

# CARMEL CLAY SCHOOLS MIDDLE SCHOOL MENU

**SPRING**

**2019**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>WEEK 1</b>	Macaroni & Cheese w/ Garlic Toast Assorted Chicken Sandwich Assorted Chicken Wraps 🍷 Cobb Salad Steamed Broccoli	Taco Tuesday! State Fair Corn Dog 🍷 Turkey Club Sandwich Taco Salad Corn OR Refried Beans	🍷 French Toast Sticks w/ Sausage Links Cheeseburgers Yogurt Parfait or Smoothie 🍷 BLT Salad Baked Fruit Cobbler	Chicken Smackers w/ Roll Grilled Cheese Sandwich 🍷 Turkey Club Sandwich Chicken Caesar Salad Mashed Potatoes w/ Gravy	🍷 Assorted Pizza Bean & Cheese Burrito Assorted Chicken Wraps Popcorn Chicken Salad Baked Beans
<b>WEEK 2</b>	Pasta w/ Assorted Sauces 🍷 Pork Tenderloin Assorted Chicken Wraps 🍷 Cobb Salad Green Beans	Soft Pretzel w/ Cheese Pizza Quesadilla 🍷 Turkey Club Sandwich Taco Salad Steamed Broccoli	Hot Dog Assorted BBQ Pork Sandwiches Yogurt Parfait or Smoothie 🍷 BLT Salad Smiley Potatoes	🍷 French Bread Pizza Spicy Chicken Sandwich 🍷 Turkey Club Sandwich Chicken Caesar Salad Assorted Roasted Veggies	Chicken Nuggets w/ Breadstick Grilled Cheese Sandwich Assorted Chicken Wraps Popcorn Chicken Salad Baked Beans
<b>WEEK 3</b>	Personal Pan Pizza Rippers Chicken Patty Sandwich Assorted Chicken Wraps 🍷 Cobb Salad Green Beans	Chicken Rice Bowl Mini Corn Dogs 🍷 Turkey Club Sandwich Taco Salad Steamed Broccoli	Chicken Tenders w/ Roll Grilled Cheese Sandwich Yogurt Parfait or Smoothie 🍷 BLT Salad Baked Beans	🍷 Bacon Cheeseburger Hot Croissant Sandwich 🍷 Turkey Club Sandwich Chicken Caesar Salad Triangle Tater Tots	Mozzarella Sticks Meatball Sub w/ Assorted Sauces Assorted Chicken Wraps Popcorn Chicken Salad Assorted Roasted Veggies

### Daily Lunch Items:

**Milk    Juice (T, Th)    Fresh Fruit & Vegetables    Hummus Entree (T, Th)    Entrée Garden Salad    PBJ Sandwich**

<b>B R E A K F A S T</b>					
🍷	Breakfast Sandwich <hr/> Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	Ham & Cheese Flatbread <hr/> Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	Pancake Wrapped Sausage <hr/> Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	🍷 French Toast w/ Sausage <hr/> Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	🍷 Breakfast Sandwich <hr/> Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice

**Breakfast Includes:**  
 1 Entrée Choice  
 1-2 Fruit or Fruit Juice  
 1 Low-Fat or Fat-Free Milk

**Student Lunch \$2.65**  
**Adult Lunch \$3.40**  
**Breakfast \$1.35**  
**Milk \$0.60**

**Lunch Includes:**  
 1 Entrée Choice  
 1 Fruit Choice  
 1-2 Vegetable Choice  
 1 Low-Fat or Fat-Free Milk



January					February					March					April					May				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
	1	2	3	4					1					1	1	2	3	4	5			1	2	3
7	8	9	10	11	4	5	6	7	8	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10
14	15	16	17	18	11	12	13	14	15	11	12	13	14	15	15	16	17	18	19	13	14	15	16	17
21	22	23	24	25	18	19	20	21	22	18	19	20	21	22	22	23	24	25	26	20	21	22	23	24
28	29	30	31		25	26	27	28		25	26	27	28	29	29	30				27	28	29	30	31

This institution is an equal opportunity provider.

Nutrition or Allergen Question? Visit our website:

\*Menu subject to change.

<http://www1.ccs.k12.in.us/district/food-services>