

# ST. MARKS EPISCOPAL SCHOOL

# A Community Engaged

# SPRING 2019 AFTER SCHOOL CLUB OFFERINGS

#### WHEN

10 weekly sessions beginning Monday, January 28th (excluding school holidays)

#### **WHO**

Clubs are available to students PreK 4 through 8th grade.

#### REGISTRATION

The registration process takes place online. To access it, please go to www.stmes.org/clubs. Payment is online only.

Registration for each of these programs take place through the vendors: Soccer Shots Wunder Academy The Moosic School

#### ROUTINE

On the designated club day, your child will be escorted to the club at the end of the school day. A small snacks will be provided. If your child is enrolled in our After School program, he or she will be returned to that program after the club activity is finished. If your child is not enrolled in After School, you must pick him or her up from the club.

# Students not picked up promptly after their club is finished will be taken to the After School Program; the drop-in fee of \$28 will be charged.

#### POLICIES

If your child is enrolled in After School, there is no discount for the hour that your child is in the club. If your child is enrolled in a club but is absent, there is no refund. If the sponsor is absent on the day of the club or school is unexpectedly closed due to unforeseen circumstances, we will **attempt** to offer makeup classes. Club registration fees are non-refundable unless the club enrollment does not reach its minimum number stated. A full refund will only be made if the club is canceled.

Enrollment is on a first come, first serve basis. Registration is due by Friday January 25th

Questions? Contact jrush@stmes.org or ExtPrograms@stmes.org

### **MONDAY CLUBS**

### LITTLE SCHOLARS: ART FACTORY

Our DIY class is for all you artsy-craftsy kids who love to express yourselves with one-of-a-kind masterpieces like canvas art, bead making, and watercolors. Find your inner artist and keep your creativity sharp this school year as we design many mementos to be treasured.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK - Kindergarten | 2:30 - 3:30 PM | \$134 |
| 1st - 2nd Grade     | 3:30 - 4:30 PM | \$134 |

### THE MOOSIC SCHOOL

Learn to play an instrument! The Moosic School of Houston is offering private music lessons for the students of St. Mark's. Each session is 30 minutes long and geared toward the experience level of each student. They will learn playing techniques and repertoire of various styles and historical periods in a progressive manner. Students also learn sight-reading, music theory and aural skills during lessons. Classes are available Mondays, Tuesdays, Wednesdays and Thursdays. Log on to www.moosicschool.com for complete registration and tuition details. Contact The Moosic School to enroll: www.moosicschool.com

| AGE             | TIME           | COST                   |
|-----------------|----------------|------------------------|
| 2nd – 8th Grade | 3:00 – 6:00 PM | Based on lesson length |

#### **SEWING CLUB**

Sewing is such a wonderful skill to learn so come join our wonderful group! Along with teaching sewing, we teach students how to use a pattern to cut their garments before actually sewing them. During these classes, students will understand how to make different garments and will also learn embroidery. All fabrics, supplies, sewing machines, and threads will be included in the cost. For more information, visit www.sewclassbymartha.com

| AGE             | TIME           | COST  |
|-----------------|----------------|-------|
| 1st - 8th Grade | 3:30 – 4:30 PM | \$225 |

## **MONDAY CLUBS**

#### **SPIRIT DANCE TEAM**

Taught by our very own Ms. Hernandez, the spirit dance team will have the opportunity to learn various dance styles. This includes jazz, lyrical, and hip hop. The dance team will also be working on choreography with and without props, which will be followed up with a performance. All dancers need a pair of full length jazz pants, black jazz shoes, and a black leotard.

| AGE             | TIME           | COST  |
|-----------------|----------------|-------|
| 1st – 8th Grade | 3:30 – 4:30 PM | \$200 |

#### **TAE KWON DO**

Learn self-control, confidence, discipline, and respect while also strengthening your physical capabilities. Students will enjoy the benefits of cardiovascular endurance, muscular endurance, agility, flexibility, discipline, and confidence. Students will be better equipped to protect themselves at the end of a term.

Please note - there will be an additional \$40 uniform fee and a \$25 belt test fee, payable to Jiran Walker, which will be applied after the club begins.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$250 |
| 1st – 8th Grade     | 3:30 – 4:30 PM | \$250 |

#### YOGA

Yoga for kids is a fun and purposeful activity where children are able to develop flexibility, focus, and coordination for a happy, healthy, and balanced life. Yoga provides many physical and emotional health benefits, and children have a blast putting together different sequences, while also identifying the link between emotions and physical movement. In these classes, yoga poses will often be executed through the telling of a meaningful story, and each class will focus on different concepts such as grounding, stillness, community, and strength. Students will also learn different breathing techniques that help with relaxation, better sleep, increased memory, and will boost energy levels.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$220 |
| 1st – 5th Grade     | 3:30 – 4:30 PM | \$220 |

# **TUESDAY CLUBS**

#### **FUTURE ALLSTARS**

Future Allstars is the premier athletic program in Texas for preschool through 2nd grade students. This program is designed to introduce students to all the skills necessary for that athletic edge they need as a junior athlete. Upbeat music, fun games, sports equipment, and an introduction to team strategies are all part of the Future Allstars program. The goal of Future Allstars is not only to build fine and gross motor skills, but to establish confidence and self esteem through personalized training. Obesity is a huge concern among parents all over America and giving your future all-star the best foundation will lead to a lifetime of success. Activities include parachute, dodgeball, soccer, football, baseball, scooter boards, and more. Every week, students will explore a new activity. The diversity of this program is geared for all skill levels of students.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$220 |
| 1st – 2nd Grade     | 3:30 – 4:30 PM | \$220 |

#### LANGUAGE KIDS WORLD: SPANISH

All aboard! Each class, students will embark in an unforgettable adventure "visiting" a traditional market in different Spanish-speaking countries, learning not only about their culture, food and traditions, but also developing Spanish language conversational skills.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$165 |
| 1st-3rd             | 3:30 - 4:30 PM | \$165 |

### LETTUCE COOK

Take a night off from cooking and have dinner prepared by your very own chef! When given the opportunity, it's amazing what kids can accomplish outside of the classroom. Your child will gain confidence & independence when cooking with Chef Brittany. Kids are meant to create, not sit and watch! *Please note, given the time it takes to properly prep, cook, and clean, this is a two hour club.* 

| AGE             | TIME           | COST                                   |
|-----------------|----------------|--|
| 1st – 8th Grade | 3:30 – 5:30 PM | \$475 (includes a \$125 supply<br>fee) |

## **TUESDAY CLUBS**

### LITTLE SCHOLARS: DINO DISCOVERY

Take an adventure back to the Jurassic Era where we will learn about dinosaurs who roamed Earth millions of years ago. Uncover fascinating facts, build a dinosaur replica, and have an archeological dig as you explore your paleontological skills. In Dino Discovery, you will become a paleontologist faster than Ornithomimids ran from a T-Rex!

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK - Kindergarten | 2:30 - 3:30PM  | \$134 |
| 1st - 2nd Grade     | 3:30 - 4:30 PM | \$134 |

### **NEXPLORE: NATURE WATCH**

Nature Watch makes environmental science come alive with exclusive activity kits! Each activity is centered around a hands-on project designed to engage, enlighten and enliven the learning process. To further promote discovery, all of the kits include a craft so each of the students can 'make and take' their project home. Each course covers one of the following topics: Animals, Earth and Space, Plants, Earth Systems, Ecosystems, Weather and Climates. Nature Watch Activity Kits are fully aligned to NGSS. To learn more, please visit us at: www.nexploreusa.com

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK - Kindergarten | 2:30 - 3:30 PM | \$220 |
| 1st - 4th           | 3:30 - 4:30 PM | \$220 |

#### **COOKING UP A STORM**

Come and be the next chef at St. Mark's! We will cook dirt pudding, pizza, doughnuts, edible play-dough, and more. Mrs. T will share her passion for cooking with your child and inspire a love of cooking. Students will leave the class eager to cook with friends and family. Come one, come all!

| AGE                 | TIME           | COST                            |
|---------------------|----------------|---------------------------------|
| PreK - Kindergarten | 2:30 – 3:30 PM | \$190 (includes \$5 supply fee) |

#### **DANCE FOR LITTLES**

This is a fun, introductory class to the basics of dance. Your child will have a blast getting to 'make the pizza slice' and 'stand like a flamingo' as they learn to plié and piqué with their friends. A great way to get your child's body moving and to learn a few new things along the way! A dance uniform is not required.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$200 |

#### **ENTREPRENEURSHIP ICAN STARTUP**

iCan Startup<sup>™</sup> is the ideal camp for young entrepreneurs who want to bring their innovative or inventive ideas to life. Participants will channel their creative ideas into a formal business plan, and at the same time, experience essential life skills and values like responsibility, time and money management, leadership and teamwork. Final business plans will be presented on the last day of club ~ Pitch Day!

Young entrepreneurs will receive the iCan Startup<sup>™</sup> Case which includes: work badge lanyard, workbook and idea pad, startup action and vocabulary cards, business plan template and presentation board, and photo props for fun workplace breaks. Weekly club summaries will be emailed to parents.

This club is led by EYE Enabling Young Entrepreneurs (<u>www.eyenable.com</u>).

| AGE       | TIME           | COST  |
|-----------|----------------|-------|
| 3rd - 6th | 3:30 – 4:30 PM | \$225 |

#### **GAME THINK CHESS**

Game Think chess is aimed at teaching new and returning chess students the skills needed to become more focussed, forward thinking chess players and people! Our goal is to develop genuine interest in a game of intellect that they will be able to carry throughout life and apply the many lessons it teaches.

| AGE             | TIME           | COST  |
|-----------------|----------------|-------|
| 1st – 5th Grade | 3:30 – 4:30 PM | \$225 |

#### GAME THINK CHESS TOURNAMENT TEAM

Game Think Tournament Chess Club is for experienced and returning students who are interested in taking their chess skills to the next level! Students that participate in the Tournament Chess Club are encouraged to compete in local tournaments.

| AGE             | TIME           | COST  |
|-----------------|----------------|-------|
| 1st – 5th Grade | 3:30 – 5:15 PM | \$390 |

#### **MAD SCIENCE**

Grab those goggles and dust off that lab coat...it is time for Mad Science! Children will learn something new every week as we uncover the world around them in a fun and interactive way. Our classes are filled with hands-on demonstration, radical experiments, and awesome home labs that will allow children to learn to love science.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$150 |
| 1st – 4th Grade     | 3:30 – 4:30 PM | \$165 |

### **NEXPLORE: MAGIC**

Welcome to the world of Nexplore Magic where every child is a star! In this unique course, students will receive their very own magic kit that includes a magician's wand and 26 props that can be used in more than a hundred astonishing tricks! Students not only learn magical techniques, but also build self-confidence, performance sills, and theatrical charm to wow their audience!

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$220 |
| 1st - 4th           | 3:30 - 4:30 PM | \$220 |

### **SOCCER SHOTS**

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum, and communication. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards.

#### Enroll here: /houston.ssreg.org/

\*\*\*This club will begin earlier, on Jan 16th to run for 12 weeks

| AGE                   | TIME           | COST  |
|-----------------------|----------------|-------|
| PreK – Kindergarten   | 2:30 – 3:30 PM | \$192 |
| 1st Grade – 2nd Grade | 3:30 – 4:30 PM | \$192 |

#### **TINKERLAB**

Tinkerlab will provide your child with hands on activities every week. They will be encouraged to follow their curiosities and explore how different materials work. Students will use resources like cardboard, paint, beads, string, found objects and fabric to build whatever they can come up with. This is a great opportunity for your child to be creative, explore and have a ton of fun! This club is led by St. Mark's art teacher, Mrs. Alvarez

| AGE             | TIME           | COST  |
|-----------------|----------------|-------|
| 5th - 6th Grade | 3:30 – 4:30 PM | \$225 |

### WUNDER ACADEMY: PIANOTOPIA

An enjoyable and lively group class where students gain a solid music foundation through a variety of challenging yet fun activities. Ideal for Pre-K and Kindergarten students who have no prior instruction in music. **Register for Pianotopia through Wunder Academy:** 

www.wunderacademy.com

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$400 |

#### WUNDER ACADEMY: ICAP

iCap (Interactive Computer-Assisted Piano) is a fun, accelerated, and effective piano class made possible through computer technology. Students work at their own pace with the help and guidance of our teacher. Suited for a variety of levels; however students must be at least 6 in order to enroll.
Register for iCap through Wunder Academy: www.wunderacademy.com.

| AGE             | TIME           | COST  |
|-----------------|----------------|-------|
| 1st – 8th Grade | 3:30 – 4:30 PM | \$450 |

#### **AMERICAN ROBOTICS**

Our mission at American Robotics Academy is to excite, inspire, and motivate young people about the fun, importance, and impact of robotics technology in today's world. We hope to stimulate their imagination and creativity by encouraging students to explore, experience, and express themselves through our interactive robotics program. Our classes teach students to understand "how things work" through hands-on activities that demonstrate the principles simple and motorized machines.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$195 |
| 1st – 5th Grade     | 3:30 – 4:30 PM | \$195 |

### **CERAMICS**

Ceramics club will provide your child with hands on activities every week. They will learn new ceramic techniques, and they will learn how to use different tools. It's a great opportunity for your child to use their imagination to create anything out of clay. This is led by St. Mark's art teacher, Mrs. Alvarez.

| AGE            | TIME           | COST  |
|----------------|----------------|-------|
| 1st –8th Grade | 3:30 – 4:30 PM | \$225 |

#### **CHINESE MANDARIN PROGRAM**

The Mandarin Class Curriculum at Vivo Professional Music School is characterized by its unique modular design. Each small group lesson is composed of Chinese regular language training, supplemented with theme and culture education. The Chinese regular language class will focus on characters, words and sentences. The theme class focuses on developing listening and communication skills, and the culture portion of the class provides fun culture stories and activities. All the combined aspects of lessons will allow students to build a foundation of knowledge for the Chinese language with experience in culture, art and the beauty of the language.

#### No previous Mandarin knowledge necessary.

Little Mandarin Speakers: PreK - Kindergarten Culture Activity Explorers: 1st - 3rd Grade

| AGE                 | TIME           | соѕт  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$200 |
| 1st – 3rd Grade     | 3:30 – 4:30 PM | \$200 |

#### **CODER KIDS**

CODING FOUNDATIONS: PK-K Computer programming is the skill of the future, and we're getting kids ready! Students in this class will learn basic coding skills through activities on websites, apps, and hands-on games. The main focus of the class will be strong logic and sequencing skills so students are fully prepared for more difficult tasks like making game and animations in Scratch. By the end of the class, students will have worked through multiple levels of our 'Young Coders' curriculum. No coding experience required.
CODING IN SCRATCH: GRADES 1-4 Don't just play video games. Come learn how to create your own! In this class, students will learn how to make games and animations using Scratch. This class teaches the fundamentals that students will need to learn more advanced programming languages. By the end of this class, students will have a portfolio of games and animations. No coding experience is required for this class.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK - Kindergarten | 2:30 - 3:30 PM | \$210 |
| 1st - 4th Grade     | 3:30 - 4:30 PM | \$210 |

### **CREATE A MUSICAL!**

In just ten short weeks, participants will write, produce, and perform their own musical play at St. Mark's. From choosing the story to writing the script to designing the set, the entire process will be led by students. Whether your child wants to stand in the spotlight or prefers to be backstage, there is a place for everyone. This exciting club will focus on building creativity, responsibility and teamwork, and students will learn basic theater terms and skills. The semester will conclude with a performance of the musical for family and friends. Join Ms. Brannon for this fun theatrical experience!

| AGE             | TIME           | COST  |
|-----------------|----------------|-------|
| 1st - 8th Grade | 3:30 – 4:30 PM | \$200 |

#### **CULTIVATING MINDFULNESS**

Mindfulness means paying attention to what is happening right now with kindness, curiosity, and appreciation. In this class we will develop the students' abilities to be mindful through meditation, breathwork, awareness activities, yoga poses, and thoughtful reflection. Activities will be structured around how to handle worries, the power of positive thinking, showing love and kindness to others, as well as appreciating yourself. Students will learn strategies for refocusing in class, communicating better with friends, developing empathy, practicing gratitude, and quieting the mind. This class should help your children feel peaceful, share feelings, and improve self-esteem!!

| AGE            | TIME           | COST  |
|----------------|----------------|-------|
| 2nd –6th Grade | 3:30 – 4:30 PM | \$200 |

### LANGUAGE KIDS WORLD: FRENCH

Welcome to our big city! Each class, students will embark in an unforgettable adventure "visiting" a different part of the city of lights, such as the Eiffel Tower, the Louvre Museum, the park, grocery store, school, restaurant, pet store, and much more! Students will learn about the French culture, food and traditions, and develop French language conversational skills.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK - Kindergarten | 2:30 - 3:30 PM | \$165 |
| 1st - 3rd Grade     | 3:30 - 4:30 PM | \$165 |

### **LETTUCE COOK**

Take a night off from cooking and have dinner prepared by your very own chef! When given the opportunity, it's amazing what kids can accomplish outside of the classroom. Your child will gain confidence & independence when cooking with Chef Brittany. Kids are meant to create, not sit and watch! *Please note, given the time it takes to properly prep, cook, and clean, this is a two hour club*.

| AGE             | TIME           | соѕт                            |
|-----------------|----------------|---------------------------------|
| 1st – 8th Grade | 3:30 – 5:30 PM | \$475 (inc. a \$125 supply fee) |

### LITTLE BIRDIES GOLF ACADEMY

Our Little Birdies Mobile Golf Academy is an innovative new series of mobile golf lessons targeted at introducing and teaching youth the historic and lifelong game of golf. We focus on character development, math and science through the game of golf. All equipment is brought to campus.

| AGE                 | TIME           | COST  |
|---------------------|----------------|-------|
| PreK - Kindergarten | 2:30 - 3:30 PM | \$230 |
| 1st - 5th           | 3:30 - 4:30 PM | \$230 |

#### **NEXPLORE: ZUMBA**

Zumba Kids<sup>®</sup> is a fun high-energy fitness class packed with specially choreographed routines and games for children using the latest music and rhythms like hip-hop, reggaeton, cumbia and salsa. Classes inspire kids to express themselves through movement and play which effectively improves overall health and well being. Educators love Zumba Kids because of the effects it has on children: increasing focus, building self-confidence, enhancing creativity and coordination, boosting metabolism and implementing teamwork skills. Each class is headed by a trained and licensed Zumba Kids fitness instructor. Classes not only include music and dance, but arts, crafts and cultural education as well. It is a fun way for kids to keep healthy and motivated! To learn more, please visit us at: www.nexploreusa.com

| AGE                 | TIME           | соѕт  |
|---------------------|----------------|-------|
| PreK – Kindergarten | 2:30 – 3:30 PM | \$200 |
| 1st – 4th Grade     | 3:30 – 4:30 PM | \$200 |

### **SKATE CLUB**

Put on your headband, strap on those skates, it's time to roll! A fun time to hang out with your friends, show off yours skills and skate to some good music! This club is organized by our own Ms. Olivero and Mrs. du Vigneaud. Come hang out and have some fun!

| AGE             | TIME           | COST  |
|-----------------|----------------|-------|
| 3rd - 8th Grade | 3:30 – 4:30 PM | \$200 |



### ST. MARKŠ EPISCOPAL SCHOOL

A Community Engaged

3816 Bellaire Boulevard | Houston, TX 77025 www.stmes.org