

CHESTNUTWOLD ELEMENTARY
KINDNESS SCHOOL















KINDNESS CERTIFIED SCHOOL

This certificate is awarded to

CHESTNUTWOLD ELEMENTARY SCHOOL

In recognition of your commitment to creating a culture of kindness on your campus.

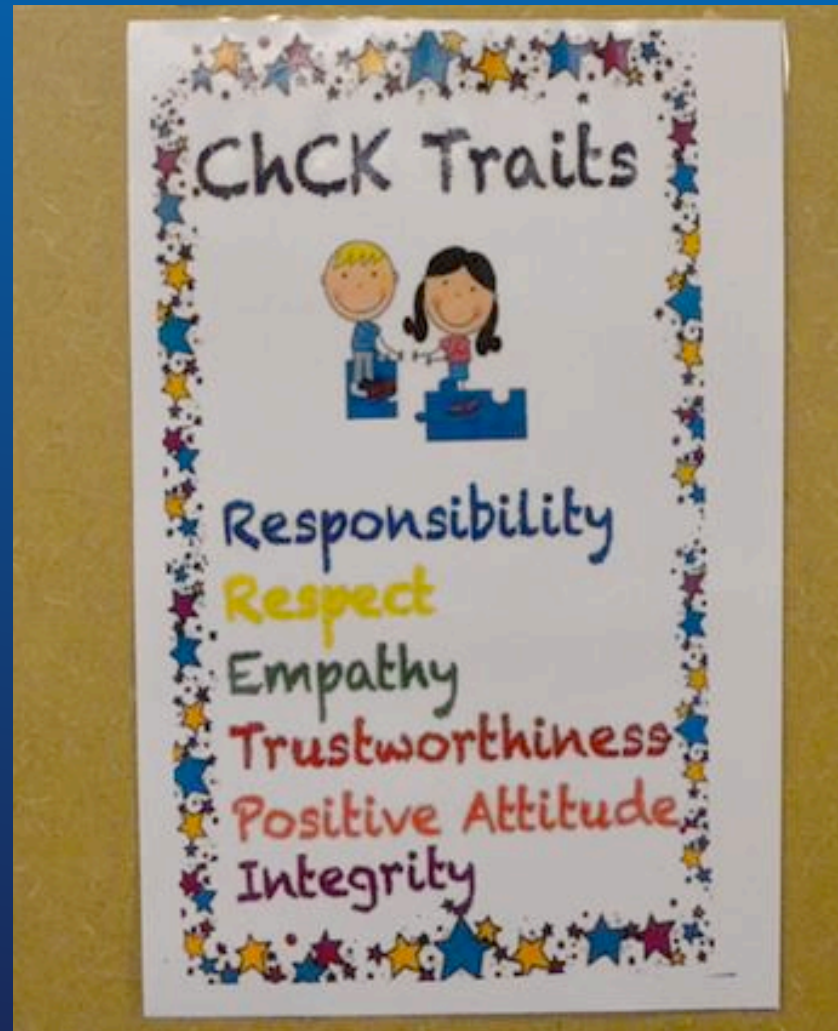
KINDNESS MATTERS!



Jill McManigal
Kids for Peace Co-Founder & Executive Director



ChCK Traits





The Challenges

- ☐ Smile at 25 People
- ☐ Slip a Nice Note in Your Friend's Backpack
- ☐ Compliment 5 People
- ☐ Pick Up 10 Pieces of Trash on Campus
- ☐ Make a New Friend
- ☐ Tell a Joke and Make Someone Laugh
- ☐ Be Kind to Yourself and Eat a Healthy Snack
- ☐ Learn Something New About Your Teacher
- ☐ Draw a Picture and Give It to Someone
- ☐ Help a Younger Student
- ☐ Give a KIND Handshake to Greet a Classmate
- ☐ Recycle Your Trash
- ☐ Hug Your Friend
- ☐ Pick Up Trash Outside Your School
- ☐ Cut Out 10 Hearts & Give Them to Friends
- ☐ Entertain Someone with a Happy Dance
- ☐ Sit with a New Group of Kids at Lunch
- ☐ Read a Book to a Younger Child
- ☐ Give an Apple or a Note to Your Teacher
- ☐ Step Up for Someone in Need
- ☐ Make and Display a "Kindness Matters" Sign
- ☐ Carry Your Friend's Books
- ☐ Help Your PE Teacher with the Equipment
- ☐ Make a Bookmark for a Friend
- ☐ Hold the Door Open for Someone
- ☐ Pat Yourself on the Back
- ☐ Thank a Bus Driver or Car Pool Driver
- ☐ Write a Thank You on a Band-Aid for the Nurse
- ☐ Listen to Your Teacher the First Time
- ☐ Whisper Thank You to the Librarian
- ☐ Help Someone Up If They Fall Down
- ☐ Lend a Pencil to a Friend





**CHESTNUTWOLD KINDNESS WEEK
FEBRUARY 20 – 23, 2018**

SUMMARY OF EVENTS

Throughout the week, Chestnutwold staff and students will be making a conscious effort to perform many random acts of kindness. Please encourage your child to identify how they worked to spread kindness to others each day and discuss how they can continue to spread kindness in their world.

TUESDAY, FEBRUARY 20:

- Powered by Kindness- **Students are invited to dress as their favorite superhero**

WEDNESDAY, FEBRUARY 21:

- Team up for kindness- **Students are invited to wear their favorite sports apparel**

THURSDAY, FEBRUARY 22:

- I dream of kindness- **Students are invited to wear their pajamas**

FRIDAY, FEBRUARY 23:

- Kindness Matters at Chestnutwold- **Students are invited to wear their Chestnutwold spirit gear or colors**

Remember your donations for our Kind Coins for Hurricane Relief collection

*COURAGE. KINDNESS. FRIENDSHIP. CHARACTER.
THESE ARE THE QUALITIES THAT DEFINE US AS HUMAN BEINGS, AND PROPEL US, ON OCCASION, TO
GREATNESS.*

~R.J. Palacio, Wonder



Meaning Dimension





Artwork by David Gerbstadt

