



COMMUNITY RESOURCE INFORMATION

SCHOOL SITE INFORMATION/DIRECTORY FOR SCHOOL
SITE COUNSELING SERVICES/INTERVENTIONS

DISCLAIMER

The Antelope Valley Union High School District does not in any way endorse the community providers listed.
These resources are for your information to use at your own convenience.
Updated: December 2017

AVUHSD SCHOOL SITE CONTACT INFORMATION

Academies of the Antelope Valley (AAV)

SOAR Prep Academy Virtual Academy

6300 West Avenue L
Lancaster CA
(661) 943-2091

Knight Prep Academy

37423 70th Street East
Palmdale CA
(661) 575-1004 or (661) 456-4711

Desert Pathways (DPHS)

6300 W Ave. L
Quartz Hill, 93536
(661) 722-4752

Highland High School (HHS)

39055 25th Street West
Palmdale, CA
(661) 538-0304

Lancaster High School (LNHS)

44701 N. 32nd St. West
Lancaster, CA
(661) 726-7649

Palmdale High School (PHS)

2137 East Avenue R
Palmdale, CA
(661) 273-3181

Quartz Hill High School (QHHS)

6040 West Avenue L
Quartz Hill, CA
(661) 718-3100

SOAR High School (SOAR)

3041 West Avenue K
Lancaster, CA
(661) 722-6509

Antelope Valley High School (AVHS)

44900 Division Street
Lancaster, CA
(661) 948-8552

Desert Winds Continuation High School (DWHS)

45030 3rd Street East
Lancaster, CA
(661) 948-7555

Eastside High School (EHS)

3200 East Avenue J-8
Lancaster, CA
(661) 946-3800

Knight High School (KHS)

37423 70th Street East
Palmdale, CA
(661) 533-9000

Littlerock High School (LHS)

10833 East Avenue R
Littlerock, CA
(661) 944-5209

Phoenix Community Day School (PxHS)

228 E Ave H-8
Lancaster, CA
(661) 729-3936

R. Rex Parris Continuation High School (RRPHS)

38801 Clock Tower Plaza Dr.
Palmdale, CA
(661) 274-1230

COMMUNITY RESOURCES

(FOOD, HOUSING, GRIEF, ABUSE PREVENTION, & MORE)

Bikers Against Child Abuse (BACA) (661) 428-4375

P.O. Box 1328, Rosamond, CA 93560

BACA's mission is to help children to not feel afraid of the world in which they live, by providing group support for the child during stressful times.

CalWorks Outreach/Legal (661) 723-7772

Family Law, Domestic Violence

The Catalyst Foundation..... (661)948-8559

44758 Elm Suite I, Lancaster, CA 93534

Information, Referrals, Transportation, HIV Testing, Counseling, Employment Training, and HOPWA Housing Assistance for people living with HIV/AIDS, Title IV

Children's Center of the Antelope Valley(661)949-1206

45111 Fern Ave., Lancaster, CA 93534

Child Abuse Prevention & Counseling (661) 949-1206

45111 Fern Ave. , Lancaster, CA 93534

www.ccav.org

Child Care Resource Center.....(866) 674-5437

Lending Library, Health & Nutrition Training , Disaster Preparedness , Subsidized Childcare

www.ccrcca.org

Daystar Mini-treats..... (661) 547-4238

716 W. Kettering St., Lancaster, CA 93534

Agriculture Based Programs, Drug and Alcohol Recovery, Pregnancy Program

Friends Outside.....(661) 728-0844

44750 60th Street West, Lancaster CA 93536

Assist in improving quality of life of families, children and communities impacted by incarceration, and to assist with successful reentry.

Grace Resources Center..... (661) 940-5272

45134 Sierra Highway, Lancaster, CA 93534

Food, Clothing, Shelter, Parenting & Computer Classes, Assistance with Moni-tored Visits & Safe Exchange

www.graceresources.org

Greater Valley Immigration Services.....(661) 272-1424

1305 East Palmdale Blvd., Palmdale, CA 93550

Immigration, Students Deferred Action and Citizenship

COMMUNITY RESOURCES

(FOOD, HOUSING, GRIEF, ABUSE PREVENTION, & MORE)

Healthycity.org—Healthy city provides information plus action resources for services referrals & social change.

Homeless Solutions Access Center (661) 942-2758

Supportive Services for Homeless Families & Individuals

Independent Living Center of So. Cal. (661) 942-9726

606 East Avenue K-4, Lancaster, CA 93535

Serves persons with disabilities of all ages.

People Ready (661) 267-0773

190 Sierra Court Suite C1, Palmdale, CA 93550

Employment opportunities in areas such as Construction, Manufacturing,

Warehousing, Retail, and Hospitality. www.laborready.com

Metrolink www.metrolinktrains.com

Lancaster—44812 N. Sierra HWY, Lancaster Ca 93534

Palmdale— 39000 Clock Tower Plaza Dr., Palmdale, CA 93550

OUTreach Center (LGBT community center) (661) 92-PRIDE (7-7433)

108 West Avenue K, #113, Lancaster , CA 93534

Youth Group, Individual or Family Counseling, Transgender Support Group.

Pro-Care Hospice (661) 951-1146

42442 10th St. West Suite E, Lancaster, CA 93534

Grief Support Group for adults, Walk-Ins are welcome, Hospice Services

Raising Our Children's Kids (R.O.C.K.) **English (661) 478-1881**

Spanish (661) 466-6294

24hr access to Emergency Support, Weekly Support Groups, Advice and

Advocacy to Kinship Caregivers, Referrals to the Kinship Orientation and Foster/

Kinship

Regional Center (661) 945-6761

43210 Gingham Ave., Lancaster, CA, 93535

Offers services for individuals with developmental disabilities.

COMMUNITY RESOURCES

(FOOD, HOUSING, GRIEF, ABUSE PREVENTION, & MORE)

Saint Vincent De Paul(661) 942-3222

45058 Trevor Avenue, Lancaster, CA - Food Bags, Meals, Clothes

Scattered Site Traditional Housing(661) 942-1789 or (661) 949-1916

Sexual Assault Response Services SARS (661) 949-6143

Sexual Assault, Anti-Bullying Program, Development for Schools, Teen Dating Violence, Human Trafficking Education, Free Evening Counseling

South Antelope Valley Emergency Services (SAVES) (661) 267-5191

1002 E. Ave. Q-12, Palmdale, CA 93550

Food & Transportation Programs, Motel Vouchers, Back to School Supplies, Assist Emancipated/Foster Youth

www.cityofpalmdale.org/residents/SAVES

South Valley WorkSource Center(661) 265-7421

38510 Sierra Hwy, Palmdale, CA 93550

Job Development, Resume Workshop, On the Job Training, Career Counseling

www.cityofpalmdale.org

Torres Martinez Tribal Tanf(661) 466-1100

460 W. Palmdale Blvd., Palmdale, CA 93551

Provides assistance for Native American families

www.TMTANF.org

United Community Action Network (661) 948-3000

44231 Division St, Lancaster, CA 93535

Soup Kitchen, Drug & Alcohol Counseling, Anger Management, Community Service

www.ucanav.org

Valley Oasis (661) 945-6736 or (661) 945-5509

Domestic Violence support services. Therapy Services surrounding violence and abuse. www.valleyoasis.org

Vitas Healthcare(661) 942-3595

4444 16th Street West Suite 205, Lancaster, CA 93534

Yes2Kids: Antelope Valley Child Abuse Prevention Council(661) 940-9530

<https://www.lachildabusecouncils.org/council/yes2kids-antelope-valley-child-abuse-prevention-council/>

Youth Support Association (YSA) (661) 949-6615

Teen talk line and phone friend.

MENTAL HEALTH RESOURCES

Mental Health professionals can only provide services at AVUHSD school sites, if an MOU between the district and agency has been board approved.

A Caring Mind, Inc. (661) 400-6193

1028 W. Ave L-12, Lancaster, CA 93534

Mental Health Counseling for Child Abuse, Depression, Trauma, Crisis, Eating Disorders, Family Dynamics, and Pain Management

Alafia (661) 940-9094

Serves Children 0-18, Medi-Cal required

Antelope Valley Hospital (661) 949-5000

Mental Health Unit (661) 949-5250

Associated Christian Therapy (661) 952-7543

41765 12th St. West, Palmdale, CA 93551

Christian Based Therapy, Victims of Crime (VOC) accepted, Dependency Court Ordered Counseling

Bartz-Altadonna Community Health Center (661) 874-4050

43355 Gingham Avenue, Suite 104/105, Lancaster, CA 93535

Medical Care, Adult Mental Health, Family Planning, Parenting, Medication Assistance, HIV & STD Testing & Services

Beacon of Hope (661) 977-6644

Mental Health Services, including Domestic Violence Counseling (for female victims only)

Child & Family Guidance Center (661) 265-8627

40005 10th Street West, Suite 106 Palmdale, CA 93551 Out Patient Services

for Children 0-18yrs with Emotional Problems, Child/Youth Crisis Response Services, 24hr Emergency Consultation, Intensive Home Services for Children/Families www.childguidance.org

Children's Bureau Regional Office (661) 949-0131

921 W. Avenue J, Suite C, Lancaster, CA 93534

DMH-Department of Mental Health (661) 723-4260

349-A East Avenue K-6, Lancaster, CA 93535 dmh.lacounty.gov

MENTAL HEALTH RESOURCES

Mental Health professionals can only provide services at AVUHSD school sites if an MOU between the district and agency has been board approved.

Mental Health Services (661) 949-0131

Partnership for Families, School-Linked Programs Protecting Children,
Creating Caring Communities
www.all4kids.org

Masada Homes (661) 726-5500

314 East Avenue K-4, Suite 104, Lancaster, CA 93535
Outpatient Services & Therapeutic Behavioral Services
www.masadahomes.org

Mental Health Access Center/PMRT (661) 223-3838 daytime
. (800) 854-7771 after hours

Mental Health America (661) 726-2850

506 West Jackman Street, Lancaster, CA, 93534
Serves Individuals 18 & Over
www.mhala-aves.com

NAMI (National Alliance on Mental Illness) (661) 341-8041

44349 Lowtree Avenue Ste. 104, Lancaster, CA, 93534
Education Programs, 10 Week Peer-to-Peer Course, Recovery Support groups.
Spanish speaking courses available

Optimist Community Mental Health (661) 575-8395

520 West Palmdale Blvd. Unit D, Palmdale 93551
Therapy/Psychiatric Services for children
www.oyhfs.org

Palmdale Medical Mental Health (661) 947-3333

2720 East Palmdale Blvd. Suite 129, Palmdale, CA 93550
Individual Counseling, Bilingual services available

Penny Lane Antelope Valley (661) 266-4783

43520 Division St, Lancaster, CA 93534 Mental Health Services, Family
Preservation, Mentor Program, Residential
Treatment, Transitional Housing, Wraparound
www.pennylane.org

DISTRICT COUNSELING SERVICES

CONTACT YOUR SCHOOL SITE'S COUNSELING OFFICE

Social/Emotional Support

Including Individual Counseling, Conflict Resolution, Anger Management, Healthy Relationships, Depression/Coping Skills, Family Issues, Grief/Loss, Anxiety/Stress, Drug/Alcohol/Tobacco Use, Peer Pressure, Life Skills, Self Esteem, Bullying/Suicide prevention, Foster Youth support, Community Referrals.

Academic Support

Including Freshman/New Student Orientation, Study Skills Workshop, Academic Reviews/Probation, Standardized Testing Workshops, 4 & 6 yr. plans, Parent-Teacher Conferences.

College/Career Support

Including Career Exploration, College Applications, FAFSA, Post HS Options, and Scholarship Research Assistance Individual Support, Workshops, Classroom Presentations.

School-based Mental Health Services

Child & Family Guidance Center: DP, Eastside High School, Highland High School, Knight High School, Lancaster High School, Palmdale High School

Children's Bureau: AV High School

Penny Lane: Desert Winds High School, Lancaster High School, Phoenix High School, Quartz Hill High School, R.Rex Parris High School

GOVERNMENT AGENCIES

California Department of Education (CDE) www.cde.ca.gov

CASA (Court Appointed Special Advocate) (661) 723-2272
Advocate for foster children.

Department of Child and Family Services (DCFS)

Palmdale - 39959 Sierra Hwy., Palmdale, CA 93550 (661) 223-4200

Lancaster - 300 E Ave. K6, Lancaster, CA 93535 (661) 471-1001

Department of Social Services (DPSS)

Cal-Works for Families (866) 613-3777

General Relief for Individual (661) 974-9883

Los Angeles County Office of Education (LACOE) www.lacoe.edu

ANGER ISSUES? DOMESTIC VIOLENCE? CHILD ABUSE? RUNAWAY? SELF ESTEEM?

AV Saving Grace.....	661)200-4362
A Second Wind Violence Prevention Project	(661) 947-6642
Anger Intervention Services	(661) 418-3649
Cedarwood Counseling Center	(661) 945-7608
Change Lanes	(661) 948-2555
Children of the Night (24hr runaway hotline).....	(800) 551-1300
Domestic Violence Hotline	(661) 945-6736
Gay and Lesbian Center	(323) 993-7670
Hope for Anger, Hope for Change.....	(661) 733-0095
L.A. County Child Abuse Hotline (DCFS).....	(800) 540-4000
Olive Support Services	(661) 941-8688
The Outreach Center (Gay & Lesbian)	(661) 92PRIDE
Personal Involvement Center, Inc.....	(661) 220-2995
Sexual Assault Response Service Hotline.....	(661) 723-7273
VIDA Program (LA Co. Sheriff's Dept).....	(661) 949-6585
60 Day Emergency Shelter 24 hr hotline.....	(661) 945-6736

COMMUNITY RESOURCES

(FOOD, HOUSING, GRIEF, ABUSE PREVENTION, & MORE)

211 LA County Community Resources www.211LA.org

American Red Cross (661) 267-0650
2715 E Ave P, Palmdale, CA 93550

Antelope Valley Transit Authority (661) 945-9445
422 10th Street West, Lancaster, CA 93534
Local Transit and Dial a Ride van services to disabled persons & seniors over 65

Antelope Valley WorkSource Center (661) 726-4128
1420 West Ave. I, Lancaster, CA 93534
Access to Job Leads, Computers with Internet Access, Fax & Copy Machines,
Interview Preparation, Job Corps Services, Job Search Workshops, Resume
Preparation, Typing Test Certifications, Youth Employment Opportunity
Program and Wi-Fi

Antelope Valley Self-Help Legal Access Center-Neighborhood Legal Services . . .
.....(800) 433-6251
42011 4th Street West 3rd Floor, Room 3700, Lancaster, CA

PROBLEMS WITH TOBACCO, DRUGS, OR ALCOHOL?

Acton Rehabilitation	(661) 223-8700
Antelope Valley Council on Alcoholism & Drug Dependency	(661) 948-5046
AV Council on Alcohol & Drug Dependency	(661) 948-5046
Action Family Counseling	(800) 367-8336
AI –A– Teen (Support for Teens)	(661) 274-9353
Alcoholics Anonymous	(661) 945-5757
California Smokers’ Help Line	(800) NO-BUTTS
High Desert Recovery Services	(661) 940-3549
New Directions Alcohol and Drug Services	(661) 802-7167
Tarzana Treatment Centers of the AV	(661) 726-2630

DEPRESSED? THOUGHTS OF SUICIDE?

California Youth Crisis Line	(800) 843-5200
Psychiatric Mobile Response Team	(800) 854-7771
Suicide Prevention Lifeline 24 hours hotline (for yourself or someone else)	(800)273-8255
Teen Care Line	(800) TLC-TEEN

TRAUMA

SARS–Sexual Assault Response Services 24hr hotline	(661) 949-6143
Valley Oasis	(661) 945-6736 or (661) 945-5509

GENERAL COUNSELING SERVICES

Family Growth Counseling	(661) 942-4079
Grace Chapel	(661) 948-0855
Grounding Point	(661) 948-2322
High Desert Counseling Services	(661) 524-9111
Kayla’s Place	(661) 949-3269
Pathways Community Services	(661) 341-3900

AV CLINICS & PRENATAL/PREGNANCY RESOURCES

(MEDI-CAL, LOW OR NO COST RESOURCES)

Covered CA **1 (800) 300-1506**

www.allinforhealth.org or www.coveredca.com

Antelope Valley Community Clinics **(661) 942-2391**

Urgent Care & Health & Wellness in Palmdale & Lancaster Services: Pediatric, Dental, Exams, Pharmacy, Immunizations, WIC Exams, Primary Health Care
www.avclinic.org

Antelope Valley Hospital OB Clinics

44439 17th Street West, Suite 104, Lancaster **(661) 726-6180**

38350 40th Street East, Suite 200, Palmdale **(661) 726-6325**

Family Planning, Pregnancy Test, Prenatal Care, and assistance with Medi-Cal

Antelope Valley Partners for Health **(661) 942-4719**

44226 10th Street West, Lancaster, CA 93534

AV Wellness Coalition **avph.org**

Antelope Valley Public Health Center **(661) 471-4860**

335-B East Avenue K-6, Lancaster, CA 93535

Prenatal, Immunizations, Family Planning, & TB/STD Tests

Care Net Women's Resource Center **(661) 729-4277**

44733 N. 10th St. West, Lancaster, CA 93534

Abstinence Education, Pregnancy Tests, Counseling, Limited Ultrasounds, Mentoring

www.avcarenet.com

Desert Vineyard Parenting Classes **(661) 317-4826**

818 1/2 Palmdale Blvd., Palmdale, CA 93550

Parenting Classes, Celebrate Recovery

Family Focus Resource Center **(661) 945-9598**

Assistance for parent and caregivers of children with developmental delays,

Parent to Parent Mentoring, IEP Training, Support groups, Lending Library

AV CLINICS & PRENATAL/PREGNANCY RESOURCES

(MEDI-CAL, LOW OR NO COST RESOURCES)

Kearin Breakthrough Parenting(661) 209-9939

44817 Fern Avenue, Lancaster, CA 93534

12-Session Parenting Course

www.Yes2parenting.com

LA County High Desert Regional Health Ctr (661) 471-4000

335 East Avenue I, Lancaster, CA 93535 Primary, Specialty, & Emergency services Urgent Care 8:00am to midnight

www.dhs.lacounty.gov/wps/portal/dhs/highdesert

M.E.N.F.O.L.K. (Males Encouraging Nurturing For the Ongoing Link to Kinship)

..... (661) 273-4710

975 East Avenue P-8, Palmdale, CA 93550

A fathers and males support group for any male that has a role in a child's life.

South Valley Medical Center (7:30–Midnight) (661) 225-3050

38350 40th Street East, Suite 100, Palmdale, CA 93552

Urgent Care Exams, X-Rays, Lab,

Tarzana Treatment Centers/Family Medical (661) 723-4829

907 W. Lancaster Blvd., Lancaster, CA 93534 Primary Care, Domestic Violence, Rehabilitation, HIV/AIDS, and Mental Health services

www.tarzanatc.org

Women's Clinic of Antelope Valley(661) 947-0400

1334 East Palmdale Blvd. Suite E, Palmdale, CA 93550

Free Pregnancy Testing, Counseling, Financial Help, and Parenting Support

www.womensclinicav.com

Women, Infants & Children (WIC)(661) 949-5805

701 W Ave. K Suite 104, Lancaster, CA 93534

Supplemental Program

www.wicworks.ca.gov

Youth Support Association (661) 949-6615

918 West Avenue J, Lancaster, CA 93534

Teen parenting classes, STD Prevention, & Anger Management