

Monday
Tuesday
Wednesday
Thursday
Friday


5
 Chicken Tenders
 Mashed Potatoes
 Dinner Roll
 Green Beans
 Pears
 100% Juice

6
Early Release
No Lunch Served

7
 French Toast Sticks
 Hash Brown
 Cinnamon Carrots
 Chicken Sausage or Bacon
 Egg Patty
 Sliced Melon
 100% Juice

1
 Pulled Pork
 On WW Bun
 Tater Tots
 Baked Beans
 Watermelon
 100% Juice

2
 Pepperoni or Cheese
 Calzone
 Sweet Potato Fries
 Cucumber Dippers
 Kiwi
 100% Juice

12
No School
Veteran's Day
Observance

13
 WW Tortilla
 Seasoned Beef or Fajita Chicken
 Cheddar Cheese
 Brown Rice
 Refried Beans
 Salsa
 Strawberries

14
 Steak & Cheese or
 Meatball Grinders
 Ranch Potato Wedges
 Seasoned Broccoli
 Orange Slices
 100% Juice

8
 Mac & Cheese
 California Blend Vegetables
 Crisp Romaine Salad
 Garlic & Herb Breadstick
 Apple Grin Slices
 100% Juice

9
 Homemade Meat or Veggie Pizza
 Sweet Potato Fries
 3-Bean Salad
 Pineapple
 100% Juice

15
Thanksgiving Meal
 Turkey Roast
 Mashed Potatoes & Gravy
 Roasted Butternut Squash
 Cranberry Sauce
 Dinner Roll
 100% Juice

16
 Pepperoni or Cheese
 Calzone
 Sweet Potato Fries
 Cucumber Dippers
 Kiwi
 100% Juice

19
 Cherry Blossom or
 Firecracker Chicken
 Brown Rice
 Oriental Blend Vegetables
 Applesauce
 100% Juice

20
 WG Nacho Chips
 Seasoned Beef or Fajita Chicken
 Cheddar Cheese
 Brown Rice
 Refried Beans
 Salsa
 Strawberries

21
Early Release
No Lunch Served

22
No School
Thanksgiving Recess

23
No School
Thanksgiving Recess

26
 Regular or Spicy
 Chicken Patty
 On WW Bun
 Oven Roasted Potato Wedges
 Steamed Carrots
 Diced Pears
 100% Juice

27
 WW Tortilla
 Seasoned Beef or Fajita Chicken
 Cheddar Cheese
 Brown Rice
 Refried Beans
 Salsa
 Strawberries

28
 Mozzarella Sticks
 Marinara Sauce
 Garlic & Herb WG Breadstick
 Seasoned Broccoli
 Fruit Cocktail
 100% Juice

29
 Loaded Waffle Fries
 Waffle Cut Fries
 3-Bean Chili & Cheese
 Steamed Broccoli
 Dinner Roll
 Applesauce
 100% Juice

30
 Homemade Meat or Veggie Pizza
 Sweet Potato Fries
 Cucumber Dippers
 Pineapple
 100% Juice

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: Chef Salad, Made-to-Order Deli Sandwiches & Wraps, Pizza, Pasta
- Menu subject to change as needed.
- WG=Whole Grain and WW=Whole Wheat
- *Rodeo burger is a cheeseburger that has an onion ring and BBQ sauce on it.
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or concerns