

**Fremont Union School District
Individualized School Healthcare Plan
Seizure**

Student: _____ **DOB:** _____
Physician: _____
Physician's phone: _____
Hospital of choice: _____

Student's specific symptoms. _____

Medication: _____

Absence: sudden, brief loss of consciousness (one to 10 seconds); often mistaken for daydreaming-staring, eye blinking, facial twitching.

Generalized tonic-clonic: loss of consciousness, followed by stiffening for a few seconds, followed by jerking. Lasts less than a minute to 3 minutes.

Simple partial: consciousness not impaired. May be characterized by motor (hand/mouth movement), Focal motor ((head/eyes deviated to one side), Focal sensory (feeling of numbness), Auditory (loud rushing noise heard). May progress to generalized tonic-clonic.

Complex partial: impairs consciousness. Person may be partially aware of purposeless activity-glassy stare, random movements of arms or legs. Appear to be in a dreamlike state. May progress to generalized tonic-clonic.

Emergency Protocol for Tonic-Clonic Seizures:

1. NOTIFY OFFICE TO SEND ASSISTANCE.
2. If student is in a wheelchair, leave in wheelchair in upright position. Do not let head fall forward or backward.
3. If appropriate, place student on floor, protect head, loosen clothing around neck and protect him/her from any sharp or hard objects in area. Do not restrain movements.
3. Do NOT force anything in the mouth. Roll student on side to drain secretions.
4. Time the seizure. Observe and record the nature and length of the seizure. After seizure has subsided, monitor airway and breathing. Stay with student until full consciousness returns, and allow him to rest until parents arrive.
5. After any seizure notify parents and school nurse.

WHEN TO CALL 911:

-IF SEIZURE LASTS LONGER THAN FIVE MINUTES, or if another seizure starts within 10 minutes after the first seizure.

OR

-IF REGULAR BREATHING DOES NOT START AFTER THE SEIZURE ENDS

-If no respirations, but pulse present, start rescue breathing

-If no respirations and no pulse, begin CPR

Stay with student until paramedics arrive.

Parent Signature Date

School Nurse Signature

Date

Physician Signature

Date