

FALL SEASON -

CHEERLEADING – Fall & Winter Cut Sport Levels offered: V and JV

HEAD COACH: Emily Bowman (emily.deaneb@gmail.com)

TRYOUTS: Tryouts were completed in May, 2018 Location of tryouts: Commons

PARTICIPATION FEE: \$250 **OTHER COSTS:** Camp – Approximately \$100 (clothes, bow, food, and registration).

Approximately Shoes - \$70, Sweatshirt - \$30 (optional)

SPECIAL INSTRUCTIONS: Wear black shirt, black shorts, cheer shoes and a bow.

CROSS COUNTRY (Boys) – Fall Non-Cut Sport Levels offered: V, JV, S, & F

HEAD COACH: Charlie Kern (ckern@elmhurst205.org)

PRACTICE BEGINS: 8/8/18 Time of practice: 9:00 am Location of practice: Athletic Lobby

PARTICIPATION FEE: \$100 **OTHER COSTS:** Racing spikes and other apparel optional (spirit pack, warm-ups)

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

SPECIAL INSTRUCTIONS: Wear athletic attire, shorts and shirt, and bring a water bottle.

CROSS COUNTRY (Girls) – Fall Non-Cut Sport Levels offered: V, JV, S, & F

HEAD COACH: Lauren DeAngelis (ldeangelis@elmhurst205.org)

PRACTICE BEGINS: 08/8/18 Time of practice: 7:00 am Location of practice: Field House

PARTICIPATION FEE: \$100 **OTHER COSTS:** Training shoes, chronograph, racing spikes; other apparel optional (Team Shop)

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

SPECIAL INSTRUCTIONS: Be prepared to run outside (water bottle, running shoes, athletic wear and chronograph watch)

FOOTBALL (Boys) – Fall Non-Cut Sport Levels offered: V, JV, S, FR. A. & FR. B

HEAD COACH: Mike Fitzgerald (michaelfitzgerald@elmhurst205.org)

PRACTICE START DATE: 8/6/18 Time of practice: - TBD

PARTICIPATION FEE: \$200 Location: Varsity – Stadium, Frosh/Soph – Meet inside Athletic Entrance

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

SPECIAL INSTRUCTIONS: Players should bring their equipment from the summer.

GOLF (Boys) – Fall Cut Sport Levels offered: V and F/S

HEAD COACH: Jim Borel (jborel@elmhurst205.org)

TRYOUTS: 8/6-8/8/18 Time of tryouts: 8/6/18 – 11:00 am – All levels Maple Meadows Golf Course

8/7/18 – 6:30 am – All levels Bloomingdale Golf Course

8/8/17 – 11:00 am – All Levels Maple Meadows Golf Course

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

Location of tryouts: Maple Meadows Golf Course, Wood Dale, IL – Bloomingdale Golf Course

PARTICIPATION FEE: \$250 (paid after tryout) **OTHER COSTS:** Green Fees for tryouts \$90.00/Varsity - \$45.00/Freshman-Sophomore

SPECIAL INSTRUCTIONS: Varsity will play 18 holes and Frosh/Soph will play 9 holes each day of tryouts. Bring clubs, golf shoes, and money for snacks

GOLF (Girls) – Fall Cut Sport

Levels offered: V and JV

HEAD COACH: Barb Tilden (tilden33@aol.com)

TRYOUTS: 8/6 & 8/7 – 8/8 rain date Time of tryouts: 10:00 am tee time – Arrive between 9:00 and 9:30 am first day.

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

Location of tryouts: Sugar Creek Golf Course, Villa Park

PARTICIPATION FEE: \$250 (paid after tryout)

OTHER COSTS: Green Fees for tryouts \$36.00, bring additional money for snacks and drinks.

SPECIAL INSTRUCTIONS: Bring clubs, golf shoes, and money for snacks

POM PONS (Girls) Competitive Dance– Fall & Winter Cut Sport Level offered: V, JV

HEAD COACH: Alyssa Ortiz (alyssa.m.ortiz22@gmail.com)

TRYOUTS: Were conducted in April, 2018 Time of tryouts: 4:30-6:30 pm Location of tryouts: Dance studio (Black Box)

PARTICIPATION FEE: \$250 OTHER COSTS: Dance shoes, leotards, shorts, tights

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

SPECIAL INSTRUCTIONS: Will need tights, black tee shirt and either dance shoes or gym shoes

SOCCER (Boys) - Fall Cut Sport

Levels offered: V, JV, S, & F

HEAD COACH: Lukaz Majewski (lmajewski@elmhurst205.org)

TRYOUTS: 8/8-8/11/18

Time of tryouts: 8/8, 8/9 and 8/10 – Varsity at the Stadium 8:00 am to 10:30 am – Freshman/Sophomore at Berens Park 8:00 am to 10:00 am

8/11 – Varsity at the Stadium 11:00 am to 1:00 pm – Freshman/Sophomore at Berens Park 8:00 am to 10:00 am.

LOCATION: JV/Varsity – Stadium -- Frosh/Soph – Berens Park

PARTICIPATION FEE: \$100 (paid after tryouts)

OTHER COSTS: \$35 games socks and two practice shirts. Spirit gear optional 1st week of school

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

SPECIAL INSTRUCTIONS: Bring soccer gear, soccer ball, running shoes, shin guards, and a water bottle

SWIMMING & DIVING (Girls) - Fall Non-Cut Sport

Levels offered: V, JV, & F

HEAD COACH: Jeff Skalon (jksalon@elmhurst205.org)

PRACTICE START DATE: 08/8/18 LOCATION: York Aquatics Center – 3:00-6:00 pm

PARTICIPATION FEE: \$155 OTHER COSTS: \$70 Swim suit and cap. Other team apparel optional

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

SPECIAL INSTRUCTIONS: Please bring your swim gear – competitive swimsuit, swim cap and goggles

TENNIS (Girls) - Fall Cut Sport Levels offered: V, JV I, JVII and JV Green

HEAD COACH: Tres Heimann, (theimann@elmhurst205.org)

TRYOUTS: 8/8-8/11/18

Time: 8/8: All Levels 3:30 pm to 6:00 pm

Location: Berens Park/Elmhurst College 8/9: All Levels 7:00 am to 9:30 am

8/10: All Levels 3:30 pm to 6:00 pm

(Players will be informed which session to attend on Saturday, 8/11 by Friday, 8/10)

8/11: Varsity/JV1 - 7:00 am to 9:00 am / All other JV – 8:00 am to 10:00 am

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

PARTICIPATION FEE: \$100

OTHER COSTS: Uniform approximately \$40 and Spirit Pack (optional)

SPECIAL INSTRUCTIONS: Come ready to play with tennis shoes, clothes, and racket

VOLLEYBALL (Girls) – Fall Cut Sport Levels offered: V, S, & Fr. A & Fr, B

HEAD COACH: Patty Iverson, (piverson@elmhurst205.org)

TRYOUTS: 8/8-10/2018

TIME OF TRYOUTS: 7:00 am-10:00 am and 11:00 am-1:00 pm Wednesday, Thursday, and Friday.

Athletes will attend both sessions each day and teams will be determined on Friday.

A team bonding day is scheduled for Saturday, August 12 from approximately 7:00-12:00 and all team/athletes are expected to attend. A parent meeting will be held from 11:30 am-12:00.

Online Registration and Physical must be turned in to the Athletic Office **BEFORE** Tryouts.

Location of tryouts: Campbell Gym and Field House

PARTICIPATION FEE: \$200 (paid after tryouts) OTHER COSTS: Optional team apparel available

SPECIAL INSTRUCTIONS: Wear gym shoes, t-shirt, and shorts and bring a water bottle and a snack/lunch.