

Monday

Meatless Monday **3**
 Mac & Cheese
 California Blend Vegetables
 Mixed Green Salad
 Garlic Knot
 Apple Grin Slices
 100% Juice

Meatless Monday **10**
 Mozzarella Sticks
 Marinara Sauce
 Garlic & Herb WG Breadstick
 Seasoned Broccoli
 Fruit Cocktail
 100% Juice

Meatless Monday **17**
 Waffle Cut Fries
 3-Bean Chili & Cheese
 Seasoned Broccoli
 Dinner Roll
 Fruit Cocktail
 100% Juice

24
Winter Break
 No School

31
Winter Break
 No School

Tuesday

WG Nacho Chips **4**
 Seasoned Beef or Fajita Chicken
 Cheddar Cheese
 Brown Rice
 Refried Beans
 Salsa & Lettuce
 Strawberries
 100% Juice

WW Tortilla **11**
 Seasoned Beef or Fajita Chicken
 Cheddar Cheese
 Brown Rice
 Refried Beans
 Salsa & Lettuce
 Orange Wedges
 100% Juice

WG Nacho Chips **18**
 Seasoned Beef or Fajita Chicken
 Cheddar Cheese
 Brown Rice
 Refried Beans
 Salsa & Lettuce
 Blueberries
 100% Juice

25
Winter Break
 No School

Wednesday

Pancakes **5**
 Hash Brown
 Cinnamon Carrots
 Chicken Sausage or Bacon
 Egg Patty
 Sliced Melon
 100% Juice

Spicy Chicken & Waffles **12**
 Hash Brown Patty
 Cinnamon Carrots
 Fresh Strawberries
 100% Juice

Regular or Spicy **19**
 Chicken Tenders
 Mashed Potatoes
 Dinner Roll
 Steamed Carrots
 Apple Slices
 100% Juice

26
Winter Break
 No School

Thursday

Pulled Pork **6**
 On WW Bun
 Roasted Ranch Potato Wedges
 Baked Beans
 Watermelon
 100% Juice

Cherry Blossom or **13**
 Firecracker Chicken
 Vegetable Fried Rice
 Oriental Blend Vegetables
 Applesauce
 100% Juice

Sal's Cheese or **20**
 White Garlic Pizza
 Sweet Potato Fries
 Cucumber Dippers
 Diced Peaches
 100% Juice

27
Winter Break
 No School

Friday

Assorted Homemade Pizza **7**
 Sweet Potato Fries
 Cucumber Dippers
 Diced Peaches
 100% Juice

Sal's Cheese or **14**
 White Garlic Pizza
 Sweet Potato Fries
 Cucumber Dippers
 Diced Peaches
 100% Juice

21
Early Release
 No Lunch Served

28
Winter Break
 No School

We will now be featuring Sal's Pizza! Stop by and try a slice!



- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: Chef Salad, Deli Sandwich, Pizza, Pasta, Hot Sandwiches & Wraps
- Menu subject to change as needed.
- WG=Whole Grain and WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or concerns