

Monday
Tuesday
Wednesday
Thursday
Friday

1
Pulled Pork
On WW Bun
Sweet Potato Fries
Baked Beans
Bananas

2
Homemade Cheese,
Meat, or Veggie Pizza
Crisp Romaine Salad
Grape Tomatoes
Red & Green Grapes

5
Regular or Spicy
Chicken Patty
On WW Bun
Roasted Ranch
Potato Wedges
Pears

6
Early Release
No Lunch Served

7
WG Penne Pasta
Meatballs
Marinara Sauce
Garlic & Herb Breadstick
Green Beans
Apples

8
Brunch for Lunch
French Toast Sticks
Hash Brown
Chicken Sausage or
Chicken Bacon
Egg Patty
Bananas & 100% Juice

9
Homemade Cheese,
Meat, or Veggie Pizza
Or Calzone
Crisp Romaine Salad
Grape Tomatoes
Red & Green Grapes

12
No School
Veteran's Day
Observance

13
Taco Tuesday
WG Tortilla
Seasoned Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Orange Slices

14
WG Rotini Pasta
Meatballs
Marinara or Alfredo Sauce
Garlic & Herb Breadstick
Broccoli
Apples

15
Thanksgiving Meal
Turkey Roast
Mashed Potatoes & Gravy
Roasted Butternut Squash
Cranberry Sauce
Dinner Roll
100% Juice

16
Homemade Cheese,
Meat, or Veggie Pizza
Crisp Romaine Salad
Cucumber Dippers
Red & Green Grapes

19
Popcorn Chicken
Mashed Potatoes
Seasoned Broccoli
WG Honey Wheat Biscuit
Fruit Cocktail

20
Taco Tuesday
Chicken or Cheese Quesadilla
Veggie Tortilla Soup
Cheddar Cheese
Brown Rice
Refried Beans
Oranges

21
Early Release
No Lunch Served

22
No School
Thanksgiving Recess

23
No School
Thanksgiving Recess

26
Toasted Cheese Sandwich
On WW Bread
Creamy Tomato Soup
Steamed Broccoli
Pears & 100% Juice

27
Taco Tuesday
WG Nacho Chips
Seasoned Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Orange Slices

28
WG Penne Pasta
Meatballs
Marinara Sauce
Garlic & Herb Breadstick
Green Beans
Apples

29
Brunch for Lunch
Pancakes
Hash Brown
Chicken Sausage or
Chicken Bacon
Egg Patty
Bananas & 100% Juice

30
Homemade Cheese,
Meat, or Veggie Pizza
Or Calzone
Crisp Romaine Salad
Grape Tomatoes
Red & Green Grapes

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Alternate hot meal schedule: (M) hotdogs, (T) toasted cheese sandwich, (W) burgers, (Th) chicken tenders, and (F) chicken patty.
- Available daily: Chef Salad, Deli Sandwich, Pizza, Yogurt Plate.
- WG=Whole Grain, WW=Whole Wheat
- Menu subject to change as needed
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or concerns

