



Don't forget to eat your vegetables.

St. Joan Antida Breakfast Menu

November 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

Cereal Bar

Chocolate Banana Bread with Cheese Stick

Great Northern Cinnamon Roll

Whole Grain Poptart

Long John

Yogurt with Graham Crackers

Brekkie with Cheese Stick

Whole Grain Muffin with Cheese Stick

WG Bagel w/Cream Cheese

Long John

Chocolate Banana Bread with Cheese Stick

Mini Donuts W/ Yogurt Cup

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

Whole Grain Muffin with Cheese Stick

WG Bagel with Cream Cheese

Long John

Chocolate Banana Bread with Cheese Stick

Mini Donuts w/Yogurt

INFO

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

Got Milk?

Milk choice of 1% White, Skim or Chocolate Skim is included with breakfast.

