

Fischer Running Club Contract

I, _____, promise to try my best to stick with the
(Student's name)

Running club through the end of the season. I commit to running in the
running club on Monday's, unless I am sick, absent or go home for lunch.

I will try hard and have fun!

Grade _____

(Student's signature)

Fischer Running Club Waiver

I am aware that participating in the Fischer Running Club is a strenuous physical activity, which is potentially hazardous. I am also aware and understand that I should not join the club, run or walk unless I am medically capable of such strenuous physical activity, free from any physical impairment that would medically limit my ability to safely engage in such an activity. I assume all risks associated with running and walking in this club, including but not limited to: injuries resulting from falls, missteps, dehydration, contact with other participants, the effects of the weather including high temperatures and/or humidity, and conditions of the running surface, and all other circumstances inherent to outdoor recreational activities, all such risks being known and accepted by me. Having read this waiver and knowing these facts and in consideration of your acceptance of this entry, I expressly and voluntarily assume the full risk and legal liability and I hereby for myself, my heirs, executors, representative, administrators and anyone entitled to act on my behalf, waive any and all claims I may have against, and release the discharge Elmhurst School District 205, their officers, directors, teachers, employees, volunteers and committee members, the City of Elmhurst, the Elmhurst Park district and any parent volunteers associated with the Fischer Running Club.

Participant's Name: _____

Parent's Name: _____

Parent Signature: _____ Date _____

Parent's Phone Number: _____

Parent's E-Mail _____