

December

Dec 3 - Dec 7

DPS 2018-19

Dalton High School

International

Monday

Chicken Alfredo w/ Roll
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Southern Chow

Monday

Hamburger Patty w/ Gravy Roll
Creamy Mashed Potato
Green Beans
Fresh Fruit

Hot & Spicy

Monday

Chicken Fajita
Rice
Sauteed Onion & Pepper
Salsa

Grill

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Black Bean Salad
Fresh Fruit
Yogurt Box Choice

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad
Fresh Fruit

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad
Fresh Fruit

Tuesday

Walking Tacos
Fresh Pico
Shredded Lettuce
Onions, Peppers
Leafy Green Salad
Fresh Fruit

Tuesday

Pizza
Marinara Sauce
Cucumber Marinated Salad
Leafy Green Salad
Fresh Fruits
Boxed Sandwich

Wednesday

Boneless BBQ Wings
Fresh Broccoli w/Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Wednesday

Boneless BBQ Wings
Fresh Broccoli w/Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Wednesday

Cheese Nachos
Pinto Beans
Fresh Pico
Shredded Lettuce
Fresh Fruit

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Yogurt Box Choice

Thursday

Spaghetti Bake
Roll
Corn
Leafy Green Salad
Fresh Fruit

Thursday

Country Fried Steak
w/ Gravy
Biscuits
Mashed Potato
Leafy Green Salad
Fresh Fruit

Thursday

Steak Nachos
Sauteed Peppers
& Onions
Corn
Leafy Green Salad
Fresh Fruit

Thursday

Pizza
Marinara Sauce
Steamed Corn
Leafy Green Salad
Fresh Fruit
Boxed Sandwich

Friday

Chicken Tenders
w/ Toast
Steamed Broccoli
Carrot Raisin Salad
Leafy Green Salad/Fruit

Friday

Chicken Tender w/ Toast
Steamed Broccoli
Carrot Raisin Salad
Leafy Green Salad
Fresh Fruit

Friday

Beef Nachos
Fresh Pico
Lettuce / Cheese
Pinto Beans
Fresh Fruit

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip
Fresh Fruit
Yogurt Box Choice

Week B - Dec 10-14

DHS

Monday

Quesadilla
Spanish Rice
Pico de Gallo
Steamed Corn
Fresh Fruit

Monday

Chili
Grilled Cheese Sandwich
Steamed Corn
Fresh Fruit

Monday

Quesadilla
Spanish Rice
Pico de Gallo
Pinto Beans
Fresh Fruit

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Fresh Fruit
Yogurt Box Choice

Tuesday

Walking Tacos
Refried Beans
Pico de Gallo

Tuesday

Chicken Casserole
Roll
Glazed Carrots

Tuesday

Cheese Nachos
Pinto Beans
Pico de Gallo, Sour Cream

Tuesday

Pizza
Marinara Sauce
Broccoli Salad

Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Steamed Broccoli
Fresh Fruit

Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Leafy Green Salad
Fresh Fruit
Boxed Sandwich

Wednesday

Corndog
Potato Fries
Green Beans
Fresh Fruit
Leafy Green Salad

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Green Beans
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Fajita Nachos
Rice, Jalapeno Peppers
Sauteed Peppers/Onions
Salsa
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Veggie Fries
Fresh Fruit
Yogurt Box Choice

Thursday

Cheeseburger
Lettuce, Tomato, Onion
Pickle
Sweet Potato Fries
Leafy Green Salad
Fresh Fruit

Thursday

Hot Dog
Baked Beans
Slaw
Sweet Potato Fries
Apple Crisp
Fresh Fruit

Thursday

BBQ Nachos
Pico de Gallo
Slaw
Corn
Fresh Fruit

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Rosted Garbanzo Beans
Fresh Fruit
Boxed Sandwich

Friday

Chicken Tenders
Roll
Pinto Beans
Roasted Squash
Fresh Fruit
Leafy Green Salad

Friday

Chicken Tenders
Roll
Pinto Beans
Corn
Fresh Fruit
Leafy Green Salad

Friday

Beef Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans
Fresh Fruit
Leafy Green Salad

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit
Yogurt Box Choice

Week C - Dec 17-20

DHS

Monday

Spaghetti
Garlic Toast
Corn
Leafy Green Salad
Fresh Fruit

Monday

Chicken Patty w/Gravy
Garlic Toast
Broccoli
Mashed Potatoes
Leafy Green Salad
Fresh Fruit

Monday

Cheese Nachos
Corn
Pico De Gallo
Shredded Lettuce
Fresh Fruit

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit
Yogurt Box Choice

Tuesday

Ham/Turkey
Dressing & Gravy
Rolls
Green Bean Casserole
Sweet Potato Casserole
Fresh Fruit

Tuesday

Ham/Turkey
Dressing & Gravy
Rolls
Green Bean Casserole
Sweet Potato Casserole
Fresh Fruit

Tuesday

Walking Tacos
Black Beans
Pico de Gallo
Shredded Lettuce/cheese
Fresh Fruit

Tuesday

Pizza
Marinara Sauce
Celery Stick w/ Ranch
Leafy Green Salad
Fresh Fruit
Boxed Sandwich

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Glazed Carrots
Fresh Fruit
Leafy Green Salad

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Glazed Carrots
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Fajita Nachos
Rice, Salsa
Sauteed Peppers/Onions
Fresh Broccoli
Fresh Fruit

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Yogurt Box

Thursday

EARLY RELEASE

Thursday

EARLY RELEASE

Thursday

EARLY RELEASE

Thursday

EARLY RELEASE

Friday

Friday

Friday

Friday