

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

*Meatless Monday* **3**  
 Mozzarella Sticks  
 Marinara Sauce  
 Garlic & Herb WG Breadstick  
 Seasoned Broccoli  
 Fruit Cocktail  
 100% Juice

**4**  
 Beef Hot Dogs on  
 WW Bun  
 Baked Beans  
 Fruit or 100% Juice

**5**  
 WG Rotini Pasta  
 Meatballs  
 Marinara Sauce  
 Green Beans  
 Fruit

**6**  
 Popcorn Chicken  
 Mashed Potatoes  
 WW Dinner Roll  
 Corn  
 Gravy  
 Fruit

**7**  
 Mini Pizza Bagels  
 Baby Carrots  
 Fruit or 100% Juice

*Meatless Monday* **10**  
 Mac & Cheese  
 California Blend Vegetables  
 Mixed Green Salad  
 Garlic Knot  
 100% Juice

**11**  
 Regular or Spicy Chicken  
 Patty Sandwich on WW Bun  
 Roasted Ranch Potatoes

**12**  
 WG Penne Pasta  
 Meatballs  
 Marinara or Alfredo Sauce  
 Seasoned Broccoli  
 Fruit

**13**  
 Meatball or Rib-B-Que Grinder  
 Tater Tots  
 Cucumber Dippers  
 100% Juice

**14**  
 Mini Pizza Bagels  
 Baby Carrots  
 Fruit or 100% Juice

*Meatless Monday* **17**  
 Waffle Cut Fries  
 3-Bean Chili & Cheese  
 Seasoned Broccoli  
 Dinner Roll  
 100% Juice

*Taco Tuesday* **18**  
 WG Nacho Chips  
 Seasoned Beef  
 Cheddar Cheese  
 Brown Rice  
 Refried Beans  
 Fruit

**19**  
 WG Rotini Pasta  
 Meatballs  
 Marinara Sauce  
 Green Beans  
 Fruit

*Brunch for Lunch* **20**  
 French Toast Sticks  
 Hash Brown  
 Chicken Sausage or Chicken  
 Bacon  
 Egg Patty  
 Fruit & 100% Juice

*Early Release* **21**  
 Mini Pizza Bagels  
 Baby Carrots  
 Sidekicks 100% Juice Cups

**24**  
**Winter Break**  
**No School**

**25**  
**Winter Break**  
**No School**

**26**  
**Winter Break**  
**No School**

**27**  
**Winter Break**  
**No School**

**28**  
**Winter Break**  
**No School**

**31**  
**Winter Break**  
**No School**



- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: PB&J, PB&Fluff, or Bone Builder Plate (yogurt, cheese stick, WG cereal or breakfast pastry, fruit or 100% juice).
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, [becky.fowler@stoningtonschools.org](mailto:becky.fowler@stoningtonschools.org) or (860) 599-0766 with any questions or concerns