surprise yourself at what strengths you have, what you can accomplish.” – Cecile M. Springer**

### Standards to be covered in Physical Education:

- Motor skill development
- Movement concepts and principles
- Understanding physical activity
- Physical fitness
- Personal and social responsibility

### Rules to follow in Physical Education:

- **P** – Protect P.E. equipment and the facility
- **E** – Enthusiasm – every student must participate
- **A** – Attention – follow directions the first time
- **C** – Cooperation – work well with others
- **E** – Esteem – respect others and teachers

### Grading procedures in Physical Education:

- Your grade will be a **Pass (satisfactory)** or **Fail (unsatisfactory)**. Even though you are not graded numerically, you must complete all of the work and activities to receive a passing grade.

### Grades will be based on the following:

- Each student must dress out every day. (Tennis Shoes)
- Each student is expected to wear tennis shoes in the gym. If you do not have proper shoes, you cannot participate. If you do not have a pair of tennis shoes, please inform the teacher.
- Participation-Each student is required to participate unless you have a Doctor's excuse
- I encourage you to bring a change of clothes because **YOU WILL SWEAT!** You will be given 5 minutes before and after class to change clothes. The Dress Code is still required.
- Behavior – Disrespect and misbehavior **WILL NOT** be tolerated.
- If you fail to follow through with any of the grading procedures, you will receive an “F” for the day. If you receive 5 or more “F’s” during the nine-week term, you will fail Physical Education for that term.

**I am looking forward to a great year! I will try to make P.E. fun, exciting and beneficial for you.**