

Shepaug Valley School Lunch Menu

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daily Alternate: Large Salad Hummus & Vegetable Assorted Sandwiches Assorted Wraps	Daily Price of Lunch: Full Price: 3.00 Reduced : .40 Adult Lunch Price: 3.75					1
2	3 WG Cheese Calzone Marinara Sauce Steamed Corn Chilled Applesauce Milk Choice	4 WG Popcorn Chicken Seasoned Potatoes Steamed Carrots Warm Corn Bread Chilled Strawberries Milk Choice	5 Teriyaki Chicken Patty on WG Roll Cole Slaw Pineapple Chunks 100% Fruit Juice Milk Choice	6 WG Macaroni & Ground Beef WG Garlic Stick Steamed Green Bean Chilled Pears Milk Choice	7 WG Stuffed Crust Pizza Cucumber slices Chickpea Salad Fresh Pears 100% Fruit Juice Milk Choice	8
9	10 Cheese Burger WGR Hamburger Roll Tortilla Chips & Salsa Three Bean Salad Chilled Strawberries Milk Choice	11 Chicken Fajitas Salsa & Sour Cream Peppers / onions Seasoned Brown Rice Steamed Corn Chilled Applesauce Milk Choice	12 WG Chicken Quesadilla Salsa/FF Sour Cream Black Bean Corn Salad Chilled Fruit Cocktail Milk Choice	13 WG Baked Mac & Cheese WG Garlic Knot Steamed Broccoli Pineapple Chunks 100% Fruit Juice Milk Choice	14 WG Personal Pizza Chickpea Salad Garden Salad / Lite It. Fresh Banana 100% Fruit Juice Milk Choice	15
16	17 WG Breaded Mozzarella Sticks W/ Sauce Steamed Broccoli WG Bread Stick Chilled Strawberries Milk Choice	18 Sweet Chili Beef Meatball Rice Bowl Steamed Broccoli W/Wheat Dinner Roll Pineapple Chunks Milk Choice	19 Turkey Dinner Stuffing & Cranberry Mash Potato & Gravy Steam Corn WG Dinner Roll Blueberry Crisp Milk Choice	20 Pork Rib A Que on WG Roll Baked Beans Cole Slaw Chilled Pears 100% Fruit Juice Milk Choice	21 WG French Bread Pizza Vegetable Cup Chickpea Salad Fresh Fruit 100% Fruit Juice Milk Choice	22
23	24	25	26	27	28	Milk Served Daily: Fat Free Chocolate Fat Free Strawberry 1% Ala cart Milk Price: .35
Holiday Recess						