

Monday	Tuesday	Wednesday	Thursday	Friday
3 Assorted Cold Sandwiches On WW Bread 3-Bean Salad Fruit	4 Assorted Cold Sandwiches On WW Bread Baby Carrots Fruit	5 Chicken Patty on WW Bun Peas Fruit	6 Assorted Cold Sandwiches On WW Bread Cucumber Slices Fruit & 100% Juice	7 Homemade Cheese, Meat, or Veggie Pizza Crisp Romaine Salad Grapes or 100% Juice
10 Assorted Cold Sandwiches On WW Bread Broccoli Dippers Fruit	11 Assorted Cold Sandwiches On WW Bread Baby Carrots Fruit	12 Corndog Nuggets Cape Cod Chips Baked Beans Fruit	13 Assorted Cold Sandwiches On WW Bread Cold Corn Cups Fruit & 100% Juice	14 Zoo Crew Chicken Nuggets Seasoned Brown Rice Green Beans Fruit
17 Homemade Cheese, Meat, or Veggie Pizza Crisp Romaine Salad Grapes or 100% Juice	18 Assorted Cold Sandwiches On WW Bread Baby Carrots Fruit	19 Chicken Tenders Mashed Potatoes Seasoned Broccoli Fruit	20 Assorted Cold Sandwiches On WW Bread Cucumber Slices Fruit & 100% Juice	21 <i>Early Release</i> Assorted Cold Sandwiches On WW Bread 3-Bean Salad Sidekicks 100% Juice Pop
24 Winter Break No School	25 Winter Break No School	26 Winter Break No School	27 Winter Break No School	28 Winter Break No School
31 Winter Break No School				

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Assorted Cold Sandwiches options are Turkey, Ham, PB&J, PB&Fluff, Cheese. Alternate meals include Bone Builders & Munchables.
- Bone Builder Plate with cereal or breakfast pastry, yogurt, cheese stick, and fruit or 100% Juice, and daily vegetable option.
- Munchables WG crackers or pretzels, lean deli meat or peanut butter, low fat cheese, fruit, and vegetable packaged in an easy to grab container!
- Menu subject to change as needed
- WG=Whole Grain, WW=Whole Wheat