

# Shepaug Valley School Breakfast Menu

# December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daily Price of Breakfast: Full Price 2.00 Reduced: .30 Adult Breakfast Price: 2.75	Daily Alternate: WG Bagel & Cream Cheese: Assorted Cereal: Whole Grain Muffin or Danish or Strudel					1
2	3 Whole Grain Pancake Syrup Fruit Yogurt Chilled Strawberries 100% Fruit Juice Milk Choice	4 Whole Grain Breakfast Pizza Cheese Stick Chilled Pears 100% Fruit Juice Milk Choice	5 Whole Grain Maple Waffle Syrup Fruit Yogurt Chilled Applesauce 100% Fruit Juice Milk Choice	6 W/ Wheat Bagel Lite Cream Cheese Fruit Yogurt or Cheese Stick Chilled Fruit Cocktail 100% Fruit Juice Milk Choice	7 Whole Wheat Breakfast Burrito With Salsa Fresh Banana 100% Fruit Juice Milk Choice	8
9	10 Baked Apple Fruit Yogurt WG Corn Bread Chilled Pears 100% Fruit Juice Milk Choice	11 Whole Grain Yeast Raise Donut Fruit Yogurt Chilled Applesauce 100% Fruit Juice Milk Choice	12 WG Chocolate Chip French Toast Syrup Chilled Blueberries 100% Fruit Juice Milk Choice	13 Yogurt Parfait WG Corn Bread Chilled Fruit Cocktail 100% Fruit Juice Milk Choice	14 Whole Grain Pancake Syrup Fruit Yogurt Fresh Orange 100% Fruit Juice Milk Choice	15
16	17 Whole wheat Bagel Lite Cream Cheese Fruit Yogurt Chilled Fruit Cocktail 100% Fruit Juice Milk Choice	18 Whole Wheat Breakfast Burrito With Salsa Chilled Applesauce 100% Fruit Juice Milk Choice	19 WG French Toast Sticks /Syrup Cheese Stick or Fruit Yogurt Chilled Strawberries 100% Fruit Juice Milk Choice	20 Whole Grain Breakfast Pizza Cheese Stick or Fruit Yogurt Pineapple Chunks 100% Fruit Juice Milk Choice	21 WG Yeast Raised Donut Fruit Yogurt or Cheese Stick Fresh Fruit 100% Fruit Juice Milk Choice	22
23	<b>Holiday Recess</b>					28 Milk Served Daily: Fat Free Chocolate Skim 1% Ala Cart Milk Price: .35