

Haverford Middle School
8th Grade Course Outline

Ms. Meier
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Course Overview: In this course, students will learn about the various components associated with healthy living. We will be discussing important decision making skills and explore the topic of human sexuality.

The first half of the course will address the necessary skills to building healthy relationships, self-esteem, online safety and the influence of social media on today's society. The class will also examine the dangers and effects of substance abuse and how it affects the mind, body and family and the impact it has on society.

Part two of the course will examine the developmental stages of human growth and development during puberty. Additional time will be spent discussing pregnancy; conception to birth and sexually transmitted diseases.

Grading:

Tests and Quizzes

Class Participation

Individual or group projects

Materials Needed: Health Notebook/folder for various handouts and notes and a writing utensil on a daily basis.

Most Important-You must be prepared with your notebook and pencil each and every day! If you are absent from class, it is your responsibility to find out what you missed as soon as you return.

Student Name _____

Parent/Guardian Signature _____

