



Don't forget  
to eat your  
vegetables

# St. Joan Adventist

## Lunch

January

2019

### MONDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

### TUESDAY

No School

### WEDNESDAY

No School

### THURSDAY

Yogurt & Graham Crackers  
Assorted Cereal  
Vegetable Selection  
Orange Juice  
Milk

### FRIDAY

Banana Chocolate Loaf  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Chilled Apricots  
Milk

Whole Grain Muffin  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Chilled Pears  
Milk

WG Bagel w/Cream Cheese  
Assorted Cereal  
Vegetable Selection  
Orange Juice  
Milk

Long John  
Assorted Cereal  
Cheese Stick  
Vegetable Selection  
Mandarin Oranges  
Milk

Yogurt w/Graham Crackers  
Assorted Cereal  
Dried Cranberries  
Apple Juice  
Milk

English Muffin w/Cheese  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Fresh Apple  
Milk

Mini Donuts w/Yogurt Cup  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Applesauce  
Milk

WG English Muffin w/Sunbutter  
Cheesestick  
Assorted Cereal  
Vegetable Selection  
Fresh Orange  
Milk

Long John  
Assorted Cereal  
Cheese Stick  
Vegetable Selection  
Chilled Peaches  
Milk

Whole Grain Muffin  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Apple Juice  
Milk

Cold Pancakes w/Jelly  
Cheese stick  
Assorted Cereal  
Vegetable Selection  
Mixed Fruit  
Milk

No School

Banana Chocolate Loaf  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Chilled Pineapple Tidbits  
Milk

Blueberry Muffin  
Cheese stick  
Assorted Cereal  
Vegetable Selection  
Orange Juice  
Milk

WG English Muffin w/Jelly  
Chilled Yogurt  
Assorted Cereal  
Vegetables Selection  
Fresh Pear  
Milk

WG English Muffin  
Sunbutter and Jelly  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Mandarin Oranges  
Milk

Great Northern Cinnamon Roll  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Chilled Peaches  
Milk

B'Berry Loaf  
Cheese Stick  
Assorted Cereal  
Vegetable Selection  
Apple Juice  
Milk

Mini Donut  
Assorted Cereal  
Cheese Stick  
Vegetable Selection  
Fresh Orange  
Milk

Yogurt & Graham Crackers  
Assorted Cereal  
Vegetable Selection  
Orange Juice  
Milk

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

### Prices

### Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

### Got Milk?

Milk choice of 1% White, Skim or Chocolate  
Skim is included with Breakfast.

