

DPS 2018-19
Dalton High School

International

Southern Chow

Hot & Spicy

Grill

Nov. 1 - 2

Thursday

Spaghetti Bake
Roll
Corn
Leafy Green Salad
Fresh Fruit

Thursday

Country Fried Steak
w/ Gravy
Biscuits
Mashed Potato
Leafy Green Salad
Fresh Fruit

Thursday

Steak Nachos
Sautéed Peppers & Onions
Corn
Leafy Green Salad
Fresh Fruit

Thursday

Pizza
Marinara Sauce
Steamed Corn
Leafy Green Salad
Fresh Fruit
Boxed Sandwich

Friday

Chicken Tender
Garlic Toast
Steamed Broccoli
Carrot Raisin Salad
Salad / Fresh Fruit

Friday

Chicken Tender
Garlic Toast
Steamed Broccoli
Cucumber Salad
Salad / Fresh Fruit

Friday

Beef Nachos
Fresh Pico
Shredded Lettuce/Cheese
Pinto Beans
Fresh Fruit

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip
Fresh Fruit
Yogurt Box

Nov. 5 - 9

DHS

Monday

Quesadilla
Spanish Rice
Pico De Gallo
Steamed Corn
Fresh Fruit

Monday

BBQ Plate w/ Roll
Potato Fries
Baked Beans
Leafy Green Salad
Fresh Fruit

Monday

Quesadilla
Spanish Rice
Pico De Gallo
Steamed Corn
Fresh Fruit

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Fresh Fruit
Yogurt Box Choice

Tuesday

Walking Tacos
Refried Beans
Pico de Gallo
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Tuesday

Chicken Casserole
Roll
Glazed Carrots
Steamed Broccoli
Fresh Fruit

Tuesday

Cheese Nachos
Pinto Beans
Pico de Gallo, Sour Cream
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Tuesday

Pizza
Marinara Sauce
Broccoli Salad
Leafy Green Salad
Fresh Fruit
Boxed Sandwich

Wednesday

Corndog
Potato Fries
Green Beans
Fresh Fruit

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Green Beans

Wednesday

Chicken Fajita Nachos
Rice, Jalapeno Peppers
Sautéed Peppers/Onions
Salsa

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Veggie Fries

Leafy Green Salad

Fresh Fruit
Leafy Green Salad

Fresh Fruit
Leafy Green Salad

Fresh Fruit
Yogurt Box Choice

Thursday

Cheeseburger
Lettuce, Tomato, Onion
Pickle
Sweet Potato Fries
Leafy Green Salad
Fresh Fruit

Thursday

Hot Dog
Baked Beans
Slaw
Sweet Potato Fries
Apple Crisp
Fresh Fruit

Thursday

BBQ Nachos
Pico de Gallo
Slaw
Corn
Fresh Fruit

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Rosted Garbanzo Beans
Fresh Fruit
Boxed Sandwich

Friday

Chicken Tenders
Roll
Pinto Beans
Roasted Squash
Fresh Fruit
Leafy Green Salad

Friday

Chicken Tenders
Roll
Pinto Beans
Corn
Fresh Fruit
Leafy Green Salad

Friday

Beef Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans
Fresh Fruit
Leafy Green Salad

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit
Yogurt Box Choice

Nov 12 - 16

DHS

Monday

Spaghetti
Garlic Toast
Corn
Leafy Green Salad
Fresh Fruit

Monday

Chicken Patty w/Gravy
Garlic Toast
Corn/Mashed Potatoes
Leafy Green Salad
Fresh Fruit

Monday

Cheese Nachos
Corn
Pico De Gallo
Shredded Lettuce
Fresh Fruit

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit
Yogurt Box Choice

Tuesday

Asian Chicken
Rice
Egg Roll
Orientle Veggies
Fresh Fruit
Leafy Green Salad

Tuesday

Asian Chicken
Rice
Egg Roll
Orientle Veggies
Fresh Fruit
Leafy Green Salad

Tuesday

Walking Tacos
Black Beans
Pico de Gallo
Shredded Lettuce/cheese
Fresh Fruit

Tuesday

Pizza
Marinara Sauce
Celery Stick w/ Ranch
Leafy Green Salad
Fresh Fruit
Boxed Sandwich

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Glazed Carrots
Fresh Fruit
Leafy Green Salad

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Glazed Carrots
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Fajita Nachos
Rice, Salsa
Sauteed Peppers/Onion
Fresh Broccoli
Fresh Fruit

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Yogurt Box

Thursday
Lasagna
Garlic Toast
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Thursday
Lasagna
Garlic Toast
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Thursday
Pork Carnita Nachos
Cilantro,Lime,Onion
Fresh Pico
Shredded Lettuce
Fresh Fruit

Thursday
Pizza
Marinara Sauce
Leafy Green Salad
Steamed Broccoli
Fresh Fruit
Boxed Sandwich

Friday
Chicken Tenders
Pinto Beans
Roasted Squash
Garlic Toast
Fresh Fruit
Leafy Green Salad

Friday
Chicken Tenders
Pinto Beans
Roasted Squash
Garlic Toast
Fresh Fruit
Leafy Green Salad

Friday
Beef and Cheese Nachos
Salsa
Refried Beans
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Friday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Black Bean Salad
Fresh Fruit
Yogurt Box Choice

Nov 26-30

DHS

Monday
Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Fresh Fruit
Leafy Green Salad

Monday
Loaded Taco Potato
Fresh Pico
Jalapeno Pepper
Pinto Beans
Fresh Fruit
Leafy Green Salad

Monday
Quesadilla
Spanish Rice
Pinto Beans
Pico de Gallo
Fresh Fruit
Leafy Green Salad

Monday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Baked Beans
Slaw
Fresh Fruit
Yogurt Box Choice

Tuesday
Walking Tacos
Corn
Pico de Gallo
Shredded Lettuce
Sour Cream
Fresh Fruit

Tuesday
Roasted Chicken
Garlic Toast
Mashed Potatoes
Steamed Broccoli
Fresh Fruit

Tuesday
Cheese Nachos
Corn
Pico de Gallo
Shredded Lettuce
Refried Beans
Fresh Fruit

Tuesday
Pizza
Marinara Sauce
Corn
Boxed Sandwich Choice
Fresh Fruit

Wednesday
Cheese Sticks
Marinara Sauce
Corn
Cucumber Salad
Fresh Fruit
Leafy Green Salad

Wednesday
Cheese Sticks
Marinara Sauce
Corn
Cucumber Salad
Fresh Fruit
Leafy Green Salad

Wednesday
Chicken Fajita Nachos
Rice, Salsa
Sauteed Peppers/Onion:
jalapeno Peppers. Lettuce
Fresh Fruit
Leafy Green Salad

Wednesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Cucumber Marinated Salad
Fresh Fruit
Leafy Green Salad

Thursday

Chili Fries
Garlic Toast
Pico de Gallo
Broccoli
Shredded Cheese
Fresh Fruit
Leafy Green Salad

Thursday

Hot Dogs
Baked Beans
Slaw
Pickle Relish
Oven Baked Fries
Fresh Fruit
Leafy Green Salad

Thursday

Pork BBQ Nachos
Corn
Pico de Gallo
Broccoli
Shredded Lettuce
Fresh Fruit

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Steamed Broccoli
Fresh Fruit
Boxed Sandwich

Friday

Chicken Tenders
Roll
Pinto Beans
Sweet Potato Fries
Fresh Fruit

Friday

Chicken Tenders
Roll
Pinto Beans
Fresh Sweet Potatoes
Fresh Fruit

Friday

Beef Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans
Fresh Fruit

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Sticks
Fresh Fruit
Yogurt Box Choice