

MM DECEMBER SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3 A.M.- Kashi Heart to Heart Cereal, Bananas, Milk P.M.- Sliced Cheese, Apples, Ritz Crackers,	4 A.M.- Raspberry Yogurt, Granola, Milk P.M.- Goldfish Crackers, Baby Carrots, Ranch	5 A.M.- Corn Chex Cereal, Bananas, Milk P.M.- Apple Cinnamon Muffins, Pears	6 A.M.- Vanilla Greek Yogurt, Mango, Milk P.M.-, Sunbutter, Graham Crackers, Raisins	7 A.M.- Nutri Grain Cereal Bars, Fruit, Milk P.M.- Cheese Sticks, Pretzel Sticks, Grapes
10 A.M.- Kashi Heart to Heart Cereal, Bananas, Milk P.M.- Clementine Oranges, Animal Crackers,	11 A.M.- Raspberry Yogurt, Granola, Milk P.M.- Goldfish Crackers, Baby Carrots, Ranch	12 A.M.- Corn Chex Cereal, Bananas, Milk P.M.- Bagels, Cream Cheese, Oranges	13 A.M.- Vanilla Greek Yogurt, Fresh Mango, Milk P.M.-, Sunbutter, Graham Crackers, Raisins	14 A.M.- Nutri Grain Cereal Bar, Fruit, Milk P.M.- Cheese Sticks, Pretzel Sticks, Grapes
17 A.M.- Kashi Heart to Heart Cereal, Bananas, Milk P.M.- Sliced Cheese, Apples, Ritz Crackers,	18 A.M.- Raspberry Yogurt, Granola, Milk P.M.- Goldfish Crackers, Baby Carrots, Ranch	19 A.M.- Corn Chex Cereal, Bananas, Milk P.M.- Apple Cinnamon Muffins, Pears	20 A.M.- Vanilla Greek Yogurt, Fresh Mango, Milk P.M.-, Sunbutter, Graham Crackers, Raisins	21 A.M.- Nutri Grain Cereal Bars, Fruit, Milk P.M.- Cheese Sticks, Pretzel Sticks, Grapes
				

