

Monday	Tuesday	Wednesday	Thursday	Friday
3 Assorted Cold Sandwiches On WW Bread 3-Bean Salad Fruit	4 Chicken Patty on WW Bun Peas Fruit	5 Assorted Cold Sandwiches On WW Bread Baby Carrots Fruit	6 Homemade Cheese, Meat, or Veggie Pizza Crisp Romaine Salad Fruit or 100% Juice	7 Assorted Cold Sandwiches On WW Bread Cucumber Slices Fruit & 100% Juice
10 Assorted Cold Sandwiches On WW Bread Broccoli Dippers Fruit	11 Corndog Nuggets Cape Cod Chips Baked Beans Fruit	12 Assorted Cold Sandwiches On WW Bread Baby Carrots Fruit	13 Zoo Crew Chicken Nuggets Seasoned Brown Rice Green Beans Fruit	14 Assorted Cold Sandwiches On WW Bread Cold Corn Cups Fruit & 100% Juice
17 Assorted Cold Sandwiches On WW Bread Broccoli Dippers Fruit	18 Chicken Tenders Mashed Potatoes Green Beans Fruit	19 Assorted Cold Sandwiches On WW Bread Baby Carrots Fruit	20 Homemade Cheese, Meat, or Veggie Pizza Crisp Romaine Salad Fruit or 100% Juice	21 <i>Early Release</i> Assorted Cold Sandwiches On WW Bread 3-Bean Salad Sidekicks 100% Juice Cups
24 <i>Winter Break</i> <i>No School</i>	25 <i>Winter Break</i> <i>No School</i>	26 <i>Winter Break</i> <i>No School</i>	27 <i>Winter Break</i> <i>No School</i>	28 <i>Winter Break</i> <i>No School</i>
31 <i>Winter Break</i> <i>No School</i>				

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Assorted Cold Sandwiches options are Turkey, Ham, PB&J, PB&Fluff, Cheese. Alternate meals include Bone Builders & Munchables.
- Bone Builder Plate with cereal or breakfast pastry, yogurt, cheese stick, and fruit or 100% Juice, and daily vegetable option.
- Munchables WG crackers or pretzels, lean deli meat or peanut butter, low fat cheese, fruit, and vegetable packaged in an easy to grab container!
- Menu subject to change as needed
- WG=Whole Grain, WW=Whole Wheat