



Don't forget to eat your vegetables.

St. Joan Antida Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

November

2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HOM Rosemary ¹
Oven Roasted Chicken and a French Bread Slice or Deli Sub

Rosemary Garlic Potatoes

Homemade Cheese Pizza or Homemade Pepperoni Pizza

Steamed Broccoli ²

HOM Sweet Potato ⁵
Sloppy Joe on a WGBun or Turkey BLT Flatbread

Sweet Potato Fries

Crispy Chicken Tenders w/BBQ Sauce and French Bread Slice or Meatball Sub ⁶

Dill Seasoned Potato Wedge

Chicken Enchilada Bake or Roasted Hot Dog on WG Bun ⁷

Pinto Beans

Mac & Cheese w/a side of Pretzel Bites or Deli Sub ⁸

Corn
Cookie

Cheesy Italian Flatbread or Sausage Italian Flatbread ⁹

Garden Green Beans

Cheeseburger on a Bun or BBQ Riblet Sandwich ¹²

California Blend Vegetable

National Pickle Day ¹³
Chicken Patty on a Bun or Pretzel Bites w/Cheese Cubes

Potato Salad
Pickles Spears

Turkey Nacho Supreme or Golden Corn Dog ¹⁴

Spiced Pinto Beans

Homemade Salisbury Steak and a French Bread Slice or Hot Turkey Sandwich ¹⁵

Mashed Potatoes & Gravy

Homemade Cheese Pizza or Homemade Pepperoni Pizza ¹⁶

Steamed Broccoli

No School ¹⁹

No School ²⁰

No School ²¹

Happy Thanksgiving ²²

No School ²³

Chicken Tenders w/BBQ Sauce and Soft Pan Roll or Deli Sub ²⁶

Mashed Potatoes

Salisbury Steak Sandwich or Italian Stromboli ²⁷

Italian Tomato Salad

Beefy Nachos with Homemade Cheese Sauce or Chicken Bacon Ranch ²⁸

Refried Beans

Homemade Chili with Corn Bread or Roasted Hot Dog ²⁹

Ranch Potato Wedges

Cheese Bread with Marinara Sauce or Pepperoni Cheese Bread w/Marinara ³⁰

Garden Green Beans

Milk

Skim White
1% White
Skim Chocolate

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact Brian at 414-441-5854 or email b.eaton@taher.com

