BE AWARE OF THE FLU FACTS.
The most common symptoms include:
- Fever
- Aches
- Chills
- Tiredness
- Sudden onset

CALL YOUR DOCTOR RIGHT AWAY IF YOU START FEELING THESE SYMPTOMS

IF YOU GET THE FLU
- Take your medication as prescribed by your doctor
- Ask your doctor about prescription flu medicine for your family

FLU FACTS. Visit flufacts.com to learn more
THE FLU IS A CONTAGIOUS DISEASE THAT CAN BE SERIOUS.

- Millions of Americans get the flu each year
- People with the flu sometimes need to be hospitalized and may die of flu complications

"TAKE 3" TO HELP PROTECT YOURSELF AND OTHERS AGAINST THE FLU

#1: Take time to get a flu shot
- Vaccination is the best way to help prevent getting the flu
- People 6 months of age and older should get vaccinated every year; ask your doctor where to get the flu shot

#2: Take preventive actions to stop the spread of germs
- Cover your mouth and nose when you cough or sneeze
- Frequently wash your hands with soap and water
- If you are sick, stay at home for at least 24 hours after fever is gone

#3: Take flu medications if your doctor prescribes them
- Prescription flu medications can help stop the virus from spreading and shorten the time you are sick

FLU FACTS
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