





Volume 05 Issue 07

November 2018 Contents

Upcoming Events

Happy Birthday to all the November Darts! It is your special day, live it to the fullest.



Scorpio---Loyal, Passionate, Dynamic, Resourceful, Hospitable



Sagittarius---Honest, Philosophical, Optimist, Independent, Generous

Events/Activities during November 2018---Sunday, Nov 4th - Daylight Savings Time Ends

Tuesday, Nov 6th - Election Day (VOTE)

Monday, Nov 12th - Veterans Day

Wednesday, Nov 14th - Teddy Bear Day

Thursday, Nov 22nd - Thanksgiving Day

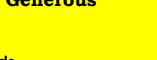
Friday, Nov 23rd - Black Friday (Best Sales)

World Kindness Week (Nov 12 - 18)

National Family Week (Nov 18 - 24)

National Alzheimer's Disease Month

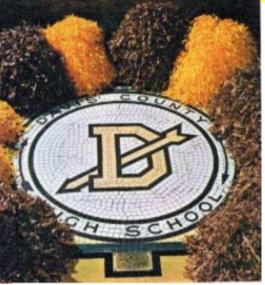
National Family Caregivers Month





Stay Healthy









Sylvia's Report

Sylvia Fisher Jutila



Fellow Classmates,

Hope you enjoyed the pretty month of October and are enjoying all of your trick or treat goodies. Did you celebrate your BIG **80** Birthday during October? If yes, please send me an article with pictures about the big event/party. In my article last month I said, "how excited I am, no obituaries this month!" I knew it, I knew it, too good to be true for very long. The DHS Class of 1956 was blessed with many Classmate marrying Classmate, our latest loss involved one of these couples. It is with sorrow that I have to announce the death of one of our beloved Classmates, **John Richard (Dick) Thorderson----**

John Richard (Dick) Thorderson

Dr. John Richard (Dick) Thorderson, 80, passed away Tuesday evening, October 2, 2018, after a lengthy illness at his home in Tupelo, MS. He was born in Lava Hot Springs, ID, on December 26, 1937 to Parley Eugene and Winona Seely Thorderson. He was raised in Kaysville, UT where he graduated from Davis High

School in 1956. He attended the University of Utah with a full scholarship

from the Navy ROTC. He graduated with a Bachelor's Degree in Political Science and received his commission as an Ensign on June 6, 1960. The following day he married Carol King and they have spent 58 years together. In 1979, he retired from the United States Naval Reserve as a Commander.

While teaching high school in Clearfield, UT, he continued his education, receiving his Master's Degree from the University of Utah and his Doctorate of Education Degree from Illinois State University, where he worked as the Assistant Director of Housing and Food Services. From 1974 until 1998 he worked as the Dean of Admissions and Associate Provost of Faculty Relations at Wayne State University in Detroit, MI. During that time he also served as a member of the Livonia Public School's Board of Education in Livonia, MI for 10 years, 5 of which he served as the President.

Richard was a faithful member of the Church of Jesus Christ of Latter-day Saints his whole life. He held many leadership positions including: Bishop of the local congregations in Livonia and later in Tupelo, and President of the Westland Michigan Stake for 10 years where he was the recipient of the Silver Beaver Award from the Detroit Area Council of the Boy Scouts of America. With his wife, he served as President of the Salt Lake City Utah Mission from 1998 to 2001, and most recently as the President of the Memphis Tennessee Temple from 2004 to 2007.

He is survived by his wife, Carol King Thorderson of Tupelo; one daughter and five sons; Julie Wise (Scot) of Pleasant Grove, UT; John Eric Thorderson (Loree) of Arizona; Dr. Parley Kurt Thorderson (Tera) of Kalispell, MN; James Drew Thorderson (Susan) of Hattiesburg; Dr. Nels Thorderson (Gina) of Tupelo; and Jedd Alan Thorderson (Julie) of Tupelo; his mother Winona Seely Thorderson of Kaysville; 20 grandchildren, 12 great grandchildren, and five siblings, Nedra Overstreet (LeRoy) of American Fork, UT; Sheila Steiner (DeVon) of Bountiful, UT; Connie Lowder (Grant) of Kaysville, Zachary Thorderson (Donna) of Layton, UT; and Kim Thorderson (Claudia) of Farmington, UT.

(Dick Thorderson Continued On Page 3)

Sylvia's Report (Cont.)

(Dick Thorderson Cominued From Page 2)

He was preceded in death by this father, Parley Thorderson.

Memorial services with Military Honors were held on Thursday, October 11, 2018, at The Church of Jesus Christ of Latter-day Saints, Tupelo, MS.

In lieu of flowers, the family requests that donations be made in honor of Dr. Thorderson to LDS Philanthropies, 1450 North University Avenue, Provo, UT 84604, or online at Idsphilanthropies.org.

Expressions of sympathy may be left at www.peguesfuneralhome.com

*****Graveside services were held, Friday, October 19, 2018 in Kaysville City Cemetery in Kaysville, UT.****

Now, it is with sorrow that I announce the death of a spouse of one of our classmates-----**Deanne Beth Jensen Carroll** (Spouse of Kerry "KB" Carroll)



Deanne Beth Jensen Carroll, age 76, died on September 4, 2018, in Woods Cross, UT. She was born on July 12, 1942, in Salt Lake City, UT to Eugene K. and Erma Jensen. She married Kerry Bently Carroll on October 16, 1959.

Deanne loved fishing, camping, traveling, reading, gardening, but most of all she loved her husband, children, grandchildren and family. She took pride in her beautiful yard, which won multiple awards. One of her true passions was

going on cruises with her husband and family.

She is survived by her husband, Kerry B. Carroll; son, Alan L. Carroll; daughters: Kristin Carroll, Karin Carroll; grandchildren: Joshua K. Jensen, Lana R. Jensen, Ree Lynn Riva, Kalye Schmoldt, Drew B. Carroll, and Denzel L. Carroll; brothers: Gordon Jensen, Byron Jensen; and sister, Laurel Rhine. Deanne is preceded in death by her son, Darin Lynn Carroll and parents, Eugene K. Jensen and Irma R. Jensen.

Funeral services were held on Saturday, September 8, 2018 at the Woods Cross 6th Ward, 790 West 1500 South, Woods Cross, UT. Internment at Memorial Lake View Cemetery.

K K V

KB really missed Deanne and wanted to be with her for their 60th Wedding Anniversary on October 16, 2018 - so - it is with sorrow that I have to announce the death of our beloved Classmate-----

Kerry Bently (KB) Carroll

Kerry Bently (KB) Carroll, age 81, died on October 14, 2018, in Woods Cross, UT. He was born on March 14, 1937, in Grandfield, OK to Lee Carroll and Opal Stiles. He married

Deanne Beth Jensen on October 16, 1959.

Dad loved traveling the world, flying his airplanes, puttering around in his shop, spending time with his children and grandchildren, and especially being with his wife and sweetheart Deanne. She was the light of his life. That light went out for him

one month ago when she passed away. His heart was irreparably broken and he couldn't wait to hold her in his arms again and be with her for their 60th Wedding Anniversary. They are together once again for eternity. He had a keen sense of humor and always had a naughty grin on his face. To know him was to love him.

(KB Carroll Continued On Page 5)

Colorado Ed's Desk dhsdart 1956@gmail.com

Larry Edwards 703-371-6938



This is what I woke up to on Halloween Day, October 31, 2018---a Winter Wonderland. The younger trick or treaters loved it in the morning, but were not too pleased later in the day when it was time to go trick or treating. It didn't stop them though, they are used to constantly changing weather in Colorado Springs. When people ask me if its going to snow today, I tell them to ask me tomorrow and I'll give them a more accurate forecast. November is now here and the

sun is shining brightly, melting all the snow. For November we end daylight savings time on November 4th, move clock back an hour. On November 12th we celebrate Veteran's Day, thanks to all of our Classmates that served in the Armed Forces. Then on November 22nd we sit down to Thanksgiving Dinner with our family, relatives and friends---yum, yum. I have been blessed with the honor of preparing our Thanksgiving Dinner for at least 55 years, everyone loves my original dressing. Have to purchase a large turkey and make extra of everything so everyone has some to take home with them. A couple of years I went out turkey hunting and brought home a big tom turkey for dinner---yum, yum, yum.

I want to express my special thanks to all of my dear old DHS Class of 1956 Classmates. The "Keeping The Flame Alive" award I received at our September luncheon reminds me everyday how wonderful you are. Thanks for sending me your articles and pictures for our Dart Newsletter---P.S. would love to receive more, don't be bashful, share with your Classmates all of those exciting things going on in you and your families lives. A special plea to all of our Classmates that didn't participate in our September 14, 2018 luncheon, please mark your calendar for Friday, September 13, 2019 and join us for a wonderful get to gather in Layton, Utah. Mark the date on your 2019 calendar now. 1938---Does that year sound familiar to you? Another important thing also happened that year, The Fair Labor Standards Act (FLSA) passed, setting a minimum wage for American workers (25 cents). FLSA also created new federal protections, including requirements for overtime pay and restrictions on child labor. Also birth year for Bugs Bunny. It was also interesting to see what happened in 1939, Congress enacted the Hatch Act of 1939 in an effort to eradicate corrupt political practices in national elections. The act limited contributions from individuals to political campaigns and restricted the campaigning activities of government employees. We have lived during some interesting times!!!

HELPING HANDS

Please notify us about a fellow alumni or family member who is seriously ill, in a hospital, or care facility. We need your help so we can extend our love for them. Notify Sylvia at Sylvia.jutila@gmail.com or Larry at dhsdart1956@gmail.com.

In **school** you're taught a lesson and then given a test, In **life** you're given a test that teaches you a lesson.

Sylvia's Report (Cont.)

(KB Carroll Continued From Page 3)

He had many long-time friends throughout his life and we would like to thank them for being there and all the love and support they showed him and us during the past few years when his body started failing him.

He is survived by son, Alan L. Carroll; daughters: Kristin Carroll, Karin Carroll; grandchildren: Joshua K. Jensen, Lana R. Jensen, Ree Lynn Riva, Kalye Schmoldt, Drew B. Carroll, and Denzel L. Carroll. He is preceded in death by his wife Deanne Carroll, son Darin Lynn Carroll: parents, Lee Carroll & Opal Carroll: and sister Joy Lee Carroll Weeks.

A Celebration of Life was held on Saturday, October 20, 2018 at Memorial Lake View Cemetery, Bountiful, UT. Interment at Memorial Lake View Cemetery.

Now, a more enjoyable subject----I would like to share some more photos from our September 14th Class Luncheon------



What Is Success

"Success is liking yourself, liking what you do, and liking how you do it"

---Maya Angelow

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Okay Classmates, it is time to mark your calendar for our next Class of 1956 Luncheon, Friday, September 13, 2019. Now put a reminder on your refrigerator door and start making arrangements for this wonderful outing with your wonderful Classmates. Don't forget to send me your articles and pictures about your BIG 80 birthday party/event and other exciting things taking place in your life.

Happy ThanksgivingTo All!

George and I are planning for next years luncheon already, it is part of our annual road trip vacation. This year we departed Fortuna, CA in early September and worked our way to Utah. Before it was all over, we put 5,300 miles on our car, visited people in 8 Western States, arriving home on October 2nd----had a wonderful, rewarding trip.

Thanksgiving Day

In the United States, the modern Thanksgiving holiday tradition is traced to a sparsely documented 1621 celebration at Plymouth in present-day Massachusetts, and also to a well recorded 1619 event in Virginia. The 1621 Plymouth feast and thanksgiving was prompted by a good harvest. Pilgrims and Puritans who began emigrating from England in the 1620s and 1630s carried the tradition of Days of Fasting and Days of Thanksgiving with them to New England. As President of the United States, George Washington proclaimed the first nationwide thanksgiving celebration in America marking November 26, 1789, "as a day of public thanksgiving and prayer, to be observed by acknowledging with grateful hearts the many and signal favours of Almighty God".

COPD

---When It's Hard To Breathe

When you first began feeling short of breath after climbing the stairs, you brushed it off as being out of shape. But when combined with that nagging cough, you felt downright limited. While shortness of breath is a warning sign of many different conditions, one of the more common is chronic obstructive pulmonary disease (COPD), a progressive lung disease most often caused by a history of tobacco use. COPD is one of the leading causes of death in the U.S.

When you inhale, air travels down your windpipe (trachea) into your lungs through two large tubes (bronchi). Once inside your lungs, these bronchi divide like the branches of a tree into smaller tubes (bronchioles) that end in clusters of tiny air sacs (alveoli). COPD encompasses two main lung diseases - chronic bronchitis and emphysema. Emphysema causes destruction of the fragile and elastic fibers of the alveoli. With chronic bronchitis, your bronchial tubes become inflamed and narrowed, and your lungs produce more mucus, leading to a chronic cough in an attempt to clear the airways. Most people with COPD have components of both.

The majority of people with COPD have a history of smoking, other irritants that can bring about the disease include air pollution and environmental exposure to dust, smoke or fumes. COPD also may occur in some people with a history of severe childhood asthma or respiratory illnesses. Genetics also plays a role. The first step in treating COPD is to restore comfortable breathing as much as possible. Generally, this involves inhaled medications including:

- * Bronchodilators---These are taken by inhaler or a fine mist (nebulizer) to relieve coughing and shortness of breath and make breathing easier.
- * Inhaled Corticosteriods---These reduce airway inflammation and mucus.
- * Combination Inhalers---Some inhalers include a combination of bronchodilators and inhaled corticosteroid medications.

While the symptoms of COPD tend to gradually progress over time, they can also worsen suddenly. These symptom flares are known as exacerbations. In addition to inhaled medications, there are drugs that may reduce the risk of exacerbations. As the disease progresses, there may not be adequate levels of oxygen in your blood. Long-term supplemental oxygen therapy may be recommended to improve your quality of life.

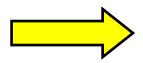
A common option in managing COPD is pulmonary rehabilitation. These programs combine education, fitness training, nutrition advice and counseling, and often include the added benefit of peer support. Pulmonary rehabilitation is designed to improve fitness, reduce the severity of symptoms and improve quality of life. Most pulmonary rehabilitation programs take place in an outpatient setting in a clinic or hospital.

The most important step you can take to manage COPD is to eliminate your exposure to smoke and other irritants.

Source: Mayo Clinic Health Letter

Alumni/Association Info





Annual Buffet Luncheon Layton, Utah September 13, 2019



Classmates, go to your 2019 calendar right now and mark this important date, now make a reminder and post it on your refrigerator door. Now start planning and preparing for this important function.

Have you joined the Alumni Association? See Membership

Registration Form below—fill it out and mail today*********

DAVIS HIGH ALUMNI ASSOCIATION MEMBERSHIP REGISTRATION

Name	
Graduating Class	(Women, please include maiden name)
Spouse's name	
Address:	
Phone#:	E-Mail Address
Interests/Talents	
I am willing to participate or	a committee: Yes No

To register, complete this form and mail to:

"Home of the Darts"

Davis High Alumni Association

325 South Main

Kaysville, UT 84037



"It's the little things in life that bother us. You can sit on a mountain but not a tack"

"Class Tidbits"

**********IMPORTANT NOTICE/INFORMATION*********

On the home page, click on "Organizations"---then click on "Alumni Davis High"---scroll down this page until you see Class of 1956---click on "Class of 1956"---then click on the monthly newsletter you want to see/read. Please help us get this information out.

"You don't stop laughing because you age. You age because you stop laughing"



TAPS MEMORIAM

DHS 1956 Alumni Died

 Dick Thorderson
 10/02/2018

 KB Carroll
 10/14/2018

Alumni Family Members Died

Deanne Carroll 09/04/2018

Our heartfelt sympathy to the family of those who have passed to their eternal rest. May all those who grieve be comforted. **Note:** As of October 31, 2018 our unofficial departed Dart count is 196.

We miss them all.

Fellow Alumni---

It is an honor and privilege to put together this Class of 1956 "Davis Dart" newsletter. It is your newsletter, please provide me feedback and most important provide me alumni news, articles, photos, etc. Update all of your classmates on your life after Dear Old Davis High School. Don't be bashful, be proud of what you have accomplished and share all these wonderful moments with your classmates.

Please send your text input to both Sylvia and Larry.

Send your photos and art work directly to Larry.

Sylvia - sylvia.jutila@gmail.com Larry - dhsdart1956@gmail.com

Thanks, Larry Edwards

